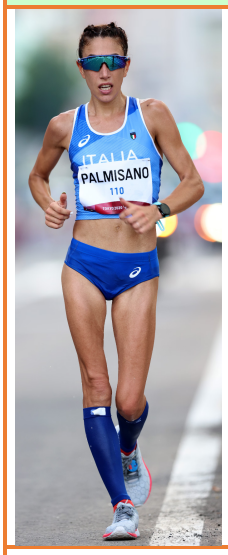
PALMISANO ANTONELLA

06 - 8 - 1991



Personal Best

5.000 mt.	*(track)*	**21:00.00**	Tivoli (Ita)	03.10.2020
5 km.	*(road)*	**22:56**	Locorotondo (Ita)	17.02.2010
10.000 mt.	*(track)*	**41:57.29**	Orvieto (Ita)	23.04.2017
10 km.	*(road)*	**41:28**	Modena (Ita)	18.10.2020
20 km.	*(road)*	**1:26:36**	London (Gbr)	13.08.2017
35 km.	*(road)*	**2:39:35**	Poděbrady (Cze)	18.05.2025

Ranking 20 km. (average = 1:27:42)

01	***1:26:36***	London	13.08.2017	06	***1:27:51***	Taicang	03.05.2014
02	***1:27:26***	Budapest	20.08.2023	07	***1:27:57***	Poděbrady	21.05.2017
03	***1:27:27***	Podêbrady	06.04.2024	08	***1:28:08***	Rome	07.06.2024
04	***1:27:30***	Berlin	11.08.2018	09	***1:28:40***	Dudince	21.03.2015
05	***1:27:42***	Poděbrady	16.05.2021	10	***1:28:40***	Poděbrady	10.10.2020

Career Highlights

20 km.

Olympic Games	World Championships	World Cup	European Championships	European Cup
2016 = 4°	2013 = 12°	2012 = 52°	2014 = 7°	2011 = 27°
2021 = 1°	2015 = 5°	2014 = 9°	2018 = 3°	2013 = Dnf.
	2017 = 3°	2018 = 17°	2024 = 1°	2017 = 1°
	2019 = 13°			2019 = Dnf.
	2023 = 3°			2021 = 1°
	2025 = Dnf.			2023 = 2°

20 km. *35 km.* *Marathon Mixed Relay*

European U23	World Championships	European Cup	Olympic Games	World Cup
2011 = 3°	2025 = 2°	2025 = 2°	2024 = 6°	2024 = Dnf.
2013 = 2°				

10 km. *10.000 mt.* *5.000 mt.*

World U20 Cup	European U20 Cup	World U20 Championships	European U20 Championships	World U18 Championships
2008 = 22°	2009 = 3°	2008 = 9°	2009 = 2°	2007 = 5°
2010 = 1°	2011 = 3°	2010 = 4°		