

Campionati Asitici su strada 20 km

Senior Maschile 20 km

Pos	NOME	5km	10km	15km	20km	Commenti
1	YUSUKE SUZUKI	0:19:55	0:39:53 (0:19:58)	1:00:03 (0:20:10)	1:20:06 (0:20:03)	PB
2	FUJISAWA ISAMU	0:20:15	0:40:30 (0:20:15)	1:00:28 (0:19:58)	1:20:12 (0:19:44)	PB
3	BYUN YOUNG-JUN	0:20:15	0:40:31 (0:20:16)	1:01:27 (0:20:56)	1:22:07 (0:20:40)	PB
4	YUSUKE YACHI	0:20:15	0:40:32 (0:20:17)	1:01:14 (0:20:42)	1:22:11 (0:20:57)	PB
5	SUGIMOTO AKIHIRO	0:20:21	0:41:25 (0:21:04)	1:02:39 (0:21:14)	1:23:33 (0:20:54)	
6	HIROKI NAGAWIWA	0:20:59	0:41:53 (0:20:54)	1:03:07 (0:21:14)	1:24:15 (0:21:08)	
7	TAKESHI OKUMA	0:20:16	0:41:01 (0:20:45)	1:02:54 (0:21:53)	1:24:54 (0:22:00)	
8	TAKAYUKI TANII	0:20:20	0:41:52 (0:21:32)	1:03:31 (0:21:39)	1:25:00 (0:21:29)	
9	EIKI UNAMI	0:21:09	0:42:04 (0:20:55)	1:03:13 (0:21:09)	1:25:23 (0:22:10)	
10	PANUCHA BABU BHAI KESHRABHAI	0:20:23	0:41:31 (0:21:08)	1:03:31 (0:22:00)	1:25:52 (0:22:21)	
11	DAICHI AONO	0:21:35	0:43:05 (0:21:30)	1:04:32 (0:21:27)	1:25:58 (0:21:26)	
12	YUTO MINAMI	0:21:00	0:42:06 (0:21:06)	1:03:59 (0:21:53)	1:26:15 (0:22:16)	
13	SINGH HARMINDER	0:21:27	0:43:05 (0:21:38)	1:04:53 (0:21:48)	1:26:27 (0:21:34)	
14	HIROOKI ARAI	0:21:16	0:42:55 (0:21:39)	1:04:37 (0:21:42)	1:26:45 (0:22:08)	
15	KATUYA UEDA	0:21:27	0:43:28 (0:22:01)	1:05:12 (0:21:44)	1:27:10 (0:21:58)	
16	TOMOHIRO MATSUMOTO	0:21:47	0:43:29 (0:21:42)	1:05:13 (0:21:44)	1:27:23 (0:22:10)	
17	LO CHOON SIENG	0:21:47	0:43:29 (0:21:42)	1:05:12 (0:21:43)	1:27:36 (0:22:24)	
18	KOSAKU IMATAKI	0:21:47	0:43:29 (0:21:42)	1:05:12 (0:21:43)	1:27:52 (0:22:40)	
19	RAHIMIAN KHANGHAH EBRAHIM	0:21:11	0:43:28 (0:22:17)	1:05:52 (0:22:24)	1:27:53 (0:22:01)	
20	TAKUMA KOSAKA	0:21:47	0:43:28 (0:21:41)	1:05:19 (0:21:51)	1:27:56 (0:22:37)	
21	KHEIRGOORAZLIGHI AMIR	0:21:26	0:43:32 (0:22:06)	1:05:45 (0:22:13)	1:28:07 (0:22:22)	
22	MUNEHARU INOUE	0:21:47	0:43:33 (0:21:46)	1:05:45 (0:22:12)	1:28:22 (0:22:37)	
23	YOHEI OTAKE	0:21:00	0:42:55 (0:21:55)	1:05:25 (0:22:30)	1:28:31 (0:23:06)	
24	TAKAHITO OTSUBO	0:21:47	0:43:28 (0:21:41)	1:06:04 (0:22:36)	1:28:41 (0:22:37)	
