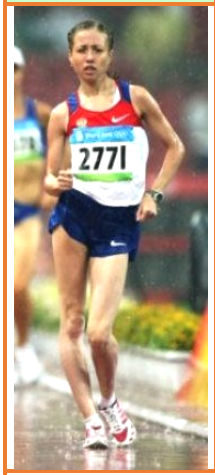
KANISKINA OLGA

19 - 01 - 1985



Personal Best

5.000 mt.	*(track)*	**20:38.20**	Saransk (Rus)	19.06.2005
5 km.	*(road)*	**20:42**	Saransk (Rus)	10.06.2006
10 km.	*(road)*	**41:42**	Krakow (Pol)	30.05.2009
20 km.	*(road)*	**1:24:56**	Adler (Rus)	28.03.2009

Ranking 20 km. (average = 1:26:22)

01	***1:24:56***	Adler	28.02.2009	06	***1:26:31***	Beijing	21.08.2008
02	***1:25:11***	Adler	23.02.2008	07	***1:26:47***	Saransk	29.09.2007
03	***1:25:42***	Cheboksary	11.05.2008	08	***1:28:00***	Wuxi	18.04.2009
04	***1:25:54***	Sochi	27.02.2016	09	***1:28:13***	Leamington	20.05.2007
05	***1:26:02***	Adler	19.02.2006	10	***1:28:35***	Göteborg	09.08.2006

Career Highlights

20 km.

Olympic Games	World Championships	World Cup	European Championships	European Cup	European U23 Championships
2008 = 1° 2012 = Dq.	2007 = 1° 2009 = Dq. 2011 = Dq.	2006 = 5° 2008 = 1° 2012 = Dq.	2006 = 2°	2007 = 2°	2005 = 2°