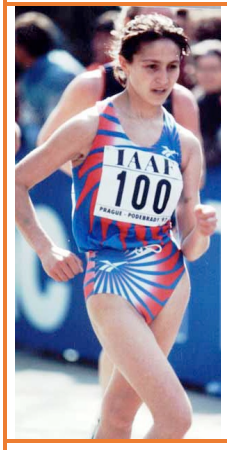
STANKINA IRINA

25 - 03 - 1977



Personal Best

5.000 mt.	*(indoor)*	**21:28.00**	Saransk (Rus)	30.12.2002
5.000 mt.	*(track)*	**20:31:40**	Adler (Rus)	10.02.1996
10.000 mt.	*(track)*	**44:32.17**	Athens (Gre)	04.08.1997
10 km.	*(road)*	**41:17**	Adler (Rus)	09.02.1997
20 km.	*(road)*	**1:25:29**	Moskva (Rus)	19.05.2000

Ranking 20 km. (average = 1:29:50)

01	***1:25:29***	Moskva	19.05.2000	06	***1:29:56***	Cheboksary	17.06.2007
02	***1:27:56***	Adler	12.03.2005	07	***1:31:57***	Saransk	08.06.2008
03	***1:28:08***	Adler	20.02.2000	08	***1:32:08***	Mézidon	02.05.1999
04	***1:28:34***	Cheboksary	12.06.2004	09	***1:32:08***	Adler	17.02.2002
05	***1:29:00***	Saransk	12.06.1999	10	***1:33:07***	Adler	17.03.2007

Career Highlights

10 km.

Olympic Games	World Championships	World Cup	*10.000 mt.* World Championships
1996 = Dq.	1995 = 1° 1997 = Dq.	1995 = Dq. 1997 = 1°	1997 = Dq.

20 km.

Olympic Games	World Championships
2000 = Dnf.	1999 = 17°

5.000 mt.

World U20 Championships	European U20 Championships
1994 = 1° 1996 = 1°	1993 = 3°