

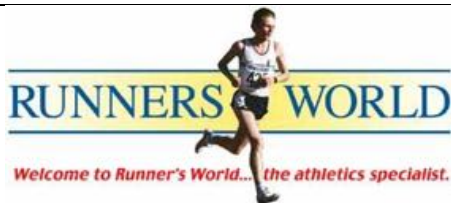


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The official organ of the Victorian Race Walking Club, Inc.

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*** WALKER OF THE WEEK ***

This week's WOTW award goes to **Kim Mottrom** of South Australia, for an outstanding effort on Saturday that saw him whip around the SA Stadium track in **12.30.01** for 3000m. In so doing he wiped out a record that had stood for 42 years – Peter Fullager's M35 State mark for 3000m. Peter had set this record whilst still an international athlete, competing for his adopted home, Australia, after an illustrious career as a British rep during the 1960s.*

Kim has been leading the way in SA walking for several years now, setting the standard of fast times for clubmates and up-and-coming juniors alike. He is also secretary of the SARWC and has recently taken over management of the 'Racewalk Australia' website from Tim Erickson. This is a demanding role but one that Kim has embraced with enthusiasm.

Alongside his walking efforts, Kim is also a regular participant in Adelaide's 'Park runs', something that obviously gives him much pleasure as well as adding another dimension to his fitness.

To finish, I'd like to quote something that Kim shared with Tim Erickson regarding his start in Little Athletics, and which, hopefully, will give heart to those taking up the sport with little or no confidence:

"(I was) terrible at everything. I was far from an athletic child and I can honestly say that my first 1500m run was barely under 10mins. The walk was the only event I wasn't terrible at and it became the event I could focus on."

Whether Olympian, social club athlete or anything in between ... we all start somewhere!

* (A detailed review of the late Peter Fullager's career – as both a British and Australian walker – can be read in Tim's very moving tribute at <http://www.vrwc.org.au/tim-archive/articles/wa-peter-fullager.pdf>)



CLUB NEWS and RESULTS

Although the VRWC has held no recent races to report on, this doesn't mean our members have all gone into hibernation – especially now that the weather's improving. Therefore, we are posing the question:

' WHO'S DONE WHAT TO STAY FIT DURING LOCKDOWN? '

While we did manage to get some of our Winter racing program done on 2021 (compared to the almost total cancellation of last year), the fact remains that we've lost many weeks of valuable competition at Middle Park since July, and it's uncertain how many we'll yet lose of our Summer program.

Inevitably, this will have had an effect on many of us in terms of enthusiasm, motivation and fitness levels, as once again we've been reduced to exercising alone, or in pairs at best, for limited amounts of time and within strict radius limits. As the planned lifting of lockdown in Melbourne approaches, we can all hope at least to be able to meet up for training in groups, to enjoy the interaction that is so vital to maintaining our interest in sports.

So ... it's now time to ask: *What have we been doing to keep up our fitness during the long night of COVID lockdown?*

All readers (including VRWC members and others who've been stuck in lockdowns elsewhere) are invited to write in to stuwalks@yahoo.com.au and to share with us any details of training or exercising (walking or otherwise) that they've pursued over the latter part of winter and early spring to stay fit. Some of us have had better access to facilities than others. Some will have used their ingenuity to make the most of what's around them – tell us how. Some will be in a position to share training tips that may be of use to others, especially anyone who needs a bit of a spur to get them going again. Share a little, share a lot, it's up to you. To paraphrase HG Nelson – “Too much will be barely enough!!”

All contributions are welcome. Photos, too!



Ariana and brother Daniel kept up their training throughout 2020's winter lockdown – with pleasing results later on.

Photo: Alla Pashutina



GET WELL, ROSS !

We have just learned that our friend and club-mate, **Ross Reid**, has been in Epworth Hospital for three weeks, recovering from a 6-way coronary bypass operation – obviously a massive procedure.

Ross hopes to be discharged early this week and wanted to say hello to everyone. He is doubtful that he'll be back into race walking for quite a while, but he is as tough as nails and loves the sport, so we'd never count him out.

We wish Ross all the best for a safe and speedy recovery, and we hope to see him back at Middle Park one day.

VICTORIA - METRO & REGIONAL

Currently, all is quiet in Victoria, NSW and ACT. Work proceeds in those jurisdictions to enable community sport and other activities to resume as soon as possible.

AROUND THE COUNTRY

* BREAKING NEWS *

Athletics Australia has advised that all championship competition held under their auspices between now and at least mid-January 2022 has been cancelled.

While no formal announcement has yet been made, we understand that the Fawkner Park championships and Invitational events, normally held in December, will now be conducted in April.

