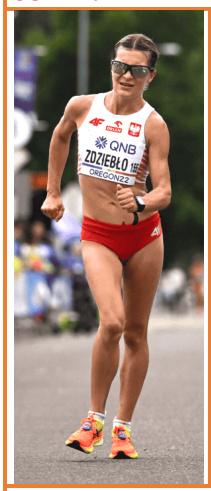
ZDZIEBŁO KATARZYNA

22 - 11 - 1996

Personal Best

5.000 mt.	*(indoor)*	**21:50.47**	Rzeszów (Pol)	01.02.2025
5.000 mt.	*(track)*	**21:13.69**	Wloclawek (Pol)	29.08.2020
5 km.	*(road)*	**23:03**	Gdansk (Pol)	30.08.2014
10.000	*(track)*	**44:08.43**	Warszawa (Pol)	27.03.2024
10 km.	*(road)*	**46:04**	Zaniemsyl (Pol)	18.04.2015
20 km.	*(road)*	**1:27:31**	Eugene (Usa)	15.07.2022
35 km.	*(road)*	**2:40:03**	Eugene (Usa)	22.07.2022



Ranking 20 km. (average = 1:29:53)

01	***1:27:31***	Eugene	15.07.2022	06	***1:30:11***	Sulejówek	23.04.2022
02	***1:29:19***	Poděbrady	18.05.2025	07	***1:30:31***	Poděbrady	06.04.2024
03	***1:29:20***	München	20.08.2022	08	***1:30:33***	Warszawa	04.05.2025
04	***1:29:31***	Tokyo	20.09.2025	09	***1:30:35***	Békéscsaba	18.04.2021
05	***1:29:57***	Poděbrady	16.05.2021	10	***1:31:18***	Warszawa	05.05.2025

Ranking 35 km. (average = 2:47:21)

01	***2:40:03***	Eugene	22.07.2022	05	***2:48:53***	Dudince	25.03.2023
02	***2:44:37***	Tokyo	13.09.2025	06	***2:49:37***	Opole	14.05.2022
03	***2:45:55***	Zittau	26.10.2024	07	***2:50:54***	Ivano-Frankivsk	24.10.2021
04	***2:46:59***	Dudince	22.03.2025	08	***2:51:48***	Muscat	05.03.2022

Career Highlights

20 km.

Olympic Games	World Championships	World Cup	European Championships	European Cup
2021 = 10° 2024 = 30°	2019 = 20° 2022 = 2° 2023 = Dq. 2025 = 14°	2016 = 48° 2018 = 40°	2018 = 20° 2022 = 2° 2024 = Dq.	2019 = 14° 2021 = 9° 2023 = 14° 2025 = 5°

20 km.	*35 km.*		*Marathon Mixed Relay*
University Games	**World Championships**	**World Cup**	**World Cup**
2019 = 11°	2022 = 2° 2023 = Dq. 2025 = 5°	2022 = 3°	2024 = 23°

10.000 mt.		*10 km.*	*5.000 mt.*
World U20 Championships	**European U20 Championships**	**World U20 Cup**	**World U18 Championships**
2014 = 11°	2015 = 10°	2015 = 5°	2013 = 8°