FEITOR SUSANA

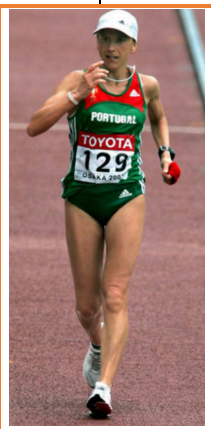
28 - 01 - 1975

Personal Best

5.000 mt.	*(track)*	**20:40.24**	Rio Maior (Por)	09.05.2001
5 km.	*(road)*	**20:56**	Krakow (Pol)	08.06.2002
10.000 mt.	*(track)*	**44:07.80**	Seia (Por)	02.08.2003
10 km.	*(road)*	**42:39**	Lanciano (Ita)	11.03.2001
20 km.	*(road)*	**1:29:36**	Lisboa (Por)	21.07.2001
20.000 mt.	*(track)*	**1:27:55**	Rio Maior (Por)	07.04.2001

Ranking 10 km. (average = 43:43)

01	***42:39***	Lanciano	11.03.2001
02	***43:40***	La Coruña	17.09.2011
03	***43:41***	La Coruña	20.04.1996
04	***43:40***	Beijing	29.08.2001
05	***43:41***	Beijing	18.09.2010
06	***43:47***	Helsinki	08.09.1994
07	***44:05***	Fukuoka	02.09.1995
08	*(t)* ***44:07***	Seia	02.08.2003
09	***44:08***	Seia	02.08.2003
10	***44:08***	Seixal	19.07.2008



Ranking 20 km. (average = 1:28:50)

01	***1:27:55***	Rio Maior	07.04.2001
02	***1:28:06***	Dublin	16.06.2001
03	***1:28:19***	Hildesheim	09.07.2000
04	***1:28:44***	Helsinki	07.08.2005
05	***1:28:51***	Taicang	03.05.2014
06	***1:29:01***	Miskolc	21.05.2005
07	***1:29:08***	Cheboksary	18.05.2003
08	***1:29:12***	Tijuana	20.03.2004
09	***1:29:31***	Mealhada	01.03.2008
10	***1:29:31***	Rio Maior	05.04.2008

Career Highlights

20 km.

Olympic Games	World Championships	World Cup	European Championships	European Cup
2000 = 14°	1999 = 4°	1999 = 9°	2002 = Dnf.	2000 = Dnf.
2004 = 20°	2001 = Dq.	2002 = 14°	2006 = 14°	2001 = Dq.
2008 = Dnf.	2003 = 9°	2006 = Dnf.		2003 = 5°
	2005 = 3°	2008 = 10°		2005 = 2°
	2007 = 5°	2010 = 16°		2007 = 14°
	2009 = 9°	2012 = 64°		2009 = Dnf.
	2011 = 5°	2014 = 17°		2011 = 9°
		2016 = Dnf.		2013 = 31°
				2015 = 19°

10 km.

Olympic Games	World Championships	World Cup	European Champions.	European Cup	University Games
1992 = Dq.	1991 = 17°	1993 = 8°	1994 = 8°	1996 = 3°	1995 = 4°
1996 = 13°	1993 = 11°	1995 = 15°	1998 = 3°		1997 = 4°
	1995 = 17°	1997 = Dnf.			1999 = Dnf.
	1997 = Dnq.(h1)				2001 = 2°

5.000 mt.

World U20 Champions.
1990 = 1°
1992 = Dq.
1994 = 2°