

TSYBULSKAYA VALENTINA

17 - 03 - 1968

Personal Best

5 km.	<i>(track)</i>	21:15	Druskinkai	09.09.1996
10 km.	<i>(road)</i>	42:06	Eisenhüttenstadt	08.05.1999
10 km.	<i>(track)</i>	43:49	Athens	07.08.1997
10 km.	<i>(road)</i>	1h28:10	Paris	24.08.2003
20 km.	<i>(track)</i>	1h33:25	Brisbane	06.09.2001

Ranking 10 km. (average = 43:00)

01	42:06	Eisenhütten.	08.05.1999
02	42:21	Eisenhütten.	10.05.1997
03	42:35	Brest	25.02.1995
04	42:54	Podebrady	19.04.1997
05	43:05	Eisenhütten.	11.05.1996
06	43:16	Novopolotsk	21.05.1994
07	43:21	La Coruña	20.04.1996
08	43:21	Atlanta	29.07.1996
09	43:27	Hildesheim	24.08.2002
10	43:34	Göteborg	07.08.1995



Ranking 20 km. (average = 1h30:21)

01	1h28:10	Paris	24.08.2003
02	1h28:49	Edmonton	09.08.2001
03	1h29:20	Brest	05.06.1999
04	1h30:19	Eisenhüttenstadt	17.06.2000
05	1h30:37	Dudince	19.05.2001
06	1h30:37	Turin	12.10.2002
07	1h30:44	La Coruña	05.06.2004
08	1h31:08	Sesto S. G.	01.05.2003
09	1h31:49	Athens	23.08.2004
10	1h32:03	La Coruña	07.06.2003

Career Highlights

10 km.

Olympic Games	World Champion.	World Cup	European Champ.	European Cup
1996 = 8°	1995 = 12° 1997 = 3°	1993 = 35° 1995 = 14° 1997 = 11°	1994 = 12° 1998 = 15°	1996 = 6° 1998 = 17°

Olympic Games	World Championships	World Cup	European Cup
2000 = 28° 2004 = 15°	2001 = 2° 2003 = 3°	1999 = 25° 2002 = 7° 2004 = 37°	2000 = 8° 2001 = 8° 2005 = 22°