PAMICH ABDON

03 - 10 - 1933

Personal Best

10.000 mt.	*(track)*	**43:36**	Genova (Ita)	09.06.1962
20 km.	*(road)*	**1:28:06**	Carate Brianza (Ita)	05.07.1964
20.000 mt.	*(track)*	**1:30:57**	Roma (Ita)	12.11.1967
50 km.	*(road)*	**4:06:40**	Pescara (Ita)	10.10.1965
50.000 mt.	*(track)*	**4:14:02**	Roma (Ita)	16.11.1961

Ranking 20 km. (average = 1:29:19)

01	***1:28:06***	Carate B.	05.07.1964
02	***1:28:14***	==	1959
03	***1:28:25***	Milano	12.05.1963
04	***1:28:47***	Rho	25.04:1964
05	***1:29:08***	Viareggio	19.08.1967
06	***1:29:21***	Reggio C.	21.04.1968
07	***1:29:31***	Recco	23.06.1963
08	***1:30:29***	Barcellona	16.05.1971
09	***1:30:37***	Mosca	01.07.1962
10	***1:30:37***	Verona	16.08.1969



Ranking 50 km. (average = 4:12:01)

01	***4:06:40***	Pescara	10.10.1965
02	***4:08:30***	Caloziocorte	14.06.1964
03	***4:10:07***	Podêbrady	13.08.1961
04	***4:11:12***	Tokyo	18.10.1964
05	***4:12:23***	Luino	14.09.1975
06	***4:12:54***	Podêbrady	26.08.1956
07	*(t)* ***4:14:02***	Roma	16.11.1961
08	***4:14:36***	Helsinki	14.08.1971
09	***4:14:50***	Podêbrady	02.08.1964
10	***4:15:04***	Asiago	02.06.1968

* 4:03:02 - Ponte San Pietro - 16.10.1960 * questonable distance

Career Highlights

50 km.

Olympic Games	World Cup	European Championships
1956 = 4°	1961 = 1°	1954 = 7°
1960 = 3°	1965 = 3°	1958 = 2°
1964 = 1°		1962 = 1°
1968 = Dnf.		1966 = 1°
1972 = Dsq.		1969 = Dnf.
		1971 = 8°

20 km.

Olympic Games	World Cup	European Championships
1956 = 11°	1973 = 13°	1969 = 6°