MASSANA VALENTÍ

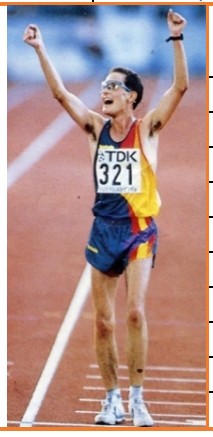
05 - 07 - 1970

Personal Best

10.000 mt. *(track)*	**39:31**	Tarragona (Esp)	24.06.1997
20 km. *(road)*	**1:19:25**	La Coruña (Esp)	06.06.1992
50 km. *(road)*	**3:38:43**	Orense (Esp)	20.03.1994

Ranking 20 km. (average = 1:20:40)

01	***1:19:25***	La Coruña	06.06.1992
02	***1:20:23***	Göteborg	06.08.1995
03	***1:20:29***	Tokyo	24.08.1991
04	***1:20:33***	Helsinki	08.08.1994
05	***1:20:39***	Podêbrady	19.04.1997
06	***1:20:45***	La Coruña	21.05.1994
07	***1:20:50***	La Coruña	15.05.1993
08	***1:20:54***	Livorno	12.06.1994
09	***1:21:21***	La Coruña	16.05.1998
10	***1:21:25***	Fougeres	11.06.1995



Ranking 50 km. (average = 3:47:40)

01	***3:38:43***	Orense	20.03.1994
02	***3:42:13***	Mallorca	05.03.1995
03	***3:44:19***	Atlanta	02.08.1996
04	***3:45:29***	Mézidon	02.05.1999
05	***3:46:01***	Sydney	29.09.2000
06	***3:46:11***	Reus	14.02.1993
07	***3:46:38***	Llobregat	25.02.1996
08	***3:48:28***	Edmonton	11.08.2001
09	***3:51:55***	Sevilla	25.08.1999
10	***4:06:45***	Torrevieja	21.03.1999

Career Highlights

20 km.

Olympic Games	World Championships	World Cup	European Championships	European Cup
1992 = Dq. 1996 = 20°	1991 = 5° 1993 = 1° 1995 = 2°	1991 = 10° 1993 = 2° 1995 =Dnf. 1997 = 19°	1990 = 5° 1994 = 3° 1998 = 9°	1996 = 6° 1998 = 10°

50 km.

Olympic Games	World Championships	World Cup
1996 = 3° 2000 = 4°	1999 = 4° 2001 = 6°	1999 = 8°

10.000 mt.

World U20 Championships	European U20 Championships
1988 = 2°	1987 = 2° 1989 = 1°