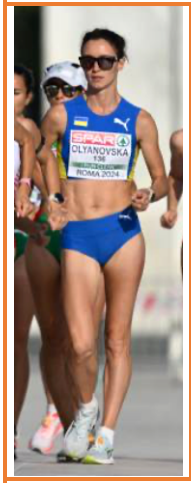
OLYANOVSKA LYUDMILA

20 - 02 - 1993

Personal Best



5.000	*(indoor)*	**20:26.26**	Kyiv (Ukr)	21.02.2025
5.000	*(track)*	**20:15.71**	Kyiv (Ukr)	04.06.2014
5 km.	*(road)*	**23:52**	Yevpatoriya (Ukr)	13.03.2010
10.000	*(track)*	**41:42.50**	Mukachevo (Ukr)	11.07.2012
10 km.	*(road)*	**42:01**	Suzhou (Chn)	27.09.2015
20 km.	*(road)*	**1:27:09**	Murcia (Esp)	17.05.2015

Ranking 20 km. (average = 1:28:10)

01	***1:27:09***	Murcia	17.05.2015	06	***1:28:18***	Dudince	21.03.2015
02	***1:27:27***	Taicang	03.05.2014	07	***1:28:28***	Dudince	22.03.2025
03	***1:27:56***	Poděbrady	18.05.2025	08	***1:28:30***	Alytus	12.06.2025
04	***1:28:07***	Zürich	14.08.2014	09	***1:28:41***	Tallin	10.07.2015
05	***1:28:13***	Beijing	28.08.2015	10	***1:28:48***	Roma	07.06.2024

Career Highlights

20 km.

Olympic Games	World Championships	World Cup	European Championships	European Cup	European Under 23
2021 = 43°	2013 = 10°	2014 = 7°	2014 = 2°	2013 = 6°	2013 = 1°
2024 = 14°	2015 = 3°		2022 = 4°	2015 = 7°	2015 = 2°
	2022 = Dnf.		2024 = 3°	2021 = 8°	
	2023 = 11°			2023 = 4°	
	2025 = 13°			2025 = 1°	

Marathon Mixed Relay		*10.000 mt.*		*10 km.*	
Olympic Games	**World Cup**	**World U20 Championships**	**European U20 Championships**	**World U20 Cup**	**European U20 Cup**
2024 = 17°	2024 = 22°	2012 = 4°	2011 = 7°	2012 = 5°	2011 = Dnf.