

Christopher Snook & Erika Kelly





England Athletics Winter Race Walk Champions, Leeds



SELECTION POLICIES PUBLISHED FOR THE 2022 WORLD CHAMPSHIPS AND THE 2022 EUROPEAN CHAMPIONSHIPS

UK Athletics has published the selection policies for the 2022 World Athletics Championships in Oregon, and the 2022 European Championships in Munich.

UKAs' objective for the **2022 World Athletics Championships** is to optimise medal success and the percentage of athletes progressing through rounds to reach finals.

All athletes who achieve qualifying standards for the World Athletics Championships will be selected subject to form and fitness (maximum three per event). Also, qualification via World Ranking will play an important part in the selection process. This step has been taken to ensure we are taking a competitive team to Oregon and using an approach which is fair across all event groups.

For the **2022 European Championships**, our objective is to optimise medal success and to provide international experience for developing and established British athletes. UKA aim to select a large team for the Championships as in previous years, with the intention to accept all ranking invitations subject to the criteria laid out in the policy.

There will be no trial for the Europeans, however, all top eight finishers at the 2022 World Athletics Championships who have achieved the European Athletics qualification standard(s) during the qualification period, will be automatically selected.

Full policies at <u>https://www.uka.org.uk/performance/2022-selection-policies/</u> Key Information:

World Athletics Championships 15-24 July

Trial Events:

Marathon: 2021 London Marathon – 1 automatic position available 10,000m: 2022 Night of 10,000m PBs, 14th May 2022 – 2 automatic positions available

20km Race Walk: Event venue tbc, weekend of 30th April or 7th May 2022– 2 automatic positions available

Combined Events – No Trial event*

35km Race Walk – No Trial event*

All other events – Muller British Athletics Championships Manchester, 24th-26th June 2022 – 2 automatic positions available

Selection will take place on 27th June.

European Athletics Championships 15-21 August

Trial Events:

Marathon: 2022 Manchester Marathon, 3rd April 2022 – 2 automatic positions available (elite entry process will be confirmed soon)

All other events: No Trial event

Selection to take place after World Championships on 1st August.

*Given the limited qualification opportunities for these disciplines, there will be no specified trial in order to provide athletes the flexibility to target specific events that will best support them to achieve a qualification standard.

The UKA standards for the World Championships are:

Event	Women
20km	1:32:15
35km	2:54:00 (4:25:00 @ 50km)
	20km

The UKA standards for the European Championships are:

Men	Event	Women
1:22:10	20km	1:32:15
2:35:30 (3:54:00 @ 50km)	35km	2:55:00 (4:25:00 @ 50km)

DATES FOR YOUR DIARY

UKA Publish 2022 Fixture Calendar – Further Update

UKA have published the fixture list for 2022 and listed below are the events that include a race walk, which has been further updated with additional information.

Date	Event	Venue
8-9 Jan.	England Athletics Indoor Walks	E.I.S. Sheffield
5 Feb.	England Athletics Winter RW Championships	Leeds Beckett Uni.
25-27 Feb.	British Athletics Indoor Championships	N.I.A. Birmingham
5-6 Mar.	British Masters Indoor Championships	Lee Valley
19 Mar.	Molly Barnett including EA U20/Sen 10,000m	Coventry
24-26 Jun.	UK Athletics Outdoor Championships	Manchester
16-17 Jul.	England Athletics U20/U23 Championships	Bedford
30-31 Jul.	England Athletics Senior Championships	Bedford
17 Aug.	Manchester International	Manchester
27-28 Aug.	England Athletics U15/U17 Championships	Bedford
17 Sept.	English Schools Championships	Bedford
23 Oct.	UKA 35km Race Walking Championships	Leeds, Brownlee

Manchester International 2022: After careful consideration of the competition season in 2022, England Athletics have taken the decision to not stage the Manchester International this year.

