

HILBERT JONATHAN

21 - 04 - 1995



Personal Best

5.000 mt.	(track)	20:54.43	Frankfurt-Kalbach (Ger)	02.02.2014
10.000 mt.	(track)	42:07.22	Bühlertal (Ger)	11.06.2016
10 km.	(road)	42:09	Poděbrady (Cze)	12.04.2014
20 km.	(road)	1:23:26	Bydgoszcz (Pol)	16.07.2017
50 km.	(road)	3:43:44	Frankfurt (Ger)	10.04.2021

Ranking 20 km.

(average = 1:26:49)

01	1:23:26	Bydgoszcz	16.07.2017	01	3:43:44	Frankfurt	10.04.2021
02	1:23:37	Poděbrady	06.04.2016	02	3:50:44	Sapporo	09.08.2021
03	1:23:48	Naumburg	23.04.2017	03	3:51:22	Ashersleben	14.10.2018
04	1:24:43	Poděbrady	21.05.2017	04	3:58:21	Alytus	19.05.2019
05	1:26:15	Poděbrady	11.04.2015	05	4:05:48	Gleina	14.10.2017
06	1:27:21	Naumburg	13.04.2019	06	4:30:43	Doha	28.09.2019
07	1:28:15	Naumburg	22.05.2016				
08	1:29:31	Alytus	13.06.2014				
09	1:30:25	Tallin	10.07.2015				
10	1:30:45	Naumburg	19.04.2015				

Results 50 km.

Career Highlights

50 km.

Olympic Games	World Championships	European Cup
2021 = 2°	2019 = 23°	2019 = 17°
20 km.	10.000 Mt.	10 km.
European Under 23	World Championships Under 20	European Cup Under 20
2015 = 13°	2014 = 17°	2013 = 24°

* update at 31 december 2021

