



Senior Men 20k Championship Result						
Bib	Place	Time	Name	Club	Dist	Cat.
6	1	1.32.05	Alex Wright	Leevale A.C.	20K	SM
7	2	1.32.32	Cian McManamon	Westport A.C.	20K	SM
32	3	2.08.06	Sean McMullen	Mullingar Harriers	20K	Master
14		1.43.50	Francisco Reis	Portugal	20K	Guest Master
4		2.00.09	Malcolm Martin	Surrey	20K	Guest Master
25	1	49.03	David Kenny	Farrenfore Maine A.C.	10K	Junior Man
46	1	51.34	Adam McInerney	Suncroft A.C.	10K	Juv
39	2	57.39	Brian Roberts	Sligo A.C.	10K	Juv
44	1	33.34	Oisin Lane	Mullingar Hrs	7K	Juv.
37	1	21.46	Jerome Caprice	DSD	5K	SM
3	1	23.18	Gearoid McMahon	Shannon A.C.	5K	JM
36	1	24.52	Brian O'Donnell	Finn Valley A.C.	5K	MM
13	2	25.00	Pat Murphy	Castleisland A.C.	5K	MM
20	3	25.45	Ross Alexander	Coolquill A.C.	5K	MM
19	4	30.13	Michael O'Connor	Farranfore Maine	5K	MM
15	5	32.51	Bob Lyne	Crusaders A.C.	5K	MM
31	1	15.22	Cian Gough	Le Cheile A.C.	3K	Juv.
30	2	16.37	Matthew Glennon	Mullingar Hrs	3K	Juv.
21	1	10.44	Noah McConway	St. Cronins A.C.	2K	Juv.



Senior Women 20K Championship Result						
1	1	1.47.10	Veronica Burke	Ballinsloe & Dist.	20K	SW
2	2	1.47.40	Kate Veale	West Waterford A.C.	20K	SW
11	3	2.03.54	Rachel Glennon	Mullingar Hrs A.C.	20K	SW
8	1	2.03.54	Orlaith Donoghue	Sligo A.C.	20K	JW
12	1	1.33.47	Sinead O'Connor	Celbridge A.C.	15K	SW
5	1	61.58	Siobhan Nash	St. Abban's A.C.	10K	SW
47	1	36.10	Niamh O'Connor	Celbridge A.C.	7K	JW
42	1	41.26	Anna Burke	Celbridge A.C.	7K	Juv
45	1	34.13	Maria Flynn	Naas A.C.	6K	Juv
16	1	26.32	Rachel Conlon	Calry A.C.	5K	SW
33	1	27.19	Eva O'Donoghue	Sligo A.C.	5K	JW
9	1	26.53	Mags O'Connor	St. Joseph's A.C.	5K	MW
17	2	26.59	Sinead McConlon	Finn Valley A.C.	5K	MW
18	3	30.27	Margaret Reid	Finn Valley A.C.	5K	MW
38	4	35.35	Deirdre O'Rourke	Celbridge A.C.	5K	MW
34	1	20.08	Sarah Glennon	Mullingar Hrs	4K	Juv.
43	2	20.47	Emily McHugh	Naas A.C.	4K	Juv.
48	1	16.38	Clare Kennedy	Kilcock A.C.	3k	J W
35	1	16.50	Rebecca Carrol	Celbridge A.C.	3K	Juv.
41	2	18.48	Leah Murphy	Celbridge A.C.	3K	Juv.
40	1	12.02	Rhea Donnelly	Celbridge A.C.	2K	Juv.
10	1	6.26	Niamh O'Connor	St. Joseph's A.C.	1K	Juv.
27	2	6.46	Ava Connors	Celbridge A.C.	1K	Juv.
28	3	6.47	Saoirse Kennedy	Celbridge A.C.	1K	Juv.
29	4	6.57	Abbey Murphy	Celbridge A.C.	1K	Juv.
26	5	7.26	Saoirse Carraher	Celbridge A.C.	1K	Juv.