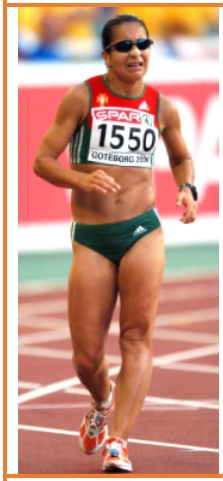
SANTOS VERA

03 - 12 - 1981

Personal Best



5.000 mt.	*(track)*	**21:01.43**	Abrantes (Por)	12.06.2010
5 km.	*(road)*	**21:42**	Ferreira do Zêzere (Por)	18.05.2008
10.000 mt.	*(track)*	**43:52.73**	Leira (Por)	17.07.2010
10 km.	*(road)*	**44:07**	Krakow (Pol)	30.05.2009
20.000 mt	*(track)*	**1:34:46.60**	Lisboa (Por)	13.07.2002
20 km.	*(road)*	**1:28:07**	Taicang (Chn)	03.05.2014

Ranking 20 km. (average = 1:29:07)

01	***1:28:07***	Taicang	03.05.2014	06	***1:29:16***	Rio Maior	10.04.2010
02	***1:28:14***	Beijing	21.08.2008	07	***1:29:27***	Sesto S. G.	01.05.2009
03	***1:28:17***	Cheboksary	11.05.2008	08	***1:29:55***	Rio Maior	09.04.2011
04	***1:28:29***	Sesto S. G.	01.05.2010	09	***1:30:09***	Olhaõ	21.02.2010
05	***1:28:56***	La Coruña	19.06.2010	10	***1:30:23***	Lugano	15.03.2015

Career Highlights

20 km.

Olympic Games	World Championships	World Cup	European Championships	European Cup
2008 = 9°	2003 = 15°	2002 = 36°	2002 = 17°	2003 = 19°
2012 = 46°	2005 = 15°	2004 = 36°	2006 = 8°	2005 = 7°
	2007 = 11°	2006 = 27°	2010 = 5°	2007 = 18°
	2009 = 4°	2008 = 3°		2009 = Dq.
	2013 = 16°	2010 = 2°		2011 = Dnf.
	2015 = 21°	2012 = 14°		2013 = 9°
		2014 = 11°		2015 = 13°
		2016 = 71°		

20 km.		*10 km.*	*5.000 mt.*
University Games	**European U23 Championships**	**European U20 Cup**	**Word U20 Championships**
2005 = 2°	2003 = 1°	2000 = 8°	1998 = 29°
			2000 = 5°