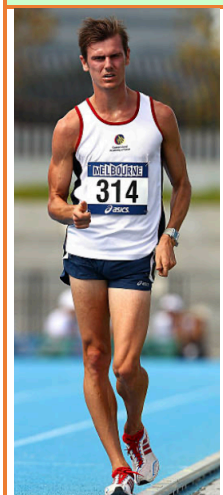
BIRD-SMITH DANE ALEX

15 - 07 - 1992



Personal Best

5.000 mt.	*(track)*	**18:38.97**	Melbourne (Aus)	05.03.2016
5 km.	*(road)*	**22:11**	Brisbane (Aus)	29.10.2017
10.000 mt.	*(track)*	**38:30.61**	Sydney (Aus)	05.04.2019
10 km.	*(road)*	**40:32**	Erdos (Chn)	14.09.2012
20 km.	*(road)*	**1:19:28**	London (Gbr)	13.08.2017

Ranking 20 km. (average = 1:19:12)

01	***1:19:28***	London	13.08.2017	06	***1:20:04***	Adelaide	21.02.2016
02	***1:19:34***	Gold Coast	08.04.2018	07	***1:20:05***	La Coruña	06.06.2015
03	***1:19:37***	Rio de Janeiro	12.08.2016	08	***1:20:27***	Taicang	04.05.2014
04	***1:19:37***	Adelaide	19.02.2017	09	***1:20:52***	Adelaide	10.02.2019
05	***1:19:38***	Rome	07.05.2016	10	***1:21:01***	Nomi	16.03.2014

Career Highlights

20 km.

Olympic Games	World Championships	World Cup	Commonwealth Games
2016 = 3°	2013 = 11°	2012 = 42°	2018 = 1°
	2015 = 8°	2014 = 14°	
	2017 = 6°	2016 = 4°	
	2019 = 15°	2018 = Dnf.	

20 km.	*10.000 mt.*		*10 km.*
University Games	**World U20 Championships**	**World U18 Championships**	**World U20 Cup**
2014 = 1°	2010 = 5°	2009 = 8°	2010 = Dq.