# LJUNGREEN JOHN

**09 - 09 - 1919** (†2000)



***Personal Best***

| | | | | |
|---|---|---|---|---|
| **10.000 mt.** | *(track)* | **46:08** | Värnamo (Swe) | 13.10.1957 |
| **20 km.** | *(road)* | **1:31:19** | Oslo (Nor) | 02.09.1956 |
| **50 km.** | *(road)* | **4:19:40** | Göteborg (Swe) | 30.09.1956 |

***Career Highlights***

| *20 km.* | | *50 km.* | |
|---|---|---|---|
| **Olympic Games** | **World Cup** | **Olympic Games** | **European Championships** |
| 1956 = 4° | 1961 = 4° | 1948 = 1° | 1946 = 1° |
| 1960 = 7° | 1963 = 7° | 1952 = 9° | 1950 = 2° |
| 1964 = 19° | | 1956 = 3° | 1954 = 4° |
| | | 1960 = 2° | 1958 = 9° |
| | | 1964 = 16° | 1962 = 5° |