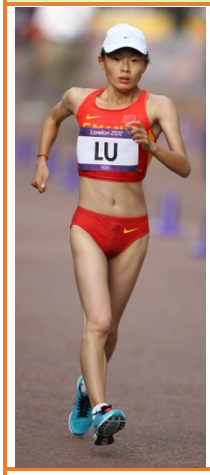
LU XIUZHI

26 - 10 - 1993



Personal Best

5.000 mt.	*(track)*	**21:26.45**	Turin (Ita)	26.05.2018
5 km.	*(road)*	**22:39**	Lomello (Ita)	15.04.2018
10 km.	*(road)*	**43:08**	Wuzhong (Chn)	15.12.2020
20 km.	*(road)*	**1:25:12**	Beijing (Chn)	20.03.2015

Ranking 20 km. (average = 1:27:20)

01	***1:25:12***	Beijing	20.03.2015	06	***1:27:15***	Taicang	03.05.2014
02	***1:25:51***	Huangshan	20.03.2021	07	***1:27:45***	Beijing	28.08.2015
03	***1:26:28***	Huangshan	04.03.2017	08	***1:27:53***	Shenyang	11.05.2013
04	***1:27:01***	Taicang	30.03.2012	09	***1:27:58***	Taicang	01.03.2013
05	***1:27:10***	London	11.08.2012	10	***1:28:07***	Huangshan	06.03.2016

Career Highlights

20 km.

Olympic Games	World Championships	World Cup	Asian Games
2012 = 3°	2015 = 2°	2012 = 2°	2014 = 1°
2016 = 3°	2017 = Dq.	2014 = 6°	
		2016 = 5°	