

# TSOUMELÉKA ATHANASÍA

02 - 01 - 1982



### Personal Best

<b>5 km.</b> (track)	<b>22:04</b>	Iráklio	10.04.2003
<b>10 km.</b> (road)	<b>45:15</b>		2002
<b>10 km.</b> (track)	<b>44:10</b>	Pirgos	17.04.2004
<b>20 km.</b> (road)	<b>1h29:12</b>	Athens	23.08.2004

### Ranking 20 km. (average = 1h31:24)

01	<b>1h29:12</b>	Athens	23.08.2004	06	<b>1h31:55</b>	Kastorià	07.06.2003
02	<b>1h29:34</b>	Paris	24.08.2003	07	<b>1h32:05</b>	Athens	12.06.2004
03	<b>1h29:51</b>	Naumburg	02.05.2004	08	<b>1h32:33</b>	Volos	19.05.2002
04	<b>1h30:00</b>	Rio Maior	05.04.2008	09	<b>1h33:32</b>	Athens	10.03.2002
05	<b>1h31:25</b>	Munchen	07.08.2002	10	<b>1h33:55</b>	Bydgoszcz	15.07.2003

### Career Highlights

20 km.

Olympic Games	World Champion.	World Cup	European Champion.
2004 = <b>1°</b>	2003 = 7°	2004 = 14°	2002 = 9°

\* *aggiornato al 15 aprile 2008*