TSYBULSKAYA VALENTINA

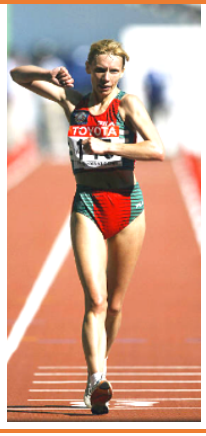
17 - 03 - 1968

Personal Best

5.000 mt.	*(track)*	**21:11.04**	Minsk (Blr)	26.02.1999
5 km.	*(road)*	**20:29**	Hildesheim (Ger)	13.09.2003
10.000 mt.	*(track)*	**43:49**	Athens (Gre)	07.08.1997
10 km.	*(road)*	**42:06**	Eisenhüttenstadt (Ger)	08.05.1999
20 km.	*(road)*	**1:28:10**	Paris (Fra)	24.08.2003
20.000 mt.	*(track)*	**1:33:25**	Brisbane (Aus)	06.09.2001

Ranking 10 km. (average = 43:00)

01	***42:06***	Eisenhütten.	08.05.1999
02	***42:21***	Eisenhütten.	10.05.1997
03	***42:35***	Brest	25.02.1995
04	***42:54***	Poděbrady	19.04.1997
05	***43:05***	Eisenhütten.	11.05.1996
06	***43:16***	Novopolotsk	21.05.1994
07	***43:21***	La Coruña	20.04.1996
08	***43:21***	Atlanta	29.07.1996
09	***43:27***	Hildesheim	24.08.2002
10	***43:34***	Göteborg	07.08.1995



Ranking 20 km. (average = 1:30:21)

01	***1:28:10***	Paris	24.08.2003
02	***1:28:49***	Edmonton	09.08.2001
03	***1:29:20***	Brest	05.06.1999
04	***1:30:19***	Eisenhütten.	17.06.2000
05	***1:30:37***	Dudince	19.05.2001
06	***1:30:37***	Torino	12.10.2002
07	***1:30:44***	La Coruña	05.06.2004
08	***1:31:06***	Sesto S. G.	01.05.2003
09	***1:31:49***	Athens	23.08.2004
10	***1:32:03***	La Coruña	07.06.2003

Career Highlights

10 km.

Olympic Games	World Champion.	World Cup	European Champ.	European Cup
1996 = 7°	1995 = 11°	1993 = 35°	1994 = 12°	1996 = 6°
	1997 = 3°	1995 = 14°	1998 = 15°	1998 = 17°
		1997 = 11°		

20 km.

Olympic Games	World Championships	World Cup	European Cup
2000 = 28°	2001 = 2°	1999 = 25°	2000 = 8°
2004 = 15°	2003 = 3°	2002 = 7°	2001 = 8°
		2004 = 37°	2005 = 22°