25	HIDEYUKI MIYAZAWA	0:22:38	0:44:54 (0:22:16)	1:06:30 (0:21:36)	1:28:43 (0:22:13)	
26	KENTO TAMURA	0:21:46	0:43:41 (0:21:55)	1:06:34 (0:22:53)	1:29:19 (0:22:45)	
27	NARUHITO TARUSAWA	0:22:36	0:44:54 (0:22:18)	1:07:04 (0:22:10)	1:29:20 (0:22:16)	
28	MASATO INOSE	0:21:48	0:43:35 (0:21:47)	1:06:33 (0:22:58)	1:29:32 (0:22:59)	
29	AKIRA IKEZAWA	0:21:46	0:43:29 (0:21:43)	1:06:13 (0:22:44)	1:29:35 (0:23:22)	
30	TEOH BOON LIM	0:22:38	0:44:54 (0:22:16)	1:07:06 (0:22:12)	1:30:01 (0:22:55)	
31	YUKI KOBAYASHI	0:21:19	0:43:18 (0:21:59)	1:06:20 (0:23:02)	1:30:07 (0:23:47)	
32	MOTOFUMI SUZUKI	0:21:46	0:44:07 (0:22:21)	1:07:06 (0:22:59)	1:30:10 (0:23:04)	
33	HIDETO KUSAKA	0:22:38	0:44:54 (0:22:16)	1:06:48 (0:21:54)	1:30:28 (0:23:40)	
34	MASAYOSHI SHITABAYASHI	0:22:03	0:44:23 (0:22:20)	1:07:06 (0:22:43)	1:30:40 (0:23:34)	
35	MANABU AOKI	0:21:47	0:43:29 (0:21:42)	1:05:12 (0:21:43)	1:30:57 (0:25:45)	
36	KENTATO TSURUSAKI	0:22:45	0:44:55 (0:22:10)	1:07:30 (0:22:35)	1:31:18 (0:23:48)	
37	KOJI HAYAKAWA	0:22:31	0:44:54 (0:22:23)	1:07:30 (0:22:36)	1:31:24 (0:23:54)	
38	SHINJI SUGANUMA	0:22:45	0:45:34 (0:22:49)	1:08:27 (0:22:53)	1:31:26 (0:22:59)	
39	TOMOYUKI YAJIMA	0:23:00	0:45:43 (0:22:43)	1:08:26 (0:22:43)	1:31:29 (0:23:03)	
40	YTAKUMA YOSHIDA	0:22:07	0:45:18 (0:23:11)	1:08:27 (0:23:09)	1:31:32 (0:23:05)	
41	MASAYUKI KIKUTA	0:22:02	0:44:23 (0:22:21)	1:07:21 (0:22:58)	1:32:09 (0:24:48)	
42	KIRYU YANAKITA	0:23:09	0:46:21 (0:23:12)	1:09:25 (0:23:04)	1:32:37 (0:23:12)	
43	TSE CHUN HUNG	0:22:39	0:45:41 (0:23:02)	1:09:17 (0:23:36)	1:32:40 (0:23:23)	
44	DAI NAKABAYASHI	0:21:48	0:44:07 (0:22:19)	1:07:38 (0:23:31)	1:33:03 (0:25:25)	
45	DAICHI KAI	0:22:04	0:45:28 (0:23:24)	1:09:04 (0:23:36)	1:33:15 (0:24:11)	
46	KEIJI UCHIDA	0:22:30	0:44:55 (0:22:25)	1:08:07 (0:23:12)	1:33:29 (0:25:22)	
47	ITARU MURAKAMI	0:23:35	0:46:57 (0:23:22)	1:10:22 (0:23:25)	1:33:31 (0:23:09)	
48	SYOURI NOBE	0:23:09	0:46:37 (0:23:28)	1:10:25 (0:23:48)	1:33:42 (0:23:17)	
49	TAKAHIRO SAKUMA	0:22:45	0:45:34 (0:22:49)	1:08:31 (0:22:57)	1:33:48 (0:25:17)	
50	ABDUL KADIR INDRA	0:21:16	0:42:55 (0:21:39)	1:05:42 (0:22:47)	1:33:58 (0:28:16)	

Campionati Asitici su strada 20 km

Senior Maschile 20 km

Pos	NOME	5km	10km	15km	20km	Commenti
51	MASAKI ISHITOBI	0:23:36	0:46:56 (0:23:20)	1:10:22 (0:23:26)	1:34:03 (0:23:41)	
52	TORU YAMAMOTO	0:23:08	0:46:00 (0:22:52)	1:09:59 (0:23:59)	1:35:01 (0:25:02)	
53	HIROSHI HATAYAMA	0:23:03	0:46:47 (0:23:44)	1:10:19 (0:23:32)	1:35:26 (0:25:07)	
54	WATARU TONOUZUKA	0:23:36	0:46:57 (0:23:21)	1:10:34 (0:23:37)	1:35:29 (0:24:55)	
55	TAKAYA TUJITOMO	0:22:31	0:45:36 (0:23:05)	1:10:45 (0:25:09)	1:35:31 (0:24:46)	
56	TAKURO KAWASAKI	0:23:13	0:47:02 (0:23:49)	1:11:32 (0:24:30)	1:36:00 (0:24:28)	
57	RYUKI KATAOKA	0:23:17	0:47:00 (0:23:43)	1:11:03 (0:24:03)	1:36:05 (0:25:02)	
58	TAKU TENPOYA	0:22:23	0:46:30 (0:24:07)	1:10:50 (0:24:20)	1:36:16 (0:25:26)	
59	YUKI ONOUE	0:21:46	0:43:42 (0:21:56)	1:08:15 (0:24:33)	1:36:28 (0:28:13)	
60	AKIRA TAGIGAWA	0:23:17	0:47:18 (0:24:01)	1:11:38 (0:24:20)	1:36:37 (0:24:59)	
61	KEISUKE MORIYA	0:23:37	0:47:49 (0:24:12)	1:12:19 (0:24:30)	1:37:00 (0:24:41)	
62	MIKIFUMI KOREISHI	0:22:27	0:45:21 (0:22:54)	1:09:25 (0:24:04)	1:37:09 (0:27:44)	
63	KOHEI SAKA	0:22:40	0:46:57 (0:24:17)	1:11:41 (0:24:44)	1:37:14 (0:25:33)	
64	TATUYA TANAKA	0:24:33	0:48:49 (0:24:16)	1:13:19 (0:24:30)	1:37:25 (0:24:06)	
65	YOSHIHITO HAYASHI	0:22:53	0:46:38 (0:23:45)	1:12:07 (0:25:29)	1:37:30 (0:25:23)	
66	TAKAMASA KURIBAYASHI	0:22:45	0:45:52 (0:23:07)	1:10:15 (0:24:23)	1:38:10 (0:27:55)	
67	SYOICHI TOMOIKE	0:22:45	0:46:35 (0:23:50)	1:11:48 (0:25:13)	1:38:36 (0:26:48)	
