

VASCO MARIA

26 - 12 - 1975



Personal Best

5 km. (track)	21:18	Barcellona	09.07.2004
10 km. (road)	43:02	Budapest	20.08.1998
10 km. (track)	43:02	Valencia	21.07.2001
20 km. (road)	1h27:36	Naumburg	02.05.2004

Ranking 20 km. (average = 1h29:21)

01	1h27:36	Naumburg	02.05.2004	06	1h29:51	Zaragoza	08.02.2004
02	1h28:10	Cheboksary	18.05.2003	07	1h30:06	Athens	23.08.2004
03	1h28:47	La Coruña	16.03.2002	08	1h30:09	Prat de Ll.	18.02.2001
04	1h29:06	Tijuana	20.03.2004	09	1h30:11	Dudince	19.05.2001
05	1h29:17	Leamington	20.05.2007	10	1h30:19	Edmonton	09.08.2001

Career Highlights

10 km.

Olympic Games	World Champion.	World Cup	European Champ.	European Cup
1996 = 28°	1995 = 6°	1995 = 27° 1997 = 22°	1998 = 5°	1996 = 13° 1998 = 7°

20 km.

Olympic Games	World Champion.	World Cup	European Champ.	European Cup
2000 = 3° 2004 = 7°	1999 = 10° 2001 = 5° 2003 = Dnf. 2005 = 4°	1999 = 23° 2002 = 8° 2004 = 3°	2002 = Dnf. 2006 = 15°	2000 = Dnf. 2003 = 3° 2007 = 5°

* aggiornato al 15 Aprile 2008