DINIZ YOHANN

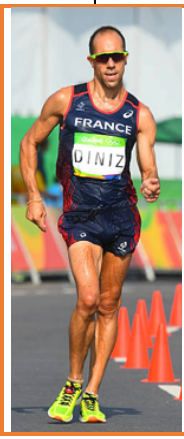
01 - 01 -1978

Personal Best

5.000 mt.	*(track)*	**18:18.01**	Villeneuve D'Ascq (Fra)	27.06.2008
10.000 mt.	*(track)*	**38:08.13**	Reims (Fra)	12.07.2014
10 km.	*(road)*	**38:46**	Kracòw (Pol)	30.05.2009
20.000 mt.	*(track)*	**1:19:42**	Bogny sur Meuse (Fra)	25.05.2014
20 km.	*(road)*	**1:17:02**	Arles (Fra)	08.03.2015
35 km.	*(road)*	**2:29:27**	Reims (Fra)	17.03.2019
50.000 mt.	*(track)*	**3:35:27**	Reims (Fra)	12.03.2011
50 km.	*(road)*	**3:32:33**	Zürich (Sui)	15.08.2014

Ranking 20 km. (average = 1:19:44)

01	***1:17:02***	Arles	08.03.2015
02	***1:17:24***	Lugano	15.03.2015
03	***1:17:43***	Lugano	18.03.2012
04	***1:18:58***	Leamington	20.05.2007
05	*(t)* ***1:19:42***	Bogny	25.05.2014
06	***1:20:20***	Podêbrady	09.04.2005
07	***1:20:23***	Rio Maior	10.04.2010
08	***1:20:37***	Murcia	17.05.2015
09	***1:22:31***	Albi	25.07.2008
10	***1:22:44***	Sesto S.G.	01.05.2010



Ranking 50 km. (average = 3:38:19)

01	***3:32:33***	Zürich	15.08.2014
02	***3:33:12***	London	13.08.2017
03	*(t)* ***3:35:27***	Reims	12.03.2011
04	***3:37:43***	Alytus	19.05.2019
05	***3:37:48***	St. Sebastien	13.03.2013
06	***3:38:45***	Dudince	28.03.2009
07	***3:40:37***	Barcelona	30.07.2010
08	***3:41:07***	Dudince	19.05.2013
09	***3:41:39***	Göteborg	10.08.2006
10	***3:44:22***	Osaka	01.09.2007

Career Highlights

50 km.

Olympic Games	World Championships	European Campionships	European Cup
2008 = Dnf.	2005 = Dq.	2006 = 1°	2005 = 4°
2012 = Dq.	2007 = 2°	2010 = 1°	2013 = 1°
2016 = 8°	2009 = 12°	2014 = 1°	2019 = 1°
2021 = Dnf.	2011 = Dnf.		
	2013 = 10°		
	2017 = 1°		
	2019 = Dnf.		

20 km.

World Cup	European Cup
2004 = 40°	2003 = 40°
2010 = Dnf.	2007 = 1°
	2009 = 8°
	2015 = 3°