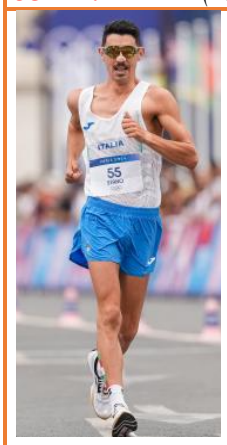
STANO MASSIMO

27 - 02 - 1992

Personal Best

5.000 mt.	*(indoor)*	**19:22.62**	Padova (Ita)	21.02.2015
5.000 mt.	*(track)*	**19:15.57**	Foligno (Ita)	14.05.2025
10 km.	*(road)*	**39:06**	Madrid (Esp)	30.04.2023
10.000 mt.	*(track)*	**37:33.03**	Prato (Ita)	13.04.2024
20 km.	*(road)*	**1:17:26**	Taicang (Chn)	03.03.2024
35 km.	*(road)*	**2:20:43**	Poděbrady (Cze)	18.05.2025



Ranking 20 km. (average = 1:19:29)

01	***1:17:26***	Taicang	03.03.2024	06	***1:20:07***	Poděbrady	21.05.2023
02	***1:17:45***	La Coruña	08.06.2019	07	***1:20:30***	Poděbrady	16.05.2021
03	***1:18:25***	La Coruña	07.06.2025	08	***1:21:05***	Sapporo	05.08.2021
04	***1:18:28***	Taicang	01.03.2025	09	***1:20:51***	Berlin	11.08.2018
05	***1:19:12***	Paris	01.08.2024	10	***1:21:02***	Rome	04.03.2018

Ranking 35 km. (average = 2:26:25)

01	***2:20:43***	Poděbrady	18.05.2025	04	***2:25:59***	Budapest	19.08.2023
02	***2:23:14***	Eugene	24.07.2022	05	***2:29:09***	Dudince	23.04.2022
03	***2:24:19***	Dublino	15.12.2024	06	***2:35:06***	Gioiosa M.	27:01.2019

Career Highlights

20 km.

Olympic Games	World Championships	World Cup	European Championships	European Cup
2021 = 1°	2015 = 19°	2014 = 45°	2014 = 24°	2019 = 7°
2024 = 4°	2019 = 14°	2018 = 3°	2018 = 4°	2021 = 8°
	2023 = Dnf.		2022 = 8°	2023 = 3°

20 km. | *35 km. + Marathon Walk*

European U23 Championships		World Championships	European Cup	World Cup
2013 = 2°		2022 = 1°	2025 = 1°	2026 = 5°
		2023 = 7°		

Marathon Mixed Relay

Olympic Games	World Cup
2024 = 6°	2024 = Dnf.

10.000 mt. | *10 km.*

World U20 Championships	European U20 Championships	World U18 Championships	World U20 Cup	European U20 Cup
2010 = 13°	2011 = 5°	2009 = 14°	2010 = 11°	2011 = 14°