68	TOMOHIRO IMAGAWA	0:23:14	0:47:32 (0:24:18)	1:12:44 (0:25:12)	1:38:40 (0:25:56)	
69	KENJI SAWADA	0:23:16	0:46:47 (0:23:31)	1:11:04 (0:24:17)	1:38:55 (0:27:51)	
70	KAZUKI HONMA	0:23:26	0:47:50 (0:24:24)	1:13:01 (0:25:11)	1:39:14 (0:26:13)	
71	TOMOYA KAWAGUCHI	0:23:35	0:48:01 (0:24:26)	1:12:49 (0:24:48)	1:39:16 (0:26:27)	
72	YAMADA TATSUMI	0:24:54	0:49:43 (0:24:49)	1:14:36 (0:24:53)	1:39:38 (0:25:02)	
73	KENICHI OMORI	0:23:55	0:48:01 (0:24:06)	1:13:22 (0:25:21)	1:39:46 (0:26:24)	
74	HIDEAKI NOZAKI	0:22:31	0:45:34 (0:23:03)	1:10:46 (0:25:12)	1:39:52 (0:29:06)	
75	KOICHI HIROFUJI	0:24:38	0:49:42 (0:25:04)	1:15:06 (0:25:24)	1:40:08 (0:25:02)	
76	YUSUKE TAGICHI	0:22:29	0:45:35 (0:23:06)	1:10:34 (0:24:59)	1:40:22 (0:29:48)	
77	FUMIYA YAMAZAKI	0:23:32	0:48:01 (0:24:29)	1:13:13 (0:25:12)	1:42:14 (0:29:01)	
78	RYOSUKE ISOMURA	0:23:08	0:46:42 (0:23:34)	1:11:50 (0:25:08)	1:42:21 (0:30:31)	
79	SYUJI NAGASAKI	0:24:59	0:51:36 (0:26:37)	1:18:08 (0:26:32)	1:44:50 (0:26:42)	
80	SATOSHI TOMIDA	0:22:38	0:46:05 (0:23:27)	1:10:59 (0:24:54)	1:45:27 (0:34:28)	
81	SHIN SAITO	0:26:02	0:50:40 (0:24:38)	1:15:56 (0:25:16)	1:45:41 (0:29:45)	
82	TAKAFUMI SUZUKA	0:25:32	0:51:26 (0:25:54)	1:17:58 (0:26:32)	1:45:51 (0:27:53)	
83	KENTA FUJINAKA	0:24:33	0:49:51 (0:25:18)	1:16:55 (0:27:04)	1:46:46 (0:29:51)	
84	TAKUYA OSADA	0:24:31	0:48:49 (0:24:18)	1:15:10 (0:26:21)	1:46:46 (0:31:36)	
85	YUSUKE OYANAGI	0:24:39	0:50:02 (0:25:23)	1:17:33 (0:27:31)	1:48:42 (0:31:09)	

