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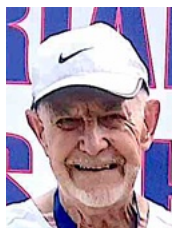
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***H&T Notice Board – Page 15**

- **Re-registration and new registration** – important letter from the Secretary
- **Fees** - Membership and racing.



CLUB NEWS and RESULTS



Bob Gardiner received an early 89th birthday present 10 days ago, at the VMA track championships at Doncaster ... although ‘present’ is a somewhat incongruous name for something so hard-earned. Bob’s **11:00.47** in the 1500m (which garnered him a VRWC club record and a WOTW honourable mention) was found later to have broke his own Australian M85 record with an Age-grading of 87.50%. Obviously, there’s plenty of power yet in that valiant Collingwood heart – to say nothing of those legs!

Well done, Bob ... and many happy returns for last Saturday!



AROUND THE COUNTRY

** WALKER OF THE WEEK **

This week’s WOTW goes to young ACT powerhouse **Owen Toyne**, who tore 23 seconds from his 5000m track time to record **19:58.44** at the weekend whilst competing in the Open section of the NSW track & field titles at Sydney Olympic Park.

After a regenerative break from the sport in mid-2024 and a measured comeback over the summer, Owen showed he has lost nothing in terms of form by providing Isaac Beacroft (NSW) with serious opposition before Isaac opened a gap which he extended to 15 secs by the finish, towing Owen through for his first-ever sub-20:00 result ... the first of many, to be sure. I’m not sure how many top-flight contests spectators were treated to at these championships, but this – between two lads with the country’s international future in their hands – would certainly have been one of them.

Congratulations, Owen, and all the best for the nationals in Perth!



*Honourable mentions

- **Isaac Beacroft (NSW)** – won the NSW Open 5000m title with another sub-20:00 time of **19:43.43** in what must have been an eye-catching tussle with Owen Toyne.

- **Noah Cooke (QLD)** – smashed his 1500m PB by 0:34 to record **6:09.84** at the LAQ championships.
- **Milly Sharpe** and **Taylor Chapman (QLD)** – both achieved LAQ Best performances over 1500m in the U17 and U12 categories respectively, clocking **6:49.41** and **7:11.04**. Great results!
- **John Ronan (WA)** – John must be wondering what he has to do to join the 5000m's sub-20:00 club, after missing his PB by 1 sec to clock **20:01** in Aths West interclub. It's coming, John ... hang in there!

A.C.T. 58th Lake Burley Griffin Carnival – advance notice from Helen Toyne

Hello walkers and friends,

ACTRFWC is looking forward to welcoming everyone to Canberra for the **58th LBG carnival** on **Sunday 8th of June** at Stromlo Forest Park. We are in the process of applying for world athletics permits for our 35km, 10km and 5km events and expect these will soon be approved.

Post race dinner will be at the Statesman Hotel in Curtin, also a nice place to stay. There are rumours we might have some international visitors which would be welcome!

ACTRFWC would like to thank the Federation members and our Victorian Race Walking Club friends in particular for their assistance. We will need lots of officials and helpers on the day, so look out for opportunities to sign up to help.

Entry portal coming soon, program will be unchanged from last year. Thanks to our whole community for your support. Queries to: lbgcarnival@gmail.com

Helen Toyne, race secretary, ACTRFWC



The Ronin Whyte/Val Chesterton Classic gets underway in 2023. (Photo: Phillipa Hargrave)

NEW SOUTH WALES **ANSW State Junior and Open T&F c'ships, 13 & 20 March - SOP, Sydney**

Elite coach **Frank Overton** was on hand to watch two weekends of walking at the ANSW T&F championships, in which many of his own charges were competing. Frank found much to smile about, with a number of impressive performances on show, especially in the junior races where oppressive heat was a factor.

Thursday 13 March was the staging of the *ANSW State Junior Championships Under 14 to Under 20 years*.

The Race walkers experienced very warm conditions however some good times were recorded.

Good numbers in each race with the Girls U/14, U/15, U/16 3000m being combined at 2.10pm then the Boys U/14, U/15, U/16 3000m at 2.40pm.

The Women's U/17, U/18, U/20 5000m walk was held at 5.03pm followed by the Men's U/17, U/18, U/20 5000m walk at 5.45pm.

The performance from **Joel Byatt** who recorded a PB 5000m **22m13.4sec** impressed me the most in the trying conditions.

Thursday 20 March was the *Open Men's and Women's 5000m Race Walks*, held as a combined event.

The race started as expected with **Isaac Beacroft** going straight to the lead with ACT Athlete **Owen Toyne** in close contact.

Isaac won the event in a good time of **19:43.42s** with Owen 2nd **19:58.44s** and **Jack McGinniskin** taking 3rd place. The Women's event returned some good PBs with **Hannah Bolton** 1st in **22:15.20s**, **Chelsea Roberts** **23:15.80s**. It was good to see the return of **Zoe Woods** to the track and her 3rd placing with a time of **24:08.47s** was good following such a long break due to injury.

Women 5000m RW U20

1 Sienna Pitcher	Mingara Reg.	24:17.45
2 Chelsea Roberts	SUAC	24:49.83
3 Laelia Byatt	Girraween AC	28:07.94
4 Hana Jugovic	ACT	26:21.22
4 Lilah Norden	Kembla Joggers	28:49.78
5 Ciara Cassilles	Westfields AC	29:02.56
6 Summer Sivaraj	West T&F	30:27.12
7 Jessey Bektas	Nepean LAC	30:30.79
8 Sarah Challinor	Holroyd LAC	39:22.35

Men 5000m RW U20

1 Joel Byatt	Girraween AC	22:13.40
2 Brodie Spamer	Cardiff & Dist	27:54.86
3 Aidan Pospischil	Winston Hills	30:35.93
4 Nicholas Crass YC	Hawkesbury C	35:58.10
5 Peter Charlton	Cardiff & Dist	40:01.20

Women 5000m RW U18

1 Grace Beck	Ku-Ring-Gai LAC	26:05.53
2 Matilda Olsen	Quakers Hill LA	28:35.17
3 Danelia Samuel	Winston Hills	29:57.13
.. Laura Corvalan Soto'r	Girraween LAC	DNF

Men 5000m RW U18

1 Alexander Sinnett	West T&F	26:31.59
.. Aaron Pease	Ryde AC	DQ TR54.7.5

Women 5000m RW U17

1 Matilda Webb	Winston Hills	25:40.14
2 Jessica Loring	Parramatta City	26:04.71
3 Emma Grocott	ACT	27:40.97
3 Maisie Mitchell	West T&F	27:45.05
4 Stella Pinches	Adamstown NL	28:05.66
5 Emma Hearnden	Cardiff & Dist.	30:54.79
6 Madeleine Maxwell	Maitland S&LA	31:29.74
7 Caetlin Ashby	Mingara Reg.	33:02.09
8 Ruby Blake	Westlakes AC	38:39.08

Men 5000m RW U17

1 Christopher Nilon	North Rocks C	26:39.99
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Women 5000m RW Open

1 Hannah Bolton	Mingara Reg.	22:15.20
2 Chelsea Roberts	SUAC	23:15.80
3 Zoe Woods	Hills Dist. SA	24:08.47
4 Sienna Pitcher	Mingara Reg.	24:26.68
5 Hana Jugovic	ACT	25:59.52
6 Hannah Parker	SUAC	27:16.35
7 Matilda Olsen	Quakers Hill LA	27:53.45
8 Lexie Beacroft	Quakers Hill LA	28:07.99
9 Lilah Norden	Kembla Joggers	28:28.63
10 Antoinette Woodward	UTS Northern Syd	34:30.85

Men 5000m RW Open

1 Isaac Beacroft	Hills Dist. SA	19:43.42
2 Owen Toyne	ACT	19:58.44
3 Jack McGinniskin	Mingara Reg.	21:55.06
4 Dylan Allabush	West T&F	23:52.59
5 Brendan Pospischil	Winston Hills	25:09.14
6 Christopher Nilon	North Rocks C	26:06.27

***Next issue:** ANSW U14-U18 1500m and LANSW results

QUEENSLAND Little Athletics QLD State c'ships results, 22/23 March – QSAC, Mt Gravatt

Robyn Wales reports that the QLD walking fraternity have had a weekend of Little Athletics in Qld with the annual LAQ state championships. The walks were held on Saturday night and Sunday morning and, unlike in previous years, there were minimal disqualifications which was pleasing. Most dqs were "back of the pack" athletes and the serious walkers were able to enjoy a fair competition. Many thanks to the judges, coaches and athletes.

