

PINTADO BRIAN DANIEL

29 - 07 - 1995



Personal Best

5.000 mt. (track)	21:28.39	Fortaleza (Bra)	11.05.2011
10.000 mt. (track)	39:08.36	Guayaquil (Ecu)	18.04.2021
10 km. (road)	41:35	Ciudad de Guatemala (Gua)	25.05.2013
20.000 mt. (track)	1:25:25	Lima (Per)	12.06.2015
20 km. (road)	1:20:15	La Coruña (Esp)	05.06.2021

Ranking 10.000 Mt. track

(average = 42:14.01)

01	39:08.36	Guayaquil	18.04.2021
02	40:46.17	Cuenca	27.03.2016
03	41:21.97	Medellin	24.08.2013
04	42:02.20	Chaco	10.10.2013
05	42:19.42	Cuenca	29.06.2014
06	42:31.09	Cuenca	14.03.2015
07	42:44.02	Lille	09.07.2011
08	42:58.94	Cuenca	20.11.2016
09	45:13.84	Barcelona	13.07.2012
10	46:06.00	Cuenca	22.01.2012

Ranking 20 km.

(average = 1:21:26)

01	1:20:15	La Coruña	05.06.2021
02	1:20:44	La Coruña	08.06.2019
03	1:21:01	Macas	13.03.2021
04	1:21:17	London	13.08.2017
05	1:21:39	La Coruña	03.06.2017
06	1:21:49	Roma	07.05.2016
07	1:21:51	Lima	04.08.2019
08	1:21:59	Guayaquil	07.05.2021
09	1:22:21	Taicang	06.05.2018
10	1:22:53	Macas	15.02.2020

Career Highlights

20 km.

Olympic Games	World Championships	World Cup	Pan American Games	Pan American Cup
2016 = 37° 2021 = 12°	2017 = 18° 2019 = 23°	2016 = 24° 2018 = 5°	2019 = 1°	2015 = Dnf. 2017 = 22° 2021 = 4°

10.000 Mt. / 10 km.

World Champion. Under 20	World Cup Under 20	Pan American Games U.20	Pan American Cup Under 20	World Youth Championships
2012 = 31° 2014 = Dq.	2012 = 13° 2014 = Dq.	2013 = 2°	2011 = 6° 2013 = 4°	2011 = 10°

* Update at 31 december 2021





OTHERS RESULTS 20 KM.

11	1:22:54	Sapporo	05.08.2021	23	1:26:55	Sucúa	09.03.2019
12	1:22:57	Sucúa	15.04.2017	24	1:27:07	Guayaquil	03.04.2016
13	1:23:35	Valley Cottage	25.10.2015	25	1:27:11	Rio Maior	06.04.2013
14	1:23:44	Rio de Janeiro	12.08.2016	26	(p) 1:27:26	Cuenca	26.08.2017
15	1:24:16	Sucúa	10.03.2018	27	1:28:20	Santa Marta	22.11.2017
16	1:24:30	Sucúa	05.03.2016	28	1:28:22	Sucúa	04.04.2015
17	1:24:56	Cochabamba	05.06.2018	29	1:28:39	Lima	13.05.2017
18	(p) 1:25:25	Lima	12.06.2015	30	1:28:40	Podêbrady	12.04.2014
19	1:25:32	Lima	07.03.2020	31	(p) 1:32:24	Cuenca	17.05.2013
20	1:25:51	Naumburg	19.04.2015	32	1:33:48	Doha	04.10.2019
21	1:26:35	Lázaro Cárdenas	20.04.2019	33	1:37:58	Zaniemsyl	20.04.2013
22	1:26:55	Sucúa	27.01.2018				

