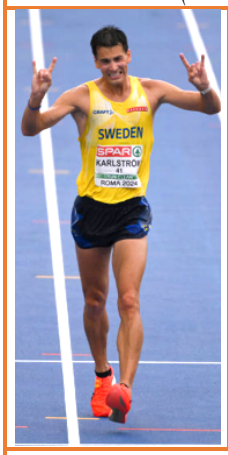
KARLSTRÖM PERSEUS

02 - 05 - 1990

Personal Best

5.000 mt. *(indoor)*		**18:48.94**	Eskilstuna (Swe)	12.03.2022
5.000 mt.	*(track)*	**18:32.56**	Melbourne (Aus)	08.03.2019
10.000 mt.	*(track)*	**37:57.02**	Dublin (Irl)	26.06.2022
10 km.	*(road)*	**38:42**	Madrid (Esp)	16.05.2022
20.000 mt.	*(track)*	**1:25:41.40**	Göteborg (Swe)	09.08.2015
20 km.	*(road)*	**1:17:39**	Budapest (Hun)	19.08.2023
35 km.	*(road)*	**2:23:44**	Eugene (Usa)	24.02.2022
50 km.	*(road)*	**3:44:35**	Melbourne (Aus)	17.12.2017



Ranking 20 km. (average = 1:18:37)

01	***1:17:39***	Budapest	19.08.2023	01	***1:18:45***	Murcia	14.03.2021
02	***1:18:07***	La Coruña	08.06.2019	02	***1:18:49***	Antalya	21.04.2024
03	***1:18:22***	Poděbrady	06.04.2024	03	***1:18:54***	Poděbrady	16.05.2021
04	***1:18:35***	Taicang	01.03.2025	04	***1:19:11***	Poděbrady	09.04.2016
05	***1:18:39***	Dublin	17.12.2023	05	***1:19:13***	Rome	08.06.2024

Ranking 35 km. (average = 2:30:40)

01	***2:23:44***	Eugene	24.02.2022	04	***2:31:54***	Dublin	19.12.2021
02	***2:27:03***	Budapest	24.08.2023	05	***2:36:14***	Muscat	05.03.2022
03	***2:27:20***	Santee	12.01.2025	06	***2:37:47***	Tokyo	13.09.2025

Career Highlights

20 km.

Olympic Games	World Championships	World Cup	European Championships	European Cup
2016 = Dnf. 2021 = 9° 2024 = 21°	2013 = 38° 2015 = Dnf. 2017 = 37° 2019 = 3° 2022 = 3° 2023 = 2° 2025 = 13°	2010 = 42° 2012 = 56° 2024 = 1°	2014 = 17° 2018 = 20° 2022 = 2° 2024 = 1°	2011 = Dnf. 2013 = Dnf. 2015 = 8° 2017 = 3° 2019 = 1° 2021 = 1° 2023 = 2° 2025 = 7°

20 km.

University Games	European U23
2013 = 20°	2011 = Dnf.

35 km.

World Championships	World Cup	European Championships
2022 = 3° 2023 = 8° 2025 = 19°	2022 = 1°	2022 = Dnf.

50 km.

World Cup
2016 = Dnf. 2018 = 8°

10.000 mt.

World U20 Championshops	European U20 Championships	World U18 Championships
2008 = 30°	2009 = 9°	2007 = 24°

10 km.

World U20 Cup	European U20 Cup
2008 = 33°	2007 = 31° 2009 = 20°