The postponed Winter Road walks championships have likewise been cancelled.

- Stu Cooper

SOUTH AUSTRALIA: Summer season opener, Saturday 9 October – SA Stadium

From Kim Mottrom: 'We started our summer season today with nice weather. A good turn out after a few weeks off, post-winter.'

Open 3000m walk

1. Kim Motttram	12.30.01 (M35 state rec)	6. Cooper Rech	16.54.25
2. Alix Harlington	15.05.07	7. Greg Metha	18.07.01
3. Nellie Langford	15.56.33	8. Peter Crump	19.32.79
4. Anthony Tana	16.22.81	9. Marie Maxted	20.02.61
5. Emily Lynch	16.26.05		

Open 1500m walk

1. Sebastian Richards	7.06.29
2. Zayden Kamish	7.45.13
3. Elizabeth Rieger	10.19.82

TASMANIA: Athletics South T&F Come and Try Day, 9 September – Domain AC, Hobart

Thanks to David Moore for this report:

'Athletics South commenced its 2021-22 T&F season with a non-scoring Come and Try Day.

In the 1500m Walk, **Macy Devine** burned up the track with a big first up PB, improving her 1500m time by 45 seconds, well done Macy! Next across the line was Masters walker **Dave Moore**.'

1. Macy Devine	ES	8.18.55	PB
2. David Moore	TMA	13.02.92	

WEST AUSTRALIA: First Summer season walks, Friday 8 October – WA Athletics Stadium, Perth

Thanks to Terry Jones for these results. Terry reports that walks are not being held weekly until next month, when the season proper will ramp up.

As with Katie Hayward last week, it's good to see Declan Tingay have his first race after Tokyo, with an excellent time.

Women 5000m race walk

1. Ashlyn Spence	Kingsway Ath	29.57.8
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Men 5000m race walk

1. Declan Tingay	UWA Athletics Club	19.35.1
2. John Ronan	Kingsway Ath	24.07.6
-- Benjamin Reid	Perth Track	DNF

QUEENSLAND: QMA Track & field meeting – Saturday 9 October – QSAC, Brisbane

Thanks to Erika Woodward for sending these through.

W29 & under 5000m

1. Korey Brady	W16	32.27.48	60.95%
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W45 5000m

1. Brenda Gannon	W47	28.05.21	76.15%
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W55 5000m

1. Erika Woodward	W55	29.48.67	78.53%
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W75 5000m

1. Noela McKinven	W79	44.37.56	68.39%
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AA's legendary statistician **Paul Jones** has circulated the rankings in all T&F events for so far this year. We include the Men's and Women's Open rankings in race walking below. (Rankings for Under 14 and Under 16 will be published in the next issue.)

Note that, where a walker has multiple listings in the same event, only their surname is used after the first listing.

**** AA RANKINGS 2021 ... Men Open**

3,000 METRES WALK

11:52.34	Carl Gibbons	N	190696	1	Mingara	26-Feb
11:54.43	Tristan Camilleri	S	140201	1	Adelaide	6-Feb
12:03.15	Gibbons			1	Mingara	30-Jan
12:18.0h	Kyle Swan	V	280399	1	Melbourne	6-Feb
12:28.61	Dylan Richardson	N	171000	2	Mingara	26-Feb
12:30.01	Kim Mottrom	S	270984	1	Adelaide	9-Oct
12:31.95	Tyler Jones	N	080498	2	Mingara	30-Jan
12:44.9h	Corey Dickson	V	190702	1	Melbourne	6-Feb
12:46.44	Gibbons			1	Newcastle	11-Jul
13:03.71	Jack McGinniskin	N	261202	3	Mingara	30-Jan
13:16.4h	Mark Blackwood	V	250177	2	Melbourne	6-Feb
13:19.01	Richardson			4	Mingara	30-Jan
13:32.61	Sam McCure	Q	180806	1	Sydney	13-Apr
13:33.08	Fraser Saunder	V	190804	1	Ballarat	6-Mar
13:34.24	Isaac Beacroft	N	180707	1	Sydney	13-Apr
13:36.39	Marcus Wakim	V	030506	2	Sydney	13-Apr
13:38.36	Owen Toyne	A	190607	2	Sydney	13-Apr
13:41.71	Ryan Bonham	N	281206	3	Sydney	13-Apr
13:46.99	Mathew Bruniges	S	040301	1	Adelaide	23-Jan
13:51.08	Ben Reid	W	300501	1	Perth	22-Jan
13:51.12	John Ronan	W	021107	3	Sydney	13-Apr
13:51.22	Kodi Clarkson	A	100208	1	Sydney	13-Apr
13:51.9h	Jason Kozica	V	141187	2	Melