



5.000 metros Marcha

(Masc)

Final 1

1 °	47 Sérgio Vieira	S L BENFICA	1976-02-20	V40	1 9 4 3,93		
2 °	48 Pedro Isidro	S L BENFICA	1985-07-17	Sen	1 9 4 4,17		
3 °	49 Miguel Carvalho	S L BENFICA	1994-09-02	S23	2 1 1 0,50	8,0	
4 °	23 Miguel Rodrigues	C N DE RIO MAIOR	1996-11-01	S23	2 1 1 0,88	7,0	
5 °	18 Rui Coelho	C ATLETISMO DE SEIA	1994-09-26	S23	2 1 1 7,85	6,0	<
6 °	42 Amaro Teixeira	LEIRIA MARCHA ATLÉTI	1989-07-08	Sen	2 1 3 9,98		~
7 °	16 Pedro Martins	C ATLETISMO DE SEIA	1968-01-12	V45	2 1 5 2,83		
8 °	41 Luís Silva	LEIRIA MARCHA ATLÉTI	1970-08-26	V45	2 2 0 1,27		<
9 °	19 Luís Pássaro	C S S JOÃO MADEIRA	1994-11-15	S23	2 2 1 5,77	5,0	~
10 °	50 Vítor Ramos	S L BENFICA	1997-07-22	Jun	2 2 5 9,00	4,0	
11 °	14 Xavier Sousa	A C D JARDIM SERRA	1996-10-20	S23	2 3 1 5,25	3,0	
12 °	22 Vítor Cabral	C F OLIVEIRA DOURO	1998-05-01	Jun	2 3 5 1,02	2,0	<
13 °	17 Samuel Pereira	C ATLETISMO DE SEIA	1993-11-25	Sen	2 4 2 4,64		~
	38 Pedro Miguel Santos	JUV VIDIGALENSE	1992-11-15	Sen			DNF
	35 Marco Amaral	JUVENTUDE ILHA VERDE	1993-07-16	Sen			<-<-<-DQ 230
	34 Hélder Santos	GIRA SOL	1996-03-07	S23			<-<-<-DQ 230



3.000 metros Marcha

(Fem)

Final 1

1 ^a	24 Ana Cabecinha	C ORIENTAL PECHÃO	1984-04-29	Sen	1 2 2 5,23		
2 ^a	39 Daniela Stoffel	LEIRIA MARCHA ATLÉTI	1991-12-15	Sen	1 2 4 9,18		
3 ^a	26 Edna Barros	C ORIENTAL PECHÃO	1996-12-18	S23	1 3 0 0,47	8,0	
4 ^a	43 Vitória Oliveira	SPORTING C P	1992-08-30	Sen	1 3 0 2,26		
5 ^a	45 Mara Ribeiro	S L BENFICA	1995-05-11	S23	1 3 4 1,63	7,0	
6 ^a	46 Mariana Mota	S L BENFICA	1995-05-27	S23	1 3 5 0,97	6,0	
7 ^a	33 Sandra Silva	GRECAS - VAGOS	1975-09-21	V40	1 4 2 1,50		
8 ^a	27 Laura Leal	C ORIENTAL PECHÃO	1996-05-22	S23	1 4 2 3,13	5,0	
9 ^a	40 Vera Portela	LEIRIA MARCHA ATLÉTI	1995-05-09	S23	1 4 3 9,76	4,0	
10 ^a	11 Ana Raquel Marques	A C R SRA DESTERRO	1983-09-21	Sen	1 5 1 3,75		
11 ^a	32 Elisabete Pinho	C SPIRIDON DE GAIA	1995-09-10	S23	1 5 3 2,93	3,0	<
12 ^a	31 Mafalda Marques	CASA POVO CORROIOS	1997-11-27	Jun	1 5 5 2,84	2,0	<