FERNÁNDEZ FRANCISCO JAVIER

03 - 06 - 1977



Personal Best

5.000 mt.	*(indoor)*	**18:24.13**	Belfast (Gbr)	06.03.2007
5 km.	*(road*	**19:16**	Granada (Esp)	08.12.206
10 km.	*(road)*	**37:52**	Krakóv (Pol)	08.06.2002
10.000 mt.	*(track)*	**38:07**	San Sébastian (Esp)	05.08.2007
20 km.	*(road)*	**1:17:22**	Turku (Fin)	28.04.2002
50 km.	*(road)*	**3:41:02**	San Pedro del Pinatar (Esp)	01.03.2009

Ranking 20 km. (average = 1:18:23)

01	***1:17:22***	Turku	28.04.2002	06	***1:18:33***	Yangzhou	22.04.2006
02	***1:17:52***	La Coruña	04.06.2005	07	***1:18:37***	München	06.08.2002
03	***1:18:00***	Paris	23.08.2003	08	***1:18:50***	La Coruña	02.06.2007
04	***1:18:15***	Cheboksary	10.05.2008	09	***1:18:51***	Shenzhen	24.03.2007
05	***1:18:31***	La Coruña	13.05.2006	10	***1:18:56***	Eisenhüt.	17.06.2000

Career Highlights

20 km.

Olympic Games	World Championships	World Cup	European Championships
2000 = 7°	1999 = 15°	1997 = 47°	1998 = 3°
2004 = 2°	2001 = Dnf.	1999 = 12°	2002 = 1°
2008 = 7°	2003 = 2°	2006 = 1°	2006 = 1°
	2005 = 2°	2008 = 1°	
	2007 = 2°		
	2009 = Dnf.		
	2011 = Dq.		

20 km.

European Cup	European U23 Championships
1998 = 1°	1997 = 2°
2000 = 3°	
2001 = 4°	
2003 = 1°	

10.000 mt.

European U20 Championships
1995 = 2°