The summer season is heavily congested with fixtures and the focus of England Athletics' events staff is on delivering their established Championship programme as well as being responsible for managing the England track and field team at the 2022 Commonwealth Games in Birmingham. They will retain the date in the calendar for 2023 with the aim of returning the Manchester International next year.

England Athletics has previously linked the winning place at the England Senior Championships with an England Senior representative vest at the Manchester International. To continue this practice of rewarding the Senior Track and Field Championship winners, and to replace the Manchester International offer for 2022, the decision has been taken to award a competition training grant of £500 to the 1st England Athletics qualified finisher, in each event, at the England Senior Track and Field Championships in Bedford on 30/31 July 2022.

- Training grants will be awarded to English athletes only, who are currently (at the time of the England Athletics Senior Championships in 2022) eligible to represent and compete for England at the Commonwealth Games
- The training grant will be awarded to the first English qualified athlete (as defined above) at the 2022 England Athletics Senior Championships. Training grants are awarded to the athlete to cover expenses incurred in competing at international or national level competition/camps prior to end March 2023. The athlete can support their coaches' expenses to attend such camps/competitions as well.





A SQUAD OF FIVE BRITS ARE SELECTED FOR THE WORLD ATHLETICS RACE WALKING TEAM CHAMPIONSHIPS

UK Athletics has today (8th Jan.) announced the five-strong team which will head to Muscat, Oman next month for the World Athletics Race Walking Team Championships.

British record holder in the 20km race walk Tom Bosworth (Andi Drake, Tonbridge), and Cameron Corbishley (Andi Drake, Medway and Maidstone) will contest the distance at the event.

Bosworth, who finished 25th in Japan last summer, was 14th at the last edition of this Championship in 2018, while Corbishley will make his debut at a World Athletics Race Walking Team Championships.

The Welsh duo of Bethan Davies (Andi Drake, Cardiff) and Heather Lewis (Martin Bell, Pembrokeshire) will line-up in the senior women's 20km race. Lewis topped the UK rankings in 2021 following her PB of 94:13 which she set in Podebrady last May.

Over the 35km race walk distance, Dominic King (George Nibre, Colchester) will represent the British team. The new distance replaces the 50km race walk in the international programme so it will be the first time the event has taken place at these Championships.

Team Leader, Andrew Shaw, said: "We are pleased to be selecting these five athletes to compete at the Championship in Muscat. The event will provide a great opportunity for our race walkers to take on the world's best early in the year, so we are looking forward to seeing how they perform next month."

The British team for the World Athletics Race Walking Team Championships in Muscat, Oman on 4-5 March 2022:

Men's 20km		
Tom Bosworth	Tonbridge Athletic Club	Andi Drake
Cameron Corbishley	Medway & Maidstone	Andi Drake
Women's 20km		
Bethan Davies	Cardiff A.A.C.	Andi Drake
Heather Lewis	Pembrokeshire Harriers	Martin Bell
Men's 35km		
Dominic King	Colchester Harriers	George Nibre
Source: UK Athletics Webs	site	

Peter Marlow retires after 48 years on R.W.A. Committee

Peter Marlow has announced his retirement from the Race Walking Association General Committee, due to ongoing helath problems, after 48 years continual membership.

During his period in office, he has served President, General Secretary, Championship Secretary, and editor of the Race Walking Record.

Peter was responsible for organising many National Championships, European, Commonwealth and Olympic races, and trial races for these international competitions. Along with Pam Ficken he was co-organiser for the tribute luncheons at London's Tower Hotel.

Peter, we thank you.



Jan. 2022Pauline WilsonBob DobsonGraham ChapmanIt is £12 per number per year, so if you wish to join, please contact Mark Easton(rwatreasurer@yahoo.co.uk)

RANKINGS

Commonwealth Ranking Lists

Mark Wall has compiled these lists by combining 2021 & 2022. He has left out known retirees and combined 10km-Road and 10,000m -Track. He went down to 15th in the women to give a reasonable spread and not to overload with one or two nations and to maintain a reasonable standard. Similarly with the men, he went deeper to get a few more nations in - high 43s'. Two noticeable absentees are the 2018 gold and silver medal winners Dane Bird-Smith AUS and Tom Bosworth ENG. This may be addressed through the year.