Robyn has proved the first three placegetters in each race. Fastest times went to **Noah Cooke** and **Milly Sharpe**, with Milly and **Taylor Chapman** also recording QBPs (Qld Best performances).

U9 Boys 700m

1 Yoshua Lee	Sunnybank	4:22.28
2 Koby Smith	Bribie	4:25.97
3 Jack Tysson	Deception Bay	4:40.82

U9 Girls 700m

1 Eve Schipplock	Redlands	4:28.49
2 Layla Harmon	Ipswich	4:37.20
3 Tayla Penglase	Noosa	4:37.73

U10 Boys 1100m

1 Grayson Leggat	Algester	6:34.01
2 Leo Georgiou	Algester	6:35.08
3 Connor Geagea	Toowong	6:43.06

U10 Girls 1100m

1 Bella Sansom	Deception Bay	6:09.45
2 Clara Hermus	Noosa	6:25.53
3 Zoe Silk	Arana	6:42.03

U11 Boys 1100m

1 Lucas Dyer	Apsley	6:19.62
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U11 Girls 1100m

1 Freya Williams	Tweed	5:54.54
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2 Brayden Potts	Gold Coast	6:24.37	2 Izzy Blackburn	Gold Coast	6:01.78 pb
3 Lachlan Miers	Toowong	6:25.40	3 Nina Trickey	Tully	6:04.36
U12 Boys 1500m			U12 Girls 1500m		
1 Leo Hyde	Mudgeeraba	8:17.85 pb	1 Taylor Chapman	Caloundra	7:11.04 QBP
2 Jonathan Myerthall	Caloundra	8:34.59	2 Amelia Chisholm	Ormeau	8:30.40 pb
3 Declan O'Neill	Maroochy	9:55.43	3 Ariyah Alchin	Toowoomba	8:35.71
U13 Boys 1500m			U13 Girls 1500m		
1 Leo Ramsay	Redlands	8:45.43	1 Isabella Welch	Springwood	7:26.23
2 DQ			2 Elspeth Hooper	Ashmore	7:31.59 pb
3 DQ			3 Savannah Delaney	Deception Bay	8:04.62
U14 Boys 1500m			U14 Girls 1500m		
1 Lachlan Moore	Springwood	7:00.14	1 Kiara Waterman	Deception Bay	8:57.58
2 Cory Lockwood	Mudgeeraba	7:46.75	2 Zoe Renton	Toowong	8:58.12
U15 Boys 1500m			U15 Girls 1500m		
1 Noah Cooke	Arana	6:09.84 pb	1 Bethany Moore-Kirkland	Warwick	6:52.25 pb
2 Koby Irvine	West Bundaberg	6:50.44	2 Eliza Kelly	Deception Bay	7:33.43 pb
3 Eli Melinz	Noosa	8:19.53	3 Ella Cosgrave	Ashmore	7:57.76
U16 Boys 1500m			U16 Girls 1500m		
No entries			1 Olivia Boulton	Gold Coast	6:59.62 pb
			2 Mia Stewart	Uni S'shine C	8:15.68
			3 Rhianna Graske-Borst	Upper Lockyer	10:52.33
U17 Boys 1500m			U17 Girls 1500m		
1 Kai Dale	Ormeau	6:56.90	1 Milly Sharpe	Gladstone	6:49.41 QBP
2 Micah White	Deception Bay	7:35.07	2 Katie Bray	The Gap	8:32.74
3 Jaydon Lucas	West Bundaberg	9:02.01			

SOUTH AUSTRALIA Little Athletics SA State c'ships results, 22 March – Mile End stadium

Kim Mottrom: "Good weather in Adelaide this morning as I was chief judge for our state Little Athletics champs. A lot of PB's and some very promising young walkers coming through." Sign 'em up quick, Kim!

State Little Athletics Champs

U9 Girls 700m		Time	U13 Boys 1500m		
Harper Ferguson	04:45.95		William Kenny	07:36.26	PB 0:04
Jessica Ratcliffe	04:50.16		Zachery Freundt	08:11.57	PB 0:30
Madelyn Kenny-Klenig	04:56.34		Callum Freundt	08:49.26	
U9 Boys 700m			U14 Girls 1500m		
Jordan Sandercock	04:15.88		Kayley Petrony	09:27.49	
Walt Byrne	04:26.45		Lucinda Kenny	09:53.81	
Jack Hill	04:36.56		Claire Nokes	10:26.83	
U10 Girls 1100m			U14 Boys 1500m		
Amity Cowling	06:49.65		Ananpreet Singh Sidhu	08:10.78	PB 0:19
Aria Crispe	07:02.63		Orlando Grantham	08:24.71	
Madilyn White	07:25.09		Riley Hill	09:23.13	
U10 Boys 1100m			U15 Girls 1500m		
Saxon King	06:33.29		Jessica Clelland	08:47.24	PB 0:32
Rory Drewett	06:54.95		Lauren Barclay	09:10.58	
Mason Walden	07:05.69		Aurora Templer	11:29.81	
U11 Girls 1100m			U15 Boys 1500m		
Harper Winterford	06:21.58		Mitchell Moffat	09:37.10	
Esther Lewis	06:21.67				
Amaya Cowling	07:05.33		U16 Girls 1500m		
U11 Boys 1100m			Aaliah Giacopini	09:21.75	
Oscar Dutton	06:38.99	PB 1:19	Aanika Kumar	11:55.57	
Jude Errington	06:43.70		U16 Boys 1500m		

Murphy McShane	07:19.82		Liam Freundt	06:55.04	PB 0:02
			Jayden Zammit	09:16.39	
U12 Girls 1500m			U17 Girls 1500m		
Ruby Grieve	09:24.56	PB 0:39	Angelina Legrand	07:51.94	
Kate Hamlyn	09:26.46				
Biller Macneil	09:43.88		U17 Boys 1500m		
U12 Boys 1500m			Jason Ellsmore	07:57.90	
Connor Ratcliffe	08:55.17				
Marcus See	09:06.72				
Caleb Camilleri	09:10.01				
U13 Girls 1500m					
Hazel Lewis	07:52.03	PB 0:19			
Liliana Templer	07:58.93	PB 0:16			
Lara Hutchinson	09:28.61				

WESTERN AUSTRALIA AW Interclub results, 21 March – WAAS, Perth

Thanks to **Terry Jones** for these results. It looks as if AW is providing some extra competition opportunities for their athletes with their home Nationals kicking off in two weeks.

Terry reports: “We also had some Little A’s State Championship walks on Saturday, of which I have included only the 1500 metre event. Other lower age group events included 1100metres and 700 metres U112 down to U9.”

