

LU XIUZHI

26 - 10 - 1993



Personal Best

5.000 mt.	(track)	21:26.45	Turin (Ita)	26.05.2018
5 km.	(road)	22:39	Lomello (Ita)	15.04.2018
10 km.	(road)	43:08	Wuzhong (Chn)	15.12.2020
20 km.	(road)	1:25:12	Beijing (Chn)	20.03.2015

Ranking 20 km. (average = 1:27:20)

01	1:25:12	Beijing	20.03.2015	06	1:27:15	Taichang	03.05.2014
02	1:25:51	Huangshan	20.03.2021	07	1:27:45	Beijing	28.08.2015
03	1:26:28	Huangshan	04.03.2017	08	1:27:53	Shenyang	11.05.2013
04	1:27:01	Taichang	30.03.2012	09	1:27:58	Taichang	01.03.2013
05	1:27:10	London	11.08.2012	10	1:28:07	Huangshan	06.03.2016

Career Highlights

20 km.

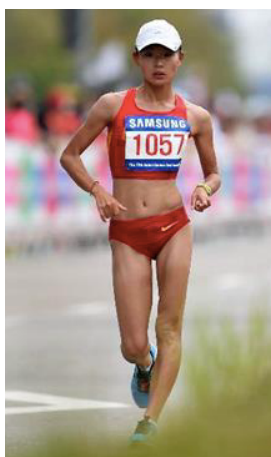
Olympic Games	World Championships	World Cup	Asian Games
2012 = 4° 2016 = 3°	2015 = 2° 2017 = Dq.	2012 = 3° 2014 = 6° 2016 = 5°	2014 = 1°

* update at 30 December 2021

Others Results 20 km.

11	1:28:36	Rome	07.05.2016	21	1:31:04	Huangshan	03.03.2018
12	1:28:42	Rio de Janeiro	19.08.2016	22	1:31:06	Incheon	28.09.2014
13	1:28:57	Huangshan	27.02.2014	23	1:32:01	La Coruña	08.06.2019
14	1:29:06	Xi'an	07.09.2018	24	1:32:31	Xintai	12.03.2011
15	1:29:50	Baoji	17.09.2011	25	1:32:31	Tai'an	20.09.2020
16	1:29:51	Taichang	07.05.2018	26	1:33:49	Xi'an	20.09.2021
17	1:29:55	Saransk	13.05.2012	27	1:34:54	Suzhou	20.10.2019
18	1:30:04	Leshan	06.09.2019	29	1:36:04	Changbaishan	13.09.2014
19	1:30:06	Taichang	22.04.2011	29	1:36:51	Zhengzhou	21.05.2017
20	1:31:01	Taichang	15.04.2017	30	1:38:15	Dublin	26.06.2011





All races from 2018 to 2021

Gg.		Place	Km.	Plac.	Time	Intermediate Time
2018						
1	04.02	Genova * Italian National Race	km. 10	2°	46:02	23:13 * 22:49
2	03.03	Huangshan * Chinese Selection	km. 20	7°	1:31:04	22:21 * 44:19 * 1:07:24
3	18.04	Lomello * Italian Regional Race	km. 5	1°	22:39	====
4	26.05	Torino * Italian C.D.S. track	km. 5	2°	21:26	4.21 * 4.17 * 4.11 * 8.27
5	07.09	Dali * Chinese Champiomships	km. 20	1°	1:29:06	22:04 * 44:18 * 1:06:51
2019						
6	09.03	Huangshan * Chinese selection	km. 20	Dnf.	====	22:33 * 43:06
7	01.06	Mondovi * Italiana C.d.S. track	km. 5	3°	22:45	4.31 * 4.31 * 13:43
8	08.06	La Coruna * W.A. Race Walking	km. 20	20°	1:32:01	22:00 * 44:25 * 1:07:55
9	06.09	Leshan * Chinese Championsh.	km. 20	1°	1:30:04	22:28 * 45:03 * 1:08:01
10	20.10	Suzhou * W.A. Race Walking	km. 20	10°	1:34:54	====
11	21.10	Mudu * Around Taihu	km. 12	4°	55:57	====
12	22.10	Mudu * Around Taihu	km. 12	2°	52:50	====
2020						
13	08.05	Qinquandao * National Race	km. 10	2°	44:24	22:23 * 22:01
14	20.09	Tai'an * National Championships	km. 20	6°	1:32:31	23:10 * 46:02 * 1:08:59
15	13.12	Wuzhong * Around Taihu	km. 15	2°	1:04:55	21.48 * 43.10 * 1.04.55
16	15.12	Wuzhong * Around Taihu	km. 10	3°	43:08	21.42 * 21.26
17	20.12	Suqian * National Race	km. 15	4°	1:04:51	21:45 * 43:06 * 1:04:51
2021						
18	20.03	Hungshan * Chinese Selection	km. 20	4°	1:25:51	21:03 * 42:11 * 1:04:04
19	24.09	Xi'an * Chinese Games	km. 20	13°	1:33:49	22:47 * 45:58 * 1:09:58

