TYSSE -PLÄTZER KJERSTI

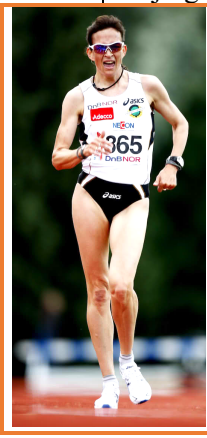
18 - 01 - 1972

Personal Best

5.000 mt.	*(track)*	**20:37.83**	Førde (Nor)	07.07.2001
5 km.	*(road)*	**19:46**	Hildesheim (Ger)	27.08.2006
10.000 mt.	*(track)*	**43:21.10**	Kristiansand (Nor)	18.08.2000
10 km.	*(road)*	**41:16**	Os (Nor)	11.05.2002
20 km.	*(road)*	**1:27:07**	Beijing (Chn)	21.08.2008

Ranking 10 km. (average = 42:52)

01	***41:16***	Os	11.05.2002
02	***41:41***	Krakow	30.05.2009
03	***42:48***	Krakow	17.09.2006
04	***42:51***	Søfteland	25.03.2007
05	***42:51***	Saransk	19.09.2009
06	***42:52***	Piacenza	26.09.2004
07	*(t)* ***43:21***	Kristiansand	18.08.2000
08	***43:21***	Santa Eulària	28.03.2009
09	***43:49***	Budapest	20.08.1998
10	***43:57***	Krakow	12.06.2004



Ranking 20 km. (average = 1:28:22)

01	***1:27:07***	Beijing	21.08.2008
02	***1:27:41***	Sesto S. G.	01.05.2007
03	***1:27:53***	Eisenhüttenst.	17.06.2000
04	***1:28:23***	København	07.10.2006
05	***1:28:35***	Os	25.09.1999
06	***1:28:44***	Naumburg	06.06.1999
07	***1:28:45***	Göteborg	09.08.2006
08	***1:28:49***	La Coruña	07.06.2003
09	***1:28:50***	Sesto S.G.	01.05.2009
10	***1:28:54***	Rio Maior	14.04.2007

Career Highlights

20 km.

Olympic Games	World Championships	World Cup	European Championships	European Cup
2000 = 2°	1999 = 9°	1999 = 16°	2002 = Dq.	2000 = 3°
2004 = 12°	2001 = Dq.	2002 = 5°	2006 = 4°	2001 = Dnf.
2008 = 2°	2003 = Dq.			2003 = 6°
	2007 = 4°			
	2009 = Dq.			

10 km.

World Championships	World Cup	European Championships	European Cup
1993 = 39°	1987 = 17°	1986 = 11°	1996 = 17°
1995 = 39°	1993 = 59°	1994 = 16°	1998 = 15°
		1998 = 9°	

5.000 mt.

World U20 Championships	European U20 Championships
1986 = 5°	1985 = 10°
	1987 = Dq.