Women 5000 Metre Walk

1 Kaytee Bogaers	26:55.57
2 Katica Borsic	27:43.80
3 Tory D'Alessio	28:28.54
4 Trinity Doulis	28:29.59
5 Liliana Martin	30:38.90
6 Chelsey Ireland	30:46.45

Men 5000 Metre Walk

1 John Ronan	20:01.00
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**WA State Junior Championships 22 March

Girls 1500 Meter Race Walk Under 12

1 Willow Wheeler	7:28.28
2 Hannah Clausnitzer	7:43.11
3 Alina Abbott	8:47.09
4 Neola Abbott	8:47.10
5 Ellie Thorne	8:50.12
6 Zahlia McGinn	9:07.20
7 Ella Johnston	9:09.25
8 Gabriella John	9:24.90
9 Pip Key	9:30.98
10 Sienna Wilson	9:55.23
11 Taliyah Edmondstone	9:55.29
12 Ella Shropshall	10:14.29

Girls 1500 Meter Race Walk Under 13

1 Scarlett Nunn	7:25.96
2 Darcy Bramwell-Keys	7:27.07
3 Eva Tomasini	8:12.97
4 Alia Jafari	8:38.86
5 Sophia Nichols	8:50.48
6 Lila-Rose Ashton	8:56.33
7 Darcie Driscoll	8:59.58
8 Bonny Dean	9:36.49
9 Avahli Allen	9:45.03
10 Chloe Bevis	9:47.90

Boys 1500 Meter Race Walk Under 12

1 Lachlan Nichols	7:58.27
2 Tayte Moore	8:28.01
3 Evan Moore	8:56.50
4 Reuben Hii	9:13.00
5 Louis Lau	9:15.22
6 Aiden Sillitoe	9:48.97
7 Phoenix King	9:49.42

Boys 1500 Meter Race Walk Under 13

1 Gabriel van Heerwaarden	7:42.73
2 Tom Murphy	7:45.88
3 Riley Cunnold	8:24.04
4 Nathaniel Khaira	9:11.11



INTERNATIONAL NEWS

SLOVAKIA: Dudince 50 (WA Race Walking Tour Gold meet), 22 March - Dudince

Dunfee breaks world 35km race walk record in Dudince

by Paul Warburton (reprinted from *World Athletics News* – 22 March)



(Photo: TASR/Profimedia. Source: Flashscore)

Evan Dunfee broke the world 35km race walk record* at the Dudince 50 – a World Athletics Race Walking Tour Gold meeting – on Saturday (22). The Canadian's **2:21:40** was seven seconds inside the short-lived 2:21:47 set by Japan's Masatora Kawano last October in Takahata.

Dunfee race walked solo from gun to tape in Dudince, clicking off regular four-minute plus kilometres throughout. The world and Olympic bronze medallist shattered his previous best at the distance (2:25:02) but, happy as he was with a first world mark, admitted he would have preferred the old major championship distance of 50km.

"I was well under pace, but then lost a little time over the last seven kilometres. I (then) got a little stressed out, but it was a dream come true.

"I would have liked it to be over 50km, my distance, but this is still very good, and I'm so proud to be on that winner's plaque here at Dudince."

Asked how he going to celebrate, the 34-year-old said that 2021 Olympic 50km champion **Dawid Tomala** would be first to benefit.

"Dawid did the drinks for me here for me which was really special and I want to repay him. So, this time the drinks are on me."

Dunfee almost had time to get the first round ahead of runner-up **Christopher Linke**. The German's reward for a steady race was a final time of **2:24:40**, itself a 55-second improvement on his previous best. **Jose Doctor** from Mexico was a close third, just one second behind, and like the German, another national record. In fact, the top nine after Dunfee set either national records or personal bests.

The start was greeted by a moderate 8 degrees, and late entrant Dunfee wasted no time setting his stall. A first lap of 4:09 left him 10 seconds clear of a group of nine and he added a two-second difference to that as he ramped up the pace. He reached 3km in 12:15 with Doctor, **Matteo Giupponi** and **Andrea Agrusti**, **David Hurtado**, Linke and others going further away. That lead by the Canadian was 27 seconds a lap later and at 5km (20:18) a full 30 seconds in front.

Dunfee was clearly aiming for laps of about four minutes each, while the chasers were slipping further back. In fact, those chasers had started to fragment at 6km. By 10km, that gap was a chasm. Dunfee recorded 40:22; next was Giupponi with five on his coattails, all at 41:38. A third group headed by **César Herrera** from Colombia was a further 12 seconds back. Dunfee reached 15km in 1:00:26 – barring a major collapse, it was over and out for top spot. The chasers, two minutes adrift, were now down to three: Giupponi, Linke, Doctor had nine seconds on Hurtado and **Julio Salazar**, Mexico.

Dunfee hit 20km in 1:20:28, and well on course for the world record. Behind him, Giupponi got shed from the chasing three a lap later, trailing by seven seconds, soon to get bigger. Dunfee remained on world record schedule at 25km (1:40:36). The slightest of cracks was beginning to show ever so slightly at 30km (2:00.59). His clocking for the 33rd lap was a slower 4:07; but a 4:06 on the penultimate lap stopped the clock at 2:17:32.

Mouth open and checking his watch, Dunfee squeezed out every last second, but knew his reward was secured over the final 50m and a place in the record books.

Men 35 Kilometres Open

1.	Evan DUNFEE	28 SEP 1990	CAN	2:21:40	WR*, AR
2.	Christopher LINKE	24 OCT 1988	GER	2:24:40	
3.	José Luis DOCTOR	14 JUN 1996	MEX	2:24:41	
4.	Julio César SALAZAR	08 JUL 1993	MEX	2:25:39	
5.	David HURTADO	21 APR 1999	ECU	2:26:00	
6.	Dominik ČERNÝ	01 NOV 1997	SVK	2:26:31	
7.	Matteo GIUPPONI	08 OCT 1988	ITA	2:27:18	
8.	Maher BEN HLIMA	24 JUL 1989	POL	2:27:51	
9.	Teodorico CAPORASO	14 SEP 1987	ITA	2:28:51	
10.	Bence VENYERCSÁN	08 JAN 1996	HUN	2:31:53	
11.	Ivan BANZERUK	09 FEB 1990	UKR	2:31:58	
12.	Johannes FRENZL	22 SEP 2001	GER	2:32:14	
13.	Ihor HLAVAN	25 SEP 1990	UKR	2:32:23	
14.	Michal MORVAY	19 AUG 1996	SVK	2:33:00	
15.	Raivo SAULGRIEZIS	04 JUL 1994	LAT	2:33:41	
16.	Jinson Octavio CALDERÓN	02 JUL 2000	ECU	2:33:46	
17.	Vít HLAVÁČ	26 FEB 1997	CZE	2:33:47	
18.	José MONTANA	21 MAR 1992	COL	2:34:02	
19.	Javier MENA	18 MAY 1998	ECU	2:34:29	
20.	Carlos MERCENARIO	26 JUL 2000	MEX	2:34:53	
21.	Claudio Paulino VILLANUEVA F.	03 AUG 1988	ECU	2:36:09	
22.	Yehor SHELEST	13 JUL 2002	UKR	2:36:10	
23.	Jaromír MORÁVEK	22 MAR 2003	CZE	2:36:42	
24.	Gabriele GAMBÀ	22 JAN 2002	ITA	2:37:40	
25.	Roberto VASQUEZ	05 JUN 1998	MEX	2:38:47	
26.	Jassam ABU EL WAFÀ	03 JUL 2004	GER	2:40:36	
27.	Marius Iulian COCIORAN	10 JUL 1983	ROU	2:42:55	
28.	Diego PEREIRA LIMA	04 OCT 1987	BRA	2:44:39	
29.	Joe MOONEY	27 APR 1998	IRL	2:46:01	
30.	Narcis Stefan MIHĂILĂ	04 AUG 1987	ROU	2:47:08	
31.	Pavel Remus RĂDOI	16 NOV 1998	ROU	2:48:18	
32.	Arkadiusz SCHIEDEL	17 AUG 2000	POL	2:52:54	
33.	Jordan CRAWFORD	04 JAN 2000	USA	2:53:03	
34.	Lukáš GDULA	06 DEC 1991	CZE	2:58:27	
35.	Jaromír HLOCH	04 APR 1992	CZE	2:58:37	
36.	Tadas ŠUŠKEVIČIUS	22 MAY 1985	LTU	2:59:48	
37.	Bruno ERENT	30 DEC 1990	CRO	3:05:35	
38.	Martin NEDVÍDEK	25 JAN 1975	CZE	3:05:45	
39.	Dávid TOKODI	03 MAY 1991	HUN	3:06:17	
40.	Edmond DOBRUNA	29 FEB 2004	CRO	3:17:08	
41.	Constantin DAICU	31 MAY 2005	ROU	3:20:19	
42.	Sebastian KARPIŃSKI	1981	POL	3:36:44	
43.	Berislav DEVČIĆ	28 JUL 1966	CRO	4:41:08	
	Emiliano BRIGANTE	27 MAY 2003	ITA	DNF	
	Andrea AGRUSTI	30 AUG 1995	ITA	DNF	
	Rostislav KOLÁŘ	15 JUL 1987	CZE	DNF	
	João VIEIRA	20 FEB 1976	POR	DNF	
	Eider ARÉVALO	09 MAR 1993	COL	DNF	
	César HERRERA	28 JAN 1999	COL	DNF	
	Alexandr MALYSA	10 NOV 1997	CZE	DQ	

