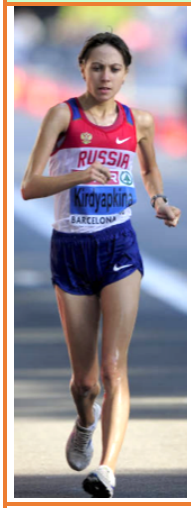
KIRDYAPKINA ANISYA

23 - 10 - 1989



Personal Best

5.000 mt.	*(track)*	**21.267:30**	Saransk	10.06.2006
5 km.	*(road)*	**21:06**	Saransk	10.06.2006
10 km.	*(road)*	**42:59**	Adler	17.02.2007
10.000 mt.	*(track)*	**43:27.20**	Hengelo	19.07.2007
20 km.	*(road)*	**1:25:11**	Sochi	20.02.2010

Ranking 20 km. (average = 1:26:52)

01	***1:25:11***	Sochi	20.02.2010	06	***1:26:44***	Cheboksary	13.06.2015
02	***1:25:26***	Adler	28.02.2009	07	***1:28:00***	Saransk	29.09.2007
03	***1:25:30***	Adler	23.02.2008	08	***1:28:05***	Sochi	22.03.2014
04	***1:26:31***	Taicang	03.05.2014	09	***1:28:18***	Gwangju	10.07.2015
05	***1:26:32***	Cheboksary	12.06.2010	10	***1:28:24***	Sochi	27.02.2015

Career Highlights

20 km.

Olympic Games	World Championships	World Cup	European Championships
2012 = Dq.	2009 = 3° 2011 = Dq. 2013 = Dq	2008 = Dq. 2010 = 6° 2012 = Dq. 2014 = 1°	2010 = 1°

20 km.		*10.000 mt.*	
European Cup	**University Games**	**European U20 Championships**	**European U20 Cup**
2009 = 2° 2011 = Dq 2013 = Dq	2013 = Dq 2015 = 1°	2007 = 1°	2007 = 1°