

TOMALA DAWID

27 - 08 - 1989



Personal Best

5.000 mt. (indoor)	19:13.16	Spala (Pol)	17.02.2013
5.000 m (track)	19:16.93	Gdansk (Pol)	01.06.2013
5 km. (road)	20:02	Simnas (Ltu)	10.06.2018
10.000 mt. (track)	40:17.62	Lublin (Pol)	20.08.2018
10 km. (road)	40:11	Koatowiew (Pol)	07.09.2013
20 km. (road)	1:20:30	Olomouc (Pol)	30.03.2013
50 km. (road)	3:49:23	Dudince (Swk)	20.03.2021

Ranking 20 km.

(average = 1:21:50)

01	1:20:30	Olomuc	30.03.2013	06	1:21:55	London	04.08.2012
02	1:20:50	Zaniemsyl	20.04.2012	07	1:22:28	Dudince	19.03.2016
03	1:21:00	Alytus	14.06.2013	08	1:22:31	Zaniemsyl	24.04.2020
04	1:21:33	Zaniemsyl	13.04.2019	09	1:22:44	Warsawa	23.06.2018
05	1:21:50	Alytus	10.06.2016	10	1:23:02	Lugano	16.03.2014

Results 50 km.

01	3:49:23	Dudince	20.03.2021	02	3:50:08	Sapporo	06.08.2021
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Career Highlights

50 km.		20 km.	
Olympic Games	Olympic Games	World Championships	World Cup
2021 = 1°	2012 = 19°	2013 = Dnf. 2019 = 32°	2010 = 35° 2012 = Dnf. 2016 = 35° 2018 = 48°
20 km.		10.000 Mt.	
European Championships	European Cup	European Under 23	World Championships Under 20
2010 = 17° 2018 = 19°	2009 = 16° 2019 = 33° 2021 = 25°	2009 = 7° 2011 = 1°	2008 = 8°

* Update at 31 December 2021



OTHERS RESULTS 20 KM.

11	1:23:07	Rome	07.05.2016	24	1:25:06	Berlin	11.08.2018
12	1:23:18	Toruń	20.07.2013	25	1:25:26	Kaunas	18.07.2009
13	1:23:28	Alytus	17.06.2011	26	1:25:50	Barcelona	27.07.2010
14	1:23:29	Siedlce	06.06.2021	27	1:26:31	Warszawa	17.09.2011
15	1:24:21	Ostrava	17.07.2011	28	1:27:31	Alytus	19.05.2019
16	1:24:25	Zaniemsyl	14.04.2018	29	1:27:36	Nowa Deba	14.09.2008
17	1:24:36	Bielsko-Biala	16.06.2012	30	1:28:08	Nowa Deba	18.06.2017
18	1:24:41	Alytus	09.06.2017	31	1:28:27	Bielsko-Biala	30.08.2009
19	1:24:44	Warszawa	26.09.2020	32	1:29:04	Taicang	06.05.2018
20	1:24:49	Zaniemsyl	18.04.2011	33	1:29:21	Chihuahua	16.05.2010
21	1:24:51	Zaniemsyl	18.04.2009	34	1:30:56	Metz	24.05.2009
22	1:24:54	Poděbrady	16.05.2021	35	1:32:33	Bierun	22.09.2007
23	1:25:02	Alytus	12.06.2015	36	1:38:15	Doha	04.10.2019