Women's 10 000m	(from 6 th Feb	2021 to 5 th Feb. 2022)	
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Perf.	Athlete	Born	Count		Date	Track/Road
42:39.2	Jemima Montag	1998	*	AUS	22/01/2022	Track
43:46.0	Katie Hayward	2000		AUS	15/04/2021	Track
45:13.8	Rebecca Henderson	2001		AUS	15/04/2021	Track
45:21.7	Bethan Davies	1990		WAL	15/08/2021	Track
45:24.1	Olivia Sandery	2003	**	AUS	15/01/2022	Track
45:36.1	Clara Smith	1998	*	AUS	22/01/2022	Track
45:53.0	Heather Lewis	1993	***	WAL	19/12/2021	Road
47:53.6	Munita Prajapati	2002	8	IND	09/02/2021	Track
48:04.0	Alana Peart	1992	*	AUS	27/03/2021	Road
48:06.0	Zelda Botha	1992		RSA	18/06/2021	Road
48:19.7	Fadekemi Olude	1998		NGR	12/03/2021	Track
48:19.9	Baljeet Kaur	2002		IND	09/02/2021	Track
48:23.9	Roji Patel	2001	*	IND	09/02/2021	Track
48:33.5	Marissa Swanpoel	2002	>	RSA	10/04/2021	Track
48:34.3	Emily Wamusyi Ngii	1986	_; _	KEN	15/05/2021	Track
48:43.9	Margaret Gati Chacha		_; _	KEN	02/07/2021	Track
Men's 10	,000m (from 6 th Feb. 2	021 to 5'	* Feb.	2022)		
Perf.	Athlete	Born	Count	try	Date	Track/Road
38:39.7	Evan Dunfee	1990	*	CAN	12/06/2021	Track
39:01.3	Declan Tingay	1999	₩	AUS	22/01/2022	Track
39:05.8	Callum Wilkinson	1997	-	ENG	06/03/2021	Track
39:22.0	Kyle Swan	1999	₩	AUS	22/01/2022	Track
40:00.0	Rhydian Cowley	1991	₩	AUS	23/05/2021	Road
40:35.2	Quentin Rew	1984	** ÷	NZL	16/01/2022	Track
41:00.3	Will Thompson	2002	₩	AUS	22/01/2022	Track
41:06.0	Lebogang Shange	1990	>	RSA	26/06/2021	Road
41:08.4	Paramdeep Mor	2001	8	IND	27/01/2021	Track
41:17.4	Suraj Panwar	2001	8	IND	07/02/2021	Track
41:39.0	Tyler Jones	1998	₩	AUS	22/02/2022	Track
42:03.8	Samuel Gathimba	1987	_; _	KEN	27/02/2021	Track
42:05.2	Cameron Corbishley	1997	H	ENG	06/03/2021	Track
42:10.8	Heristone Wanyonyi	2003		KEN	21/08/2021	Track
42:14.0	Vishvendra Singh	2002	8	IND	15/05/2021	Road
42:15.9	.Amit	2003	8	IND	08/02/2021	Track
42:16.0	Paramjeet Singh Bisht	2002	8	IND	14/02/2021	Road
42:19.3	Carl Gibbons	1996	₩	AUS	16/04/2021	Track
42:26.9	Corey Dickson	2002	₩	AUS	16/04/2021	Track
42:27.6	Tim Fraser	2000	₩	AUS	22/02/2022	Track
42:29.0	Mitchell Baker	2001	₩	AUS	16/04/2021	Track
42:41.5	Simon Wachira	1984		KEN	15/05/2021	Track
42:44.2	Sanjay Kumar	2001	8	IND	27/01/2021	Track
42:46.2	Bajarangi Prajapati	2003	8	IND	27/01/2021	Track
43:13.5	Stephen Mutuku		==	KEN	15/05/2021	Track
43:27.6	Christopher Snook	2000	Ħ	ENG	05/02/2022	Track
43:36.5	Bajarangi Prajapati	2003		IND	08/02/2021	Track
43:36.9	Aditya Negi	2004		IND	08/02/2021	Track
43:37.9	Anshul Dhaundiyal	2004		IND	08/02/2021	Track
43:33.6	Tristan Camilleri	2001	₩	AUS	31/01/2021	Track
43:43.2	Tom Partington	1999	₹¥	IOM	15/08/2021	Track
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In his update on the lists to February 6th he has included athletes who did not record 10km/10,000m performances outside of a 10km split in a 20km. He has added some obvious anomalies, also some will be quicker than what they achieved at the shorter distance:

Men's 20km (from 6th Fe	eb. 2021 to 5 th Feb. 2022)
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Perf.	Athlete	Born	Country	r	Date	Track/Road
1:18:23	Samuel Gathimba	1987	;_	KEN	18/06/2021	Road
1:20:16	Sandeep Kumar	1996		IND	13/02/2021	Road
1:20:26	.Rahul	1996		IND	13/02/2021	Road
1:20:32	Callum Wilkinson	1997		ENG	05/06/2021	Road
1:20:59	Wayne Snyman	1985	>	RSA	20/03/2021	Road
1:21:37	Tom Bosworth	1990		ENG	05/06/2021	Road
1:21:49	Rhydian Cowley	1991	¥¥	AUS	04/01/1991	Road
1:21:49	Simon Wachira	1984	 ;	KEN	18/06/2021	Road
1:22:50	Cameron Corbishley	1997		ENG	16/05/2021	Road

Mark will try to update these lists over the coming months including only performances in the preceding 12 months. It should frame something of a form sheet. Some athletes may target only Eugene and at 35km.

National Championships

England Athletics Indoor Championships, Sheffield (9th Jan.) Tom Partington and Hannah Hopper won the England Athletics Indoor

Championships held at the English Institute of Sport in Sheffield.

The men's result, barring any disqualifications, was decided early on as the field became spread out. The women started 20 seconds after the men with the field being led away by junior Hannah Hopper, with the majority of the field bunched behind her. Maddy Shott took the lead around mid-way, but Hopper retook the lead a lap later. With three laps to go three walkers were in contention for the win. Over the last two laps Hopper managed to pull away to take the win in her first sub-15 minute clocking for the 3000m.

Men's 3000m

Pos	Athlete	AG	Club	Perf.	
1	Tom Partington	U23M	Manx Harriers	12:59.04	
2	Luc Legon	SENM	Bexley Athletic Club	13:45.64	
3	Christian Hopper	U20M	Cambridge Harriers	14:38.03	
Women's 3000m					
Pos	Athlete	AG	Club	Perf.	
1	Hannah Hopper	U20W	Cambridge Harriers	14:41.65 [PB]	
2	Jasmine Nicholls	SENW	Leicester Walking Club	14:54.79	
3	Abby Hughes	U20W	Taunton Athletic Club	15:02.12	
4	Erika Pontarollo	SENW	Hyde Park Harriers/ITA	16:37.74	
	Mia Dunwell	U20W	Northern (IOM) AC	DQ TR 54.7.1	
	Maddy Shott	SENW	Clapham Chasers	DNF	

England Athletics Winter Race Walking Championships, Leeds Beckett University Athletics Centre (Sat. 5th Feb.)