Ecuador's **Paula Torres** took the women's 35km in **2:44:26**, a significant improvement on her previous best of 2:51:42 set just last month on home soil. In contrast to the men's race where Dunfee led throughout, the women's race see-sawed all the way to the last 7km. It was there that Torres made a decisive break to put daylight between herself and a small group of six. At 30km, just two laps later, she was 49 seconds ahead of second, and going further away. She finished in 2:44:26, 49 seconds ahead of two-time world champion **Kimberly Garcia (2:45:59)** and double world champion silver medallist **Katarzyna Zdziebło**, third in **2:46:59**.

The women started a minute behind the men and were in no hurry to emulate Dunfee. Nine crossed the first kilometre mark in a modest 4:51 but revved it up a notch by the second circuit (9:36).

The pace remained steady through 5km at 23:51, with **Viviane Lyra** from Brazil, Garcia, **Olena Sobchuk**, **Magaly Bonilla** and **Johana Ordonez**, **Goswami Priyanka** and Torres still tightly knit. They increased the tempo a little to reach 10km in 47:31. And two laps later, Garcia, Zdziebło and Ordonez inched a four-second advantage on the others. Torres quickly joined them, but everyone else appeared to be going backwards by 15km (1:11:06).

Ordonez threw down the gauntlet five minutes later to gain seven seconds on everyone else at 20km (1:34:30). Garcia looked like she was suffering, but she managed to get back in contention. At the front, it was all change again at 22km with Torres this time attempting a break. She reached 25km in 1:58:05 but still had a three-person shadow a mere six seconds back.

Then, truly, the gloves came off with large gaps beginning to appear throughout the top seven manifested by Ordóñez, Lyra, Bonilla and a hometown success for **Hana Burzalova** in that order, with the Slovak claiming seventh place.

Women 35 Kilometres Open

1.	Paula Milena TORRES	17 OCT 2000	ECU	2:44:26
2.	Kimberly GARCÍA LEÓN	19 OCT 1993	PER	2:45:59
3.	Katarzyna ZDZIEBŁO	28 NOV 1996	POL	2:46:59
4.	Johana ORDÓÑEZ	12 DEC 1987	ECU	2:47:49
5.	Viviane LYRA	29 JUL 1993	BRA	2:48:37
6.	Magaly Beatriz BONILLA	08 FEB 1992	ECU	2:49:28
7.	Hana BURZALOVÁ	03 NOV 2000	SVK	2:50:52
8.	Olena SOBCHUK	23 NOV 1995	UKR	2:52:31
9.	Agnieszka ELLWARD	26 MAR 1989	POL	2:55:51
10.	Karla JARAMILLO	21 JAN 1997	ECU	2:56:28
11.	PRIYANKA	10 MAR 1996	IND	2:56:34
12.	Nadia Lizeth GONZALEZ M.	21 MAR 1997	MEX	2:57:00
13.	Mária KATERINKA CZAKOVÁ	02 OCT 1988	SVK	2:58:21
14.	Galina YAKUSHEVA	14 JUL 1988	KAZ	2:59:30
15.	Inês MENDES	11 APR 2003	POR	2:59:41
16.	Olivia LUNDMAN	03 JAN 2003	CAN	3:00:11
17.	Viktória MADARÁSZ	12 MAY 1985	HUN	3:01:44
18.	Miranda MELVILLE	20 MAR 1989	USA	3:02:46
19.	Sara VITIELLO	06 AUG 1996	ITA	3:03:24
20.	Anna ZDZIEBŁO	20 NOV 2001	POL	3:03:34
21.	Ainhoa PINEDO	17 FEB 1983	ESP	3:06:21
22.	Sofia RAMOS RODRÍGUEZ	25 AUG 2002	MEX	3:06:33
23.	Elianay PEREIRA	11 MAY 1984	BRA	3:07:16
24.	Heta VEIKKOLA	23 MAY 2003	FIN	3:13:54
25.	Kinga WALERIAŃCZYK	19 AUG 2002	POL	3:18:38
26.	Nelly BUGÁROVÁ	09 APR 2001	CZE	3:19:52
27.	Stephanie CASEY	01 AUG 1983	USA	3:20:06
28.	Lana ŠVARBIĆ	27 AUG 2004	CRO	3:21:14
29.	Michaela BAKLIKOVÁ	12 OCT 2001	CZE	3:29:11
	Tereza ĎURDIAKOVÁ	20 FEB 1991	CZE	DNF
	Olga CHOJECKA	30 JUN 1997	POL	DNF
	Bianca Maria DITTRICH	06 JUL 1993	GER	DNS
	Alegna GONZÁLEZ	02 JAN 1999	MEX	DNS
	Ljiljana ĆULIBRK	27 OCT 1982	CRO	DNF
	Nathaly LEON	03 JUN 1998	ECU	DNS
	Katie BURNETT	07 OCT 1988	USA	DNF
	Kludia ŽÁRSKA	15 JUN 1999	SVK	DNF
	Anett TORMA	02 APR 1984	HUN	DNF
	Naomi GARCIA	30 MAR 1998	PUR	DQ

Colombia's **Mateo Romero** stepped into the limelight to lift the men's 20km title in a PB of **1:20:17**. He made a winning move at 13km and never looked back, eventually winning by 40 seconds ahead of **Mazium Demir** and Ukraine's **Mukola Rushchak**.

Men 20 Kilometres Open

1.	Mateo ROMERO	07 FEB 2003	COL	1:20:17
2.	Mazlum DEMIR	19 DEC 2003	TUR	1:20:57
3.	Mukola RUSHCHAK	30 OCT 2003	UKR	1:21:00
4.	Ricardo ORTIZ	07 FEB 1995	MEX	1:21:13
5.	Jerry JOKINEN	18 MAR 2002	FIN	1:23:56
6.	Akshdeep SINGH	22 NOV 1999	IND	1:24:13
7.	Serhii SVITLYCHNYI	13 JUL 1994	UKR	1:24:28
8.	Miguel Arcangel PEÑA	07 AUG 2004	COL	1:27:36
9.	Adam ZAJÍČEK	09 MAY 2003	CZE	1:27:39
10.	Nick CHRISTIE	29 SEP 1991	USA	1:29:52
11.	Jaakko MÄÄTTÄNEN	03 SEP 1999	FIN	1:33:34
12.	Tauras Jokūbas GRINCEVIČIUS	27 APR 2004	LTU	1:34:33
13.	Jonathan EKBERG	17 OCT 2003	FIN	1:34:48
14.	Marlon RODRIGUES	09 JAN 1998	BRA	1:34:54
15.	Darkhan ASSETKHANULY	19 AUG 2004	KAZ	1:37:17
	David KENNY	10 JAN 1999	IRL	DNF

The women's 20km went down to the last 200 metres before **Lyudmila Olyanovska** finally broke the stranglehold held by **Eleonora Giorgi**.

