DÍAZ MARI CRUZ

24 - 01 - 1969

Personal Best

5.000 mt.	*(track)*	**21:36.92**	Birmingham (Gbr)	1987.07.08
5 km.	*(road)*	**21:58**	Barcelona (Esp)	02.03.2003
10.000 mt.	*(track)*	**44:41.7**	Jerez de la Frontera (Esp)	02.08.2003
10 km.	*(road)*	**44:48**	Roma (Ita)	01.07.1987
20 km.	*(road)*	**1:32:10**	Cheboksary (Rus)	18.05.2003



Career Highlights

10 km.

Olympic Games	World Championships	World Cup	European Championships
1992 = 10°	1987 = 4° 1991 = 15°	1983 = 29° 1985 = 22° 1987 = 10° 1989 = 16° 1991 = 10° 1993 = 27°	1986 = 1°

20 km.

World Championships	European Cup
2003 = Dq.	2003 = 15°

5.000 mt.

World U20 Championships	European U20 Campionships
1986 = 4° 1988 = 1°	1985 = 1° 1987 = 2°