Chris Snook (Aldershot Farnham & District/Leeds Beckett University, Verity Snook) and Erika Kelly (Northern AC, Isle of Man, Tom Craggs) took the first ever England Athletics Winter Race Walking Championships titles over 10,000m in challenging conditions, reports Ian Richards. Like most of the North of England on Saturday the track at Leeds Beckett University was battered by strong and gusty winds which made chasing fast times particularly difficult. Snook the Leeds Beckett student competing on his home track was dominant form the gun and despite the tough conditions produced a track personal best of 43:27.6 Behind him Tom Partington (Manx Harriers: Steve Partington) took the silver medal in 45:18.3, but the winds mean he was unable to chase the Isle of Man Qualifying time for the Commonwealth Games. George Wilkinson (Enfield & Harringay) took the bronze medal in 47:14.1 ahead of Luc Legon (Bexley AC, Noel Carmody) 47:46.4. Ireland's European Under 20 6th Placer Oisin Lane took 2nd in the race in 44:26.7 after serving a minute penalty in the penalty zone. Christian Hopper (Cambridge Harriers, Noel Carmody) was the leading Under 20 English athlete in 49:56.8.

In the Women's 10,000 metres Erika Kelly making a welcome return to competition took the English title in 51:41.6. Like compatriot Partington, the conditions put paid to her hopes of chasing the Isle of Man Commonwealth Qualifying time. Abigail Jennings (Aldershot Farnham & District, Verity Snook) closed in on Kelly over the last few laps to finish just behind her in a big new personal best of 51:46.2. Under 20 Millie Morris (Ashford AC/Leeds Beckett University; Chris Hobbs) competing on her home track, battled off the after effects of a recent bout of COVID to take the bronze medal in 54:52.9. The race



was won by Wales Heather Lewis (*pictured*) (Pembrokeshire Harriers, Chris Jones) in 46:47.6 despite the tough conditions. Welsh compatriot and British 35km Record Holder, Bethan Davies (Cardiff AAC, Andi Drake) was 2nd in 48:17.8.

In the supporting 5,000 metres races, Ireland's Kate Veale won the women's race in 23:18.2. Welsh athlete Gracie Griffiths (Pembrokeshire Harriers, Heather Lewis) took 2nd place (25:38.2) in a tight battle with Ireland's Aisling Lane (25:38.8). Griffiths had built up a lead of over 100

metres but had to serve a 30 second penalty on the last lap when receiving a 3rd red card from the judges. Despite this penalty this was a new Welsh Under 17 Record.

Men's 5000m

Pos	Athlete	AG	Club	Perf.
1	Akash Nandwani	U23M	Hyde Park Harriers/ESP	25:27.10
2	Ellis Simmonds	U17M	Derbyshire & S. Yorkshire	26:38.20 [PB]
Wom	en's 5000m			
Pos	Athlete	AG	Club	Perf.
1	Kate Veale	SENW	Ireland	23:18.20
2	Gracie Griffiths	U18W	Pembrokeshire Harriers	25:38.20 [PZ/NR]
3	Aisling Lane	U18W	Ireland	25:38.80
4	Mia Dunwell	U18W	Northern (IOM) A.C.	26:25.80
5	Erika Pontarollo	SENW	Hyde Park Harriers/ITA	27:50.60
6	Sarah Glennon	U23W	Ireland	27:57.30
7	Ciara Wilson-Bowen	U18W	Ireland	28:16.80
8	Siobhan Doherty	U23W	Ireland	29:02.20
9	Eabha de Faolte	U20W	Ireland	30:43.20



Men's 10,000m (TPB = Track PB)

Pos	Athlete	AG	Club	Perf.
1	Christopher Snook	U23M	Aldershot Farnham & D.	43:27.60 [TPB]
2	Oisin Lane	U23M	Ireland	44:26.70 [PZ]
3	Tom Partington	U23M	Manx Harriers	45:18.30 [SB]
4	Joe Mooney	SENM	Ireland	46:26.60
5	George Wilkinson	U23M	Enfield & Haringey AC	47:14.10
6	Luc Legon	SENM	Bexley Athletic Club	47:46.40 [TPB]
7	Andrew Glennon	U18M	Ireland	47:49.50
8	Christian Hopper	U20M	Cambridge Harriers	49:56.80 [PB]
9	David Annetts	M55	North Herts R.R.	54:47.90