The 35-year-old Italian and 2019 world 50km bronze medallist refused to yield until the final straight when the Ukrainian made a winning sprint for the line, winning in **1:28:28** to Giorgi's **1:28:32**. The next three women – **Hanna Shevchuk**, **Ilse Guerrero** and **Nicole Colombi** – also finished inside 1:29.

Women 20 Kilometres Open

1.	Lyudmila OLYANOVSKA	20 FEB 1993	UKR	1:28:28
2.	Eleonora Anna GIORGI	14 SEP 1989	ITA	1:28:32
3.	Hanna SHEVCHUK	18 JUL 1996	UKR	1:28:37
4.	Ilse GUERRERO	24 MAR 1993	MEX	1:28:43
5.	Nicole COLOMBI	29 DEC 1995	ITA	1:28:51
6.	Lucy Alejandra MENDOZA M.	21 JAN 1999	COL	1:29:01
7.	Laura Cristina MOJICA CHALARCA	20 JUN 2000	COL	1:31:30
8.	Mariia SAKHARUK	14 OCT 1995	UKR	1:31:58
9.	Valeria FLORES	17 FEB 2006	MEX	1:33:43
10.	Sharon Lisseth HERRERA SOTO	27 MAY 2004	CRC	1:34:09
11.	Rubi Dayana SEGURA GARCIA	27 FEB 2006	COL	1:34:29
12.	Tabea KIEFER	22 APR 2005	GER	1:37:35
13.	Enni NURMI	04 JUL 1998	FIN	1:40:24
14.	Renata CORTES	12 MAR 2005	MEX	1:40:59
15.	Dana Paola ACEVES	21 SEP 2002	MEX	1:42:38
16.	Emilia WIŚNIEWSKA	04 FEB 2005	POL	1:46:15
	Austėja KAVALIAUSKAITĖ	25 MAY 2000	LTU	DNF
	Karla Ximena SERRANO	14 APR 2004	MEX	DNF
	Dóra CSÖRGŐ	07 OCT 2001	HUN	DNF

Men 10 Kilometres U23

1.	Filip KRESTIANKO	13 DEC 2005	SVK	42:24
2.	Jake O'BRIEN	14 JUN 2004	IRL	42:38
3.	Albert KUKLA	13 JAN 2005	CZE	42:47
4.	Tomáš MENCEL	06 JUL 2004	SVK	43:52
5.	Michal DUDA	04 MAR 2004	SVK	43:56
6.	Alessio CICCARESE	2005	ITA	43:57
7.	Dominik BARBUŻYŃSKI	18 MAR 2004	POL	45:21
8.	Kacper ŁUC	10 MAR 2005	POL	45:22
9.	Andrew GLENNON	18 JUL 2005	IRL	47:11
10.	Roman HANYK	06 JUN 2004	CZE	49:54
OC	Norbert TÓTH	07 OCT 2001	HUN	41:18

Women 10 Kilometres U23

1.	Tiziana SPILLER	23 DEC 2003	HUN	45:39
2.	Magdalena ŻELAZNA	16 APR 2004	POL	47:16
3.	Ema KLIMENTOVÁ	06 JAN 2005	CZE	48:21
4.	Hannah HOPPER	24 APR 2003	GBR	49:06
5.	Izabela KRZYŻANOWSKA	25 FEB 2004	POL	50:09
6.	Amelia BŁAŻEJEWSKA	31 MAR 2003	POL	50:39
7.	Ciara WILSON-BOWEN	18 MAR 2005	IRL	50:40
8.	Anna-Maria GABRIEL	25 JUN 2005	GER	50:59
9.	Meabh O'CONNOR	01 JAN 2004	IRL	51:31
10.	Eabha DE FAOITE	18 JUN 2004	IRL	51:57
11.	Ewelina CYMBALIŃSKA	06 NOV 2004	POL	53:24
	Anna KOKKO	18 AUG 2004	FIN	DNF
	Aisling LANE	21 DEC 2005	IRL	DNF
OC	Eva ČUGA	1977	SVK	1:02:56
OC	Jekaterina MIROTVORTSEVA	17 NOV 2002	EST	45:28
	Maren BEKKESTAD	30 AUG 2003	NOR	DQ

Paul Warburton for World Athletics

**Subject to the usual ratification procedure*

(NOTE: Several European countries used the Dudince meeting as their national 35km championships. For a list of placing in these championships – as well as U20, U18 and U16 shorter distance results – visit <https://worldathletics.org/competition/calendar-results/results/7212016>)

FRANCE: French Outdoor Race Walk championships, 23 March – Les Mureaux

Emmanuel Tardi – who, as a newly-minted Gold judge, took on the role of ‘Police chief’ for the occasion – reports from the French road titles, where 192 starters gathered from across the country:

I was the chief judge today in Les Mureaux (30km to the west of Paris) for our national championship. Races were scheduled from 9am to 1pm.

After very hard rains in the night, the weather was cloudy. Rain arrived when races were finished. Loops were 1km long.

In the 35k, **Quinion** walked alone the full race and won easily. In the women’s race, **Peslerbe** was an easy leader, but she stopped after 25k. **Brastel** stayed alone and won the race.

In the 20k men, **Bordier** was an easy leader, when he stopped after 15k. **Lucas Dreville** won the race. **Roland Landron** beat the M45 french record .

In the women’s 20km race **Clemence Beretta** was an easy leader. She beat the French best at 10k point (43'50"), but had to spend 2 minutes in the penalty area after 12km. **Pauline Stey** won the race, Beretta finished 2nd and **Moutard** 3rd ... our 3 Olympian women. **Vanessa Denisselle** beat the W40 French record .

In the ancillary events, **Chloé Le Roch** produced a junior 10k French record in time of **44'58"**, with 7 girls under the 50 minutes in that race.



Stey



Denisselle



Brastel

Women 20km

1	STEY Pauline	SEF/01	Alsace Nord Athlé	1h29'54"
2	BERETTA Clemence	SEF/97	Avec	1h30'53"
3	MOUTARD Camille	SEF/01	Athle 21	1h31'58"
4	DELAHAIE Ana	ESF/04	Stade Bordelais Athletisme	1h33'15"
5	MASSON Liv	ESF/03	Stade Bordelais Athletisme	1h36'59"
6	DENISSELLE Vanessa	M1F/84	Val-De-Reuil Ac	1h37'39"
7	LAGRANGE Nelly	ESF/04	Union Perpignan	1h38'26"
8	ROTTIER Marine	SEF/00	La Postillonne Longjumeau	1h42'24"
9	DUCLOS Adele	SEF/00	Athle 91	1h43'19"
10	TRICOT-LAPIERE Blanche	ESF/04	Ac Villeneuve D'asc	1h45'02"
11	MILLE Angele	SEF/01	Grac Renwez	1h45'20"
12	TOULOU MElissa (ALG)	SEF/02	Vga Compiegne	1h49'01"
13	VIDALINC Celia	SEF/96	As Montferrant	1h49'12"
14	ADLER Mathilde	SEF/01	Lille Ma	1h53'17"
15	BEGEL Myriam	SEF/95	Grenoble Uc	1h55'54"
16	VAROQUIER Elodie	M1F/83	Ea Romans-Bourg De Peage	1h57'10"
17	BOUQUIN Rachel	ESF/04	Racing Club Nantais	1h57'27"
18	ZIAT Alicia	ESF/05	Grand Angouleme Athletisme	1h59'09"
19	MOTIR Agathe	ESF/05	Caen Athletic Club	2h00'09"
20	MAXENCE Mathilde	SEF/99	Athletic Club Salonais	2h01'22"
21	BIZARD Lucie	M0F/90	Stade Francais	2h02'34"
22	FLORENTIN Catherine	M4F/67	Avec	2h04'49"
23	BRU Alexandra	SEF/93	Uao 31	2h06'26"
24	REAUD Delphine	M1F/82	Ac Paris-Joinville	2h07'48"
25	DURAND Anne	M3F/73	Vendargues Athletisme	2h08'22"
-	MILLE Agathe	ESF/04	Grac Renwez	AB
-	MANARESI Marion	SEF/00	Ac Romorantin	AB
-	KLIPFEL Emma	SEF/01	St Max Essey Club Athlé	AB
-	CARRE Elvina	ESF/03	As Tounus	AB

