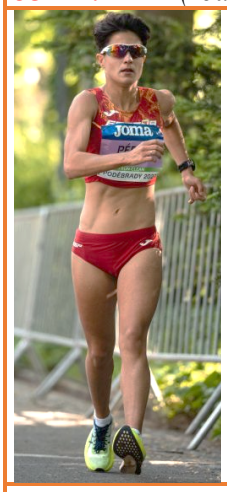
PÉREZ MARIA

29 - 04 - 1996

Personal Best

5.000 Mt.	*(track)*	**20:28.17**	Andújar (Esp)	14.07.2018
5 km.	*(road)*	**21:38**	Guadix (ESP)	08.12.2018
10.000 Mt.	*(track)*	**42:24.68**	Terragona (Esp)	26.06.2021
10 km.	*(road)*	**43:36**	Antequera (Esp)	31.01.2021
20 km.	*(road)*	**1:25:30**	Cordoba (Esp)	26.03.2023
35 km.	*(road)*	**2:37:15**	Poděbrady (Cze)	21.05.2023



Ranking 20 km. (average = 1:27:03)

01	***1:25:30***	Cordoba	26.03.2023	06	***1:27:19***	La Coruña	03.06.2023
02	***1:25.54***	Tokyo	20.09.2025	07	***1:27:22***	La Coruña	07.06.2025
03	***1:26:19***	Paris	01.08.2024	08	***1:27:40***	Pamplona	13.02.2022
04	***1:26:36***	Berlin	11:08:2018	09	***1:27:43***	La Coruña	18.05.2024
05	***1:26:51***	Budapest	20.08.2023	10	***1:28:03***	Poděbrady	16.05.2021

Ranking 35 km. (average = 2:39:52)

01	***2:37:15***	Poděbrady	21.05.2023	05	***2:39:16***	Lepe	30.01.2022
02	***2:38:40***	Budapest	24.08.2023	06	***2:41:38***	Cleza	26.02.2023
03	***2:38:59***	Poděbrady	18.05.2025	07	***2:44:17***	Sevilla	14.02.2021
04	***2:39:01***	Tokyo	13.09.2025				

Career Highlights

20 km.

Olympic Games	World Championships	World Cup	European Championships	European Cup	European U23
2021 = 4° 2024 = 2°	2017 = 10° 2019 = 8° 2022 = Dq. 2023 = 1° 2025 = 1°	2018 = 7°	2018 = 1° 2022 = Dq.	2017 = 6° 2019 = 11° 2021 = 2°	2017 = 2°

35 km.

World Championships	European Cup
2023 = 1° 2025 = 1°	2023 = 1° 2025 = 1°

Marathon Mixed Relay

Olympic Games	World Cup
2024 = 1°	2024 = 10°

10 km.

World Under 20 Championships	World Under 20 Cup
2014 = 5°	2012 = 29° 2014 = 9°

10.000 mt.

European Under 20 Championships
2015 = 4°

5.000 mt.

World Under 18 Championships
2013 = 6°