Women's 10,000m (TPB = Track PB)

Pos	Athlete	AG	Club	Perf.
1	Heather Lewis	SENW	Pembrokeshire Harriers	46:47.60
2	Bethan Davies	SENW	Cardiff A.A.C.	48:17.80
3	Erika Kelly	SENW	Northern (IOM) A.C.	51:41.60
4	Abigail Jennings	U23M	Aldershot Farnham & D.	51:46.20 [PB]
5	Millie Morris	U20W	Ashford Athletic Club	54:52.90 [TPB]
6	Abigail Smith	U20W	Blackheath & Bromley	57:15.20 [PB]
7	Grazia Manzotti	W50	Tonbridge Athletic Club	57:22.20 [PB]
8	Beatrice Fury	U23W	Medway & Maidstone	57:39.00 [PB]

Domestic 'A' Permit Races

Up and Running Winter Walking League – Round 4 – National Sports Centre Roadway, Douglas (Sun. 9th Jan.)

Mixed 10km

Pos Athlete		AG	Club	Perf.
1 Gianni Epifani		M50	Manx Harriers	49:34
2	Simon Gawne	SENM	Manx Harriers	53:54 [PB]
3	Adam Killip	SENM	Manx Harriers	55:47
4	Stewart Jones	M50	Manx Harriers	56:16
5	James Quirk	M40	Manx Harriers	58:59
6	Tony Edwards	M55	Manx Harriers	59:14
7	Neil Wade	SENM	Unattached	59:58
8	Hannah Moore	SENW	Unattached	64:49
9	Chloe Spooner	SENW	Unattached	66:00
10	Dick Callin	M60	Unattached	66:11
11	Ian Callister	M65	Manx Harriers	66:51
12	Colin Moore	M60	Isle of Man Veterans	67:26
13	Andy Baxendale	M50	Isle of Man Veterans	68:55
14	Phil Morris	M40	Unattached	76:14
15	Alan Gault	M65	Isle of Man Veterans	78:06
16	Gordon Erskine	M75	Unattached	78:06

Mixed 5km

Mixed	Vixed 5km					
Pos	Athlete	AG	Club	Perf.		
1	Erika Kelly	SENW	Northern (IOM) AC	24:09		
2	Lorna Gleave	W35	Manx Harriers	29:59		
3	3 Kathryn Clough		Isle of Man Veterans	33:59		
4	4 Vicki Heavey		Northern (IOM) AC	34:09		
5	5 Amy Sykes		Unattached	35:51		
6 Renee Michalogiannis		W40	Unattached	38:40		
7 Melissa Lines		W40	Black Pear Joggers	40:13		
8 Kate Jones		W40	Unattached	44:41		
Junio	2km					
Pos	Athlete	AG	Club	Perf.		
1	Amy Surgeon	U13G	Manx Harriers	14:31		
Mixed Junior 1km						
Pos	Athlete	AG	Club	Perf.		
1	Lilee Fletcher	U11G	Manx Harriers	05:52		
2	Finn Gleave	U11B	Manx Harriers	06:38		
3 Noah Sykes		U11B	Manx Harriers	06:38		
4 Charlie Coole		U11B	Northern (IOM) AC	06:44		
5	Jay Jay Fletcher	U11B	Manx Harriers	07:34		
6 Theo Sykes		U11B	Northern (IOM) AC	08:27		
7	7 Leo Gleave		Unattached	11:29		

Rest in Peace

The Race Walking Association is saddened to report the passing of the following:

- Geoff Hunwicks (Ilford A.C. & Weymouth St. Pauls Hs.) (Click <u>here</u> for obituary on Ilford AC website)
- Graham Peddle MBE (Surrey Walking Club) (Click <u>here</u> for obituary on Fetcham Residents website)
- John Price (Centurion 214) (Birmingham Walking Club)
- Ray Platt (Centurion 939) (Southend-on-Sea A.C.)
- Andrea Ingram (Lewes Athletic Club)
- Len Armstrong (Redcar Race Walking Club)
- Peter Goodchild (Centurion 471) (Surrey Walking Club)

Domestic 'B' Permit Races

Enfield Race Walking League, 5 Mile, Donkey Lane, Enfield (Sat. 15th Dec.)

The 24th edition of the ERWL got underway in slightly misty, but relatively mild conditions, *reports Ron Wallwork*, following a few moments of reverence acknowledging the recent death of Geoff Hunwicks who won this equivalent race on the 15th January 2000.

Olympian and Centurion Dominic King, as he did in the Open Seven last November, soon distanced himself from the rest of the field and won comfortably. Abigail Jennings leading a very promising young AFD team also enjoyed a good winning margin. In the pack there was some furious competition; Walsh, Peddle, Dyos and Chapman and Arthur, Blatchford, and Tweed, it was good to watch.



Mixed 5 Mile (B)					
Pos	Athlete	AG	Club	Perf.	
1	Dominic King		Colchester Harriers	35:15	
2	George Wilkinson		Enfield & Haringey AC	38:12	
3	Dave Annetts		North Herts Road Runners	39:02	
4	Abigail Jennings		Aldershot Farnham & Dist.	40:49	
5	Jacqueline Benson		Ashford Athletic Club	44:24	
6	Grazia Manzotti		Tonbridge Athletic Club	45:22	
7	Lois Carty		Aldershot Farnham & Dist.	45:42	
8	Dave Walsh		Enfield & Haringey AC	46:03	
9	Melanie Peddle		Loughton Athletic Club	46:09	
10	Emma Dyos		Ilford Athletic Club	46:24	
11	Diane Bradley		Tonbridge Athletic Club	48:24	
12	Jonathan Ellerton		Blackheath & Bromley HAC	49:45	
13	Christopher Hobbs		Ashford Athletic Club	51:01	
14	Graham Chapman		Headington Road Runners	51:48	
15	John Arthur		Unattached	51:57	
16	Rachel Harding		Ashford Athletic Club	53:04	
17	John Borgars		Loughton Athletic Club	53:18	
18	John Hall		Belgrave Harriers	54:57	
19	Noel Blatchford		Abingdon Athletic Club	55:13	
20	Andrew Tweed		Unattached	55:27	
21	Amalia da Silva		Belgrave Harriers	56:38	

22	Kathy Smith		Aldershot Farnham & Dist.	58:12		
23	Diana Braverman		Enfield & Haringey AC	59:20		
24	Fiona Bishop		Woking Athletic Club	61:42		
25	Chris Flint		Surrey Walking Club	62:35		
Mixed	Mixed 4 Mile					
Pos	Athlete	AG	Club	Perf.		
1	Tony Wilkinson	M60	Unattached	45:14		
2	Peter Hannell	M65	Surrey Walking Club	50:04		
Mixed 3 Mile						
Pos	Athlete	AG	Club	Perf.		
1	Francisco Reis	M60	Surrey Walking Club	26:24		
2	Lola-Mae Billingham	U17W	Aldershot Farnham & Dist.	29:08		
3	Shaheda Arthur	W60	Unattached	52:50		

Martin Oliver 5 miles on Saturday 12th February, 11am Start

Naming races after people isn't new. It is usually done to acknowledge sponsorship or as a memorial. In regard to the latter, George Wilkinson posed the question "why wait until they have passed on?" His notion is that races not having a title should be named after someone alive or deceased. A few words about the person in addition to adding a little interest to the event, would also add to the existing richly chronicled history of race walking.

In taking up this idea, it is fitting that the ERWL founder Martin Oliver, who sadly has difficulty getting about these days, will be the first to be acknowledged by the ERWL in this way with the Martin Oliver 5 Miles on 12th Feb. Advance Entries (£8) can be made online at <u>www.erwl-entries.weebly.com</u> or to Ron Wallwork. It is of great help to the race organiser to know in advance how large the field is likely to be. On the Day Entries (£10).

Martin Oliver - The ERWL was inaugurated by Martin Oliver in 1998. Martin was born with connections to Enfield athletic club and indeed race walking; His uncles Ernie, Bill and George were competing in the



1920's/30's and his father "young Sid" as he was referred to won club championships.

Martin started off as a runner and finished 4th in the Hertfordshire Schools 5000m and later did a 61 minute 10 miles, but shortly afterwards he tore a calf muscle which put an end to any serious ambitions he held and so running's loss was race walking's gain. Over the period 1970 to 1990/91 he proved to be a better than average walker, racing distances from a 7:06 1500m to a 12:38:10 track 100km. In between these distances Martin set PB's of 14:32 for 3km, 25:05 for 5km, 52:18 for 10km, 56:29 for 7 miles, 82:42 for 10 miles and 1:46:18 for 20km.

An accountant by profession his qualifications made him a natural for organising and his aptitude for figures an

absolute whiz with numbers, producing handicap results in super-quick time in the days before computers. However, his greatest contribution was resurrecting an ailing walking section at Enfield and instigating the Enfield Race Walking League. On behalf of the hundreds who have participated in the ERWL over the past 24 years **a HUGE THANK YOU MARTIN!**



Steyning AC Open Road Walks, Spithandle Lane, Steyning (Sat. 22nd Jan.)

Still a little low on number of competitors and clashed with the Centurion's AGM. Having 10K & 5K races included helped though, *reports Ron Penfold.* We were lucky with the weather, and the new 2.5km lap seemed to work out well.

One new walker returning from way back was Michael George (N° 139), raced for Brighton & Hove AC until he was 15, now M50, coached by Alan Buchanan back then, he met Julie Drake at a parkrun recently, she encouraged him to give walking another go and has been walking the Parkruns, seems quite keen on doing more races.



15km (B)					
Pos	Athlete	AG	Club	Perf.	
1	John Arthur	M60	Unattached	1:38:37	
2	Brian Kirkdale	M60	Hastings Runners	1:43:51	
3	Paul Gaston	M70	Surrey Walking Club	1:45:59	
12.5km (B)					
Pos	Athlete	AG	Club	Perf.	
1	Fiona Bishop	W60	Woking Athletic Club	1:36:01	
10km (B)					
Pos	Athlete	AG	Club	Perf.	
1	Trevor Jones	M65	Steyning Athletic Club	58:50	
2	Michael George	M50	Veterans Athletic Club	61:44	
3	John Killick	M75	Steyning Athletic Club	69:42	
5km (B)					
Pos	Athlete	AG	Club	Perf.	
1	Ian Richards	M70	Steyning Athletic Club	31:57	
2	Joan Lennon	W60	Steyning Athletic Club	32:33	
3	Martin Ford-Dunn	M75	Steyning Athletic Club	38:40	
4	Carol Killick	W75	Steyning Athletic Club	41:33	
5	Shaheda Arthur	W60	Unattached	52:54	

Upcoming Events

February

Sat 12 th	В	Enfield League Race 2 - 5 Mile	QEII, Enfield
$12^{th}/13^{th}$	А	Essex County Indoor Championships	Lee Valley
Sun 13 th	В	Sarnia WC Handicap Race 7	St. Peter Port
$26^{th}/27^{th}$	А	British Athletics Indoor Championships	Brimingham
March			
5 th /6 th	А	BMAF Indoor Championships	Lee Valley
12 th	В	Enfield League Race 3 - 5 Mile	QEII, Enfield
13 th	А	E.A.M.A. Indoor Championships	Lee Valley
19 th	А	Molly Barnett Open Walks (Track)	Coventry