Campionati Asitici su strada 20 km

Senior Femminile 20Km

		5km	10km	15km	20km	Commenti
1	FUCHISE MASUMI	0:22:19	0:44:30 (0:22:11)	1:06:46 (0:22:16)	1:29:35 (0:22:49)	
2	KUMI OTOSHI	0:22:02	0:44:15 (0:22:13)	1:07:16 (0:23:01)	1:30:36 (0:23:20)	PB
3	CHIAKI ASADA	0:22:46	0:45:57 (0:23:11)	1:09:12 (0:23:15)	1:32:27 (0:23:15)	PB/NJR
4	FUMIKA KIRYU	0:23:27	0:47:17 (0:23:50)	1:11:27 (0:24:10)	1:36:11 (0:24:44)	
5	HIROI MAEDA	0:24:06	0:48:24 (0:24:18)	1:13:10 (0:24:46)	1:37:32 (0:24:22)	
6	DEVI L. DEEPAMALA	0:24:21	0:48:42 (0:24:21)	1:13:17 (0:24:35)	1:37:44 (0:24:27)	
7	YUKA MORIMOTO	0:24:30	0:48:43 (0:24:13)	1:13:10 (0:24:27)	1:37:50 (0:24:40)	
8	JEON YEONG-EUN	0:23:27	0:47:17 (0:23:50)	1:12:28 (0:25:11)	1:38:08 (0:25:40)	
9	MUGUMI SAKAMOTO	0:24:34	0:48:47 (0:24:13)	1:13:40 (0:24:53)	1:38:26 (0:24:46)	
10	KAZUNA KUWABARA	0:24:33	0:48:47 (0:24:14)	1:13:17 (0:24:30)	1:39:00 (0:25:43)	
11	SAYAKA USAMI	0:24:35	0:48:47 (0:24:12)	1:13:40 (0:24:53)	1:39:15 (0:25:35)	
12	CHIAKI YAMATO	0:24:40	0:49:34 (0:24:54)	1:15:06 (0:25:32)	1:40:47 (0:25:41)	
13	IKUMI TAMAKAWA	0:24:40	0:49:35 (0:24:55)	1:15:06 (0:25:31)	1:41:30 (0:26:24)	
14	TOMOMI MIYAGAWA	0:24:47	0:50:14 (0:25:27)	1:15:25 (0:25:11)	1:41:36 (0:26:11)	
15	YOSHIMI OKITSU	0:25:13	0:50:37 (0:25:24)	1:16:19 (0:25:42)	1:41:39 (0:25:20)	
16	MUTSUMI HASEGAWA	0:24:41	0:49:49 (0:25:08)	1:15:55 (0:26:06)	1:42:26 (0:26:31)	
17	KIM WOON-JEONG	0:24:40	0:49:37 (0:24:57)	1:17:19 (0:27:42)	1:42:59 (0:25:40)	
18	YUKA UENO	0:25:13	0:50:37 (0:25:24)	1:16:22 (0:25:45)	1:43:08 (0:26:46)	
19	MAMI URABE	0:24:35	0:49:35 (0:25:00)	1:15:25 (0:25:50)	1:43:34 (0:28:09)	
20	CHIE YOSHIDA	0:25:12	0:50:37 (0:25:25)	1:16:59 (0:26:22)	1:43:53 (0:26:54)	
21	YUI HAYASHI	0:25:04	0:50:37 (0:25:33)	1:16:28 (0:25:51)	1:44:20 (0:27:52)	
22	KAKKURITIYIL JOLLY SANDAYA	0:25:17	0:51:43 (0:26:26)	1:19:20 (0:27:37)	1:45:42 (0:26:22)	
23	YUKA TAMAYAMA	0:24:47	0:50:18 (0:25:31)	1:16:31 (0:26:13)	1:45:51 (0:29:20)	
24	IORI SHIRAISHI	0:25:36	0:51:47 (0:26:11)	1:18:56 (0:27:09)	1:46:10 (0:27:14)	
25	NATSUKO NAKAMURA	0:26:27	0:52:58 (0:26:31)	1:19:33 (0:26:35)	1:46:21 (0:26:48)	
26	KEIKO ADACHI	0:25:36	0:51:25 (0:25:49)	1:17:59 (0:26:34)	1:46:50 (0:28:51)	
27	YUKA TAKAHASHI	0:25:14	0:51:19 (0:26:05)	1:18:41 (0:27:22)	1:47:49 (0:29:08)	
28	ARISA OSATO	0:24:41	0:49:58 (0:25:17)	1:16:17 (0:26:19)	1:48:31 (0:32:14)	
29	HIRO ODAGIRI	0:25:44	0:52:35 (0:26:51)	1:20:45 (0:28:10)	1:48:32 (0:27:47)	
30	OTHMAN RANIA	0:26:33	0:53:34 (0:27:01)	1:21:04 (0:27:30)	1:48:59 (0:27:55)	
31	YURI YAMAGA	0:25:36	0:52:00 (0:26:24)	1:20:19 (0:28:19)	1:49:49 (0:29:30)	
32	YASUYO NODA	0:25:45	0:52:49 (0:27:04)	1:21:19 (0:28:30)	1:51:24 (0:30:05)	
33	NATSUKI SEKINE	0:27:01	0:54:47 (0:27:46)	1:23:16 (0:28:29)	1:52:03 (0:28:47)	
34	MIHO WAKAMATSU	0:26:44	0:55:18 (0:28:34)	1:24:16 (0:28:58)	1:53:14 (0:28:58)	
35	NG SAU MAN	0:28:41	0:58:01 (0:29:20)	1:27:30 (0:29:29)	1:56:58 (0:29:28)	