



5.000 metros Marcha

(Masc)

Final 1

1 °	29 João Vieira	SPORTING C P	1976-02-20	V40	1 9 3 3,41	~
2 °	35 Miguel Carvalho	S L BENFICA	1994-09-02	Sen	1 9 4 4,10	
3 °	36 Miguel Rodrigues	S L BENFICA	1996-11-01	S23	2 0 4 9,85	
4 °	26 Pedro Santos	MARATONA VILA CHÂ	1986-04-25	Sen	2 1 2 6,62	~-<
5 °	30 Paulo Martins	SPORTING C P	1999-01-15	Jun	2 1 2 9,79	
6 °	13 Amaro Teixeira	C ATLETISMO DE SEIA	1989-07-08	Sen	2 1 4 9,46	~
7 °	24 Cristiano António	JUV VIDIGALENSE	1988-10-15	Sen	2 2 0 0,16	
8 °	34 Rúben Santos	C F OLIVEIRA DOURO	2000-06-05	Jun	2 2 0 2,53	
9 °	15 Daniel Gouveia	C ATLETISMO DE SEIA	2000-07-30	Jun	2 2 3 2,37	
10 °	25 Luís Silva	LEIRIA MARCHA ATLÉTI	1970-08-26	V45	2 2 3 6,49	
11 °	20 Cláudio Cotrim	CASA POVO ALCANENA	1996-04-26	S23	2 2 4 4,95	
12 °	33 Vítor Cabral	C F OLIVEIRA DOURO	1998-05-01	S23	2 3 2 3,83	<-<
13 °	31 Ricardo Bernardino	SPORTING C P	1999-06-09	Jun	2 3 2 7,99	<



3.000 metros Marcha

(Fem)

Final 1

1 ^a	17 Ana Cabecinha	C ORIENTAL PECHÃO	1984-04-29	Sen	1 2 3 9,39
2 ^a	19 Edna Barros	C ORIENTAL PECHÃO	1996-12-18	S23	1 2 4 8,51
3 ^a	37 Mara Ribeiro	S L BENFICA	1995-05-11	Sen	1 3 0 7,19
4 ^a	27 Vitória Oliveira	SPORTING C P	1992-08-30	Sen	1 3 1 5,41
5 ^a	22 Nádia Cancela	GRECAS - VAGOS	1993-04-24	Sen	1 3 2 1,62
6 ^a	18 Laura Leal	C ORIENTAL PECHÃO	1996-05-22	S23	1 3 2 7,01
7 ^a	32 Mariana Mota	S L BENFICA	1995-05-27	Sen	1 3 3 9,18
8 ^a	28 Inês Reis	SPORTING C P	1999-07-17	Jun	1 3 5 8,91
9 ^a	21 Joana Pontes	G A CASAIS DO VENTO	2000-03-22	Jun	1 4 0 6,87
10 ^a	11 Alexandra Lamas	A C R SRA DESTERRO	1972-06-19	V45	1 4 3 2,65