Women 35km

1	BRASTEL Adeline	M2F/78	Efs Reims	3h44'34"
-	PESLERBE Bertille	SEF/98	Ea Pays De Broceliande	AB

Men 20km

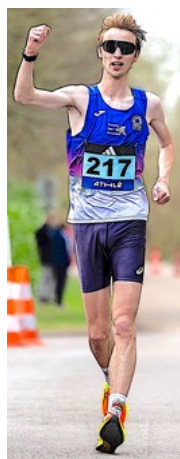
1	DREVILLE Lucas	SEM/02	Vga Compiègne	1h25'39"
2	HUE Aymeric	SEM/01	Ec Orleans Cercle Jules Ferry	1h26'42"
3	ELLUL Hugo	ESM/05	St Max Essey Club Athlé	1h27'00"
4	BATIFOL Ellis	ESM/03	Asvel Villeurbanne	1h27'08"
5	LANDRON Roland	M2M/78	Ca Beglais	1h32'19"
6	CHENUET Quentin	ESM/05	Saran Loiret Athletic Club	1h32'23"
7	BAZZO BORTOT Symon	SEM/96	Nouveau St Amand Etudiant Club	1h33'25"
8	VALLEE Kyrian	SEM/94	Blagnac Sc	1h35'45"
9	GOGNIES Ryan	SEM/00	Ca Montreuil 93	1h36'22"
10	CROSNIER Alexis	SEM/99	Aix Athle Provence	1h37'14"
11	LEBRETON Kilian	SEM/00	Ta Rennes	1h37'36"
12	BONTEMPS Sebastien	M0M/90	Gien Athle Marathon	1h38'06"
13	DELAUNAY Sebastien	M3M/74	Cap Saumur	1h40'06"
14	PICARD Nicolas	M2M/80	As Tourlaville	1h41'15"
15	PETIOT Simon	ESM/05	Acs Monistrol	1h41'31"
16	VISSEQ Adrien	ESM/03	Saran Loiret Athletic Club	1h42'40"
17	CHABLAT Valentin	SEM/00	Ac La Chapelle/erdre	1h44'04"
18	TIRABASSI Ange	ESM/05	Asa - Belley	1h45'12"
19	LEGENTIL Laurent	M0M/88	Dynamic Aulnay Club	1h46'30"
20	RAFFANEL David	M2M/76	Ecla Albi	1h47'17"
21	MAZURE Maxime	SEM/02	Ta Rennes	1h48'28"
22	BOLLINGER Vincent	M1M/84	Dynamic Aulnay Club	1h49'13"
23	QUENTIN David	SEM/96	Saint-Brice Athletisme	1h49'17"
24	BOYER Nicolas	M2M/77	Avon Athletisme Club	1h55'22"
25	COIS Steeve	M0M/89	Asc Le Havre	1h56'22"
26	GLOAGUEN Thomas	SEM/96	Aix Athle Provence	1h57'56"
27	FLORENTIN Thierry	M5M/65	Avec	1h58'14"
28	BESSONNIER Raphael	SEM/00	Aj Blois-Onzain	1h58'49"
-	GERBAUD-BLIN Pierre	SEM/95	Ec Orleans Cercle Jules Ferry	DNF
-	BROU Florent	SEM/93	Ac Paris-Joinville	DNF
-	DE NEVE Nicolas	SEM/93	Castres Athle	DNF
-	AVICE Manuel	M2M/80	Ac Barentin	DNF
-	PEREZ ALFRANCA Guillem (ESP)	M1M/83	Sco Ste-Marguerite Marseille	DNF
-	DURAND Dimitri	SEM/02	Ta Rennes	DQ
-	BORDIER Gabriel	SEM/97	Us St Berthevin	AB

Men 35km

1	QUINION Aurelien	SEM/93	Efcvo - S/l Ac St Gratien-Sann	2h32'18"
2	MADELINE-DEGY Martin	SEM/01	Blagnac Sc	2h38'40"
3	DUC Matteo	SEM/01	As Aix-Les-Bains	2h41'07"
4	CAMPION Kevin	M0M/88	Stade Dieppois	2h42'52"
5	ANDRIEU Hugo	SEM/92	Uavh Aubagne	2h47'21"
6	MAYER Florian	SEM/96	Avec	2h52'06"
7	GAUDRE Martin	ESM/04	Efs Reims	2h54'42"
8	FOUGERON Pierre-Alexandr	ESM/03	Ec Orleans Cercle Jules Ferry	3h06'09"
9	BONNOMET Arthur	SEM/00	Anancy Haute Savoie	3h20'05"
10	KOWALCZYK Hugo	ESM/03	As Marck	3h20'15"
11	ROTTIER Lilian	ESM/03	La Postillonne Longjumeau	3h25'06"
12	CHENU Joffrey	M1M/82	Osm Lomme Athletisme	3h31'07"
13	CHARBONNIER Nicolas	M2M/78	Bannalec Pays De Quimperle	3h31'40"
14	DEBASLY Benoit	M3M/73	Caen Athletic Club	3h46'34"
-	BEAUVAL Florent	SEM/00	Stade Sottevillais 76	DNF
-	MARTIN Come	SEM/95	Clermont Auvergne Athletisme	AB
-	PASQUET Eric	M3M/72	O Vendee a	AB



Quinion



Dreville



Landron

Women 3km

1	CHATREAUX Emma	MIF/10	Saint Barthelemy	14'25"
2	MACABEY Ines	MIF/10	Asptt Dijon Athletisme	15'15"
3	BOUQUIN Cyrielle	MIF/10	Racing Club Nantais	15'25"
4	COULON Lison	MIF/11	Ta Rennes	15'48"
5	COUSIN Garance	MIF/10	Stade Saint-Lo	16'00"
6	MEURIAU Wladdy	MIF/11	Athle 21	16'03"
7	RACINE Lena	MIF/11	Ac Barentin	16'30"
8	ANDREU Flora	MIF/11	A Six Fours	16'33"
9	DERANGERE Chloe	MIF/10	Asptt Dijon Athletisme	16'46"
10	RAMBAUD Jeanne	MIF/11	Aj Blois-Onzain	16'58"
11	POULET Nora	MIF/10	Grenoble Uc	17'23"
12	TAVERNIER Lola	MIF/10	Club Olympique De Cachan	17'55"
13	COULIBALY Hawa	MIF/11	Ta Rennes	17'55"
14	BOUSSELY Oceane	MIF/11	Aj Blois-Onzain	18'26"
15	BROCHIER Noemie	MIF/11	Decines Meyzieu Athletisme	18'27"
16	MORITEL Pauline	MIF/11	Acs Monistrol	18'53"
17	LAINE Manon	MIF/10	La Vigilante Fougeres	19'29"
18	DELAUNAY Canelle	MIF/10	Acl 44	19'47"
19	DHENIN Julie	MIF/11	A Six Fours	22'40"

Women 5km

1	GATEAU-FERNEZ Daphne	CAF/09	Entente Poitiers Athle 86	23'34"
2	BRENEY Eleonore	CAF/09	Fc Sochaux Montbeliard	24'03"
3	LEBEAU Julia	CAF/08	Racing Club Nantais	24'06"
4	CHARPENTIER Lison	CAF/08	Ac Romorantin	24'20"
5	ROBERT Jade	CAF/09	Acl 44	26'29"
6	MERLE Emilie	CAF/08	Autun Running	26'51"
7	BOULITEAU JUMIN Maeva	CAF/08	Us Marmande Athletisme	27'33"
8	CERON Lili	CAF/09	As Fondettes	27'40"
9	DEUTSCH Lucile	CAF/09	Us Champagne	28'01"
10	KERHARDY Ava	CAF/09	Acsam	28'12"
11	GIFFARD Violaine	CAF/09	Ac St Gratien-Sannois	28'38"
12	NALINE Julie	CAF/08	Decines Meyzieu Athletisme	28'42"
13	LOVELACE Gladys	CAF/08	Entente Poitiers Athle 86	29'02"
14	CHANVILLARD Jade	CAF/09	Ea Gillonnay-La Cot	29'24"
15	ANDLER DO MONTE Sara	CAF/09	Ea Pays De Broceliande	29'29"
16	BEAUCHAMP Lauriana	CAF/09	Ca Balma	29'33"
17	BERTIN Angele	CAF/08	Ta Rennes	30'12"
18	QUEILLE Julie	CAF/08	Ta Rennes	30'45"
19	CHARBONNIER Chloe	CAF/08	As Libourne	31'15"
20	ANQUETIL Jade	CAF/08	Ac Barentin	31'28"
21	MULLIEZ Marion	CAF/09	Oa Hazebrouck	31'44"

Women 10km

1	LE ROCH Chloe	JUF/07	Cjf Saint-Malo	44'58"
2	MERBITZ Marine	JUF/06	Fc Sochaux Montbeliard	47'00"
3	AUVRAY Lena	JUF/06	La Vigilante Fougeres	47'12"
4	GUILLARD Lisa	JUF/06	Entente Angevine Athletisme	48'24"
5	LANDRON Capucine	JUF/06	Ca Beglais	48'33"
6	CHEZE Emelie	JUF/06	Uao 31	48'51"

7	COSQUERIC Yaelle	JUF/07	Ulac Pays Fouesnantais	48'53"
8	HANNOT Juliette	JUF/06	As Tourlaville	51'06"
9	RILOS Meline	JUF/07	Asvel Villeurbanne	52'19"
10	CALAS Anouk	JUF/07	Eba	52'21"
11	VEGA GONZALEZ Irene (ESP)	JUF/07	Ac 92	52'25"
12	IUND Leonie	JUF/06	As Aix-Les-Bains	52'39"
13	SERRAND Clara	JUF/06	Ta Rennes	52'44"
14	GUERNIER Camille	JUF/07	St Max Essey Club At	54'36"
15	FENOUILLERE Clea	JUF/07	Ba Coutances	54'38"
16	DIMROCI Elsa	JUF/07	Sg La Wantzenau	54'55"
17	MARIE Peggy	JUF/07	Racing Club Nantais	55'12"
18	MACABEY Zoe	CAF/08	Asptt Dijon Athletisme	55'24"
19	BRAS Clara	JUF/07	Evreux Ac	56'20"
20	OULD BOUALI Juliette	JUF/07	Esme Us Deuil	57'23"
21	VIEILLARD Alix	JUF/07	So Calais	58'26"
22	CANU Manon	JUF/06	Caen Athletic Club	59'01"
23	RAHMOUNE Nawel	JUF/06	Ca Montreuil 93	59'40"
24	MERLY Sarah	JUF/07	Dordogne athlé	1h00'56"
25	RICHER Ninon	JUF/07	Stade Sottevillais 76	1h01'15"
26	ROBERT Celia	JUF/07	Ren Loire Divatte	1h02'17"
27	HOCHART Emy	JUF/07	Aj Blois-Onzain	1h03'33"
28	TRAVERSE Lola	JUF/07	As Libourne	1h04'01"
-	CANDILORO Lena	JUF/07	Ca Montreuil 93	AB



La Roche



Emmanuel (2nd right) and his équipe.

(Photos: Emmanuel Tardi)

Men 3km

1	DEPIERRE Gauthier	MIM/10	Athletic Club Secteur Monistro	14'06"
2	KANEL Etienne	MIM/10	Garons Association D'athletism	14'24"
3	DUCHEMIN Lino	MIM/11	As Tourlaville	14'43"
4	BRAULLE Arthur	MIM/10	Stade Olympique Calais Athleti	15'00"
5	PEJOT-GUILLARME Timeo	MIM/10	Ea Gillonnay-La Cotte	15'02"
6	RENAUDIN Sasha	MIM/10	Ac Roche-Sur-Yon	15'48"
7	CZABAN Robin	MIM/10	Froissy Ac	16'07"
8	CELHAY Enzo	MIM/10	Su Agen	16'19"
9	HUBERT Elliot	MIM/10	Racing Club Nantais	17'37"
10	LEPLAY Sidney	MIM/10	Decines Meyzieu Athletisme	18'29"
11	CAILLE Erwan	MIM/10	Beauvais Oise Union Club	18'31"
12	DUBOS Maxime	MIM/11	Grenoble Uc	18'44"

Men 5km

1	HENAULT Matteo	CAM/09	Vineuil Sports	23'49"
2	BESLU Lucas	CAM/08	La Berrichonne Chateauroux	23'52"
3	PERDEREAU Gwenole	CAM/09	La Vigilante Fougeres	24'09"
4	AUGERON Lois	CAM/09	Entente Poitiers Athle 86	24'46"
5	ROUASSI Hilal	CAM/09	Ac Romorantin	24'54"
6	FARISSIER Robin	CAM/09	Ac Secteur Monistrol	25'01"
7	VEJUX Maxime	CAM/09	Sochaux Montbeliard	25'23"
8	DUCLOS Elouan	CAM/09	Us Champagne	25'32"
9	SERRAND Baptiste	CAM/09	La Vigilante Fougeres	29'32"
10	DUCASSE Felix	CAM/09	As Libourne	30'59"
11	DELAUNAY Mathias	CAM/08	Cap Saumur	31'18"
-	HEBERT Axel	CAM/09	Val-De-Reuil Ac	DNS

Men 10km

1	RABREAU Clement	JUM/07	Val-De-Reuil Ac	41'54"
2	PICART Bastien	JUM/06	Acl 44	41'59"
3	GAVART Leo	CAM/08	Acl 44	46'45"
4	CAILLE Maxime	JUM/06	Ea Cergy Pontoise Athletisme	47'54"
5	PETER Anthony	JUM/06	Ca Ambilly	48'40"
6	MORIN Sacha	JUM/07	Stade Lavallois	48'46"
7	BABIN Noe	JUM/06	Sa Melloise	49'25"
8	THOMAS Anatole	JUM/06	Dole Ac	50'25"
9	PHILIPPARIE Leo	JUM/07	As Libourne	51'00"
10	HENNEGUIER Teo	JUM/07	Lille Ma	51'42"
11	HERGEL Hugo	JUM/06	Fc Sochaux Montbeliard	52'24"
12	TOUBOUL Timeo	JUM/07	Athletic Club Salonais	55'18"
13	FALAISE Liam	JUM/07	Beauvais Oise Union Club	55'30"
14	BOUTAULT Giovanni	JUM/07	Ua Gujan-Mestras	56'30"
15	SANCHO-LORY Alexandre	JUM/07	Usm Audonnienne	56'49"
16	LE NOIR Gael	JUM/07	Gien Athle Marathon	57'28"
17	STOLL Matthias	CAM/08	Ill Bruche A Lingolsheim	1h01'05"

Chief judge : Emmanuel Tardi (Gold)

Judges : Jean-Pierre Dahm (gold) , Bruno Fougeron (Silver) , Frederic Boursier (National), William Breton (National) , Dominique Pinon (fédéral) , Fabrice Brouillard (National)

Secretariat : Alexia Bodin (Silver) , Emile Herry (National)

MARCIADALMONDO & O MARCHADOR ROUNDUP

The Portuguese race walking blog **O Marchador** posts news reports and results as they come to hand. The page has dozens of links to articles on race walking, featuring both domestic events and those from abroad.



A good montage from O Marchador, showing what the conditions were like in Nomi. Olivia Sandery (801) didn't seem to mind.

- Monday, March 24, 2025 - Paula Milena Torres stands out in the 35 km Dudince march <https://omarchador.blogspot.com/2025/03/paula-torres-destaca-se-nos-35-km.html>
- Monday, March 24, 2025 - Evan Dunfee broke the world record for the 35km walk <https://omarchador.blogspot.com/2025/03/evan-dunfee-bateu-o-recorde-mundial-dos.html>
- Saturday, March 22, 2025 - Panagiota Tsinopoulou and Alexandros Papamichail crowned Greek champions in the 20 km race walk – Karditsa 2025 <https://omarchador.blogspot.com/2025/03/panagiota-tsinopoulou-e-alexandros.html>

- Saturday, March 22, 2025 - **Emmanuel Corvera and Lauren Harris win 20,000m race walk in Chula Vista** <https://omarchador.blogspot.com/2025/03/emmanuel-corvera-e-lauren-harris-vencem.html>
- Thursday, March 20, 2025 - **Triumphs divided in the main events of the Centroamericano de Marcha – San Jerónimo 2025** <https://omarchador.blogspot.com/2025/03/triunfos-repartidos-nas-principais.html>
- Wednesday, March 19, 2025 - **Xuanfei Hu (China) and Yanai Ayane (Japan) win the 20km race walk at the Asian Championships - Nomi 2025** <https://omarchador.blogspot.com/2025/03/xuanfei-hu-china-e-yanai-ayane-japao.html>
- Tuesday, March 18, 2025 - **Camarate breaks national under-20 record in 5000m short track walk** <https://omarchador.blogspot.com/2025/03/camarate-supera-recorde-nacional-sub-20.html>

Note: The O Marchador blog is written in Portuguese. To access an English version, open the page in Google Chrome – if you haven't already – at <https://omarchador.blogspot.com>, then right click on any empty space (not on text) on the page. A window will appear with the option to translate the page. Click on it, and the page should reload in English.

** H&T Online - NOTICE BOARD **

From the Secretary ... REGISTRATION

The registration portal is open for renewal and new memberships for season 2025.

The portal is here:

<https://www.revolutionise.com.au/vrwc/registration>

I have also completed the first series of races for entry for members to enter. (NOTE - *If you intend to buy a Season pass, see note below before entering.*)

First 3 race days here:

<https://www.revolutionise.com.au/vrwc/events>

Season Pass at \$110

<https://www.revolutionise.com.au/vrwc/shop>

When purchasing an SP, please wait 48 hours for your unique code to be sent via email. *Do not enter any races until you have received your code.*

Terry Swan

** VRWC RACE FEES

Seasons ticket 12 months:

Financial members: \$110.00 paid by the **end of May**.

VRWC Club Races:

Race fee: \$12.00. Non-financial: \$17.00. Family: \$24.00

VRWC Championships:

Race fee: \$17.00 Family: \$34.00

A family race entry rate is available to any family of 3 or more financial members.

Non-members may pay a reduced financial member rate for the first race they attend but pay the higher non financial rate for subsequent races. **Season's ticket:** all VRWC races, not Little Athletics, AV, VMA or RWA.

** VRWC ANNUAL FEES

These are reviewed at the Annual General Meeting each year. Below are the current fees as of 1st April 2025:

Senior (Open and Masters) \$30.00

Under 20: \$25.00

Under 16: \$15.00

Associate (Officials who assist with races

throughout the year): \$ 0.00

Family membership: \$50.00

Annual Subscriptions are due on **April 1st** of each calendar year.

Inner metro and outside ring metro members pay full fees.

Country members, pay 50% of the annual fee.

(The outside ring of metropolitan councils are: Wyndham, Melton, Hume, Whittlesea, Nillumbik, Yarra Ranges, Cardinia, Casey, and the Mornington peninsula down to Mornington. Outside of these areas are considered country area.)

***UNIFORMS -** Remember also that all competing members are required to wear the current Club **racing uniform** (singlet, racing top or crop top), in order to be eligible for Time or Handicap points and to race in Club championships. The cost of each item is \$40. (Families: \$40 for the first child, \$35 for siblings.)

2025 WINTER SEASON FIXTURE

APRIL

Saturday 26th April VRWC CHAMPIONSHIPS Mentone Track

MAY

Saturday 3rd May VRWC Points races Middle Park

Saturday 10th May VRWC Points races Middle Park

Saturday 10th May Coaching seminar for parents, athletes and coaches Middle Park

Sunday 18th May AV CHAMPIONSHIP, AV SCHOOLS & VRWC CHAMPIONSHIPS
& VRWC Events, incorporating AV Jared Tallent Trophy 30km Middle Park

Saturday 24th May VRWC Points races Middle Park

Saturday 31st May VRWC Points races Middle Park

JUNE

Sunday 8th June RWA 58th Annual Lake Burley Griffin Carnival, Canberra

Saturday 14th June A.V. & LA Vic Championships, Middle Park
Incorporating AV Bert Gardiner 10km winter championship

Saturday 14th June Judging course and Coaching seminar Middle Park

Saturday 21st June VRWC Points races Middle Park

Saturday 28th June VRWC Points races & Prize Day Middle Park

JULY

Sunday 6th July AV & VRWC CHAMPIONSHIPS & EVENTS Middle Park

Saturday 12th July VRWC Points races and Interval races Middle Park

Saturday 19th July VRWC Points races Middle Park

Saturday 19th July Coaching seminar for parents, athletes and coaches Middle Park

Saturday 26th July Racewalking Australia Postal Challenge event & VMA 10km Middle Park

AUGUST

Saturday 2nd August VRWC Points races Middle Park

Saturday 9th August AV Championship & VRWC Championships & events Middle Park

Saturday 16th August VRWC **Last points race** Middle Park

Sunday 24th August Australia Athletics championships Ballarat

Saturday 30th August VRWC non points race day Middle Park

September

Saturday 6th September AV 5km teams championship, VMA 5km track championship & VRWC events
Mentone Track

Sunday 14th September VRWC relay race and [Seasons Presentations](#) Middle Park



WHAT'S UP AHEAD?

Victorian & National Key Dates – 2024/2025

Fri-Sun 4-13 Apr 2025
Sat 26 Apr 2025
Sun 18 May 2025
Sun 8 Jun 2025
Sat 14 Jun 2025

Athletics Australia T&F c'ships – Perth, WA
VRWC Track championships (Winter season opener) – Mentone
AV, AV Schools & VRWC championships – Middle Park
RWA 58th Lake Burley Griffin Carnival – Canberra ACT
AV & LAVic road championships, Judging course and Coaching seminar – Middle Park

International Dates

21-23 Mar 2025	WA World Indoor T&F Championships – Nanjing, CHN
4 May 2025	4th Korzeniowski Warsaw Race Walking Cup (WA Gold) – Warsaw, POL
18 May 2025	European Race Walking Team Championships – Podebrady, CZE
16-27 July 2025	World University Games – Bochum, GER
13-21 Sep 2025	20th World Athletics Championships – Tokyo, JPN
4-9 Aug 2026	World U20 Athletics Championships – Eugene OR, USA
30 Oct-15 Nov 2026	Youth Olympic Games – Dakar, SEN

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***DISCLAIMER:** *The contents of 'Heel & Toe Online', and any opinions expressed therein, are those of the writers, and do not necessarily reflect the views of the Editor or of the Victorian Race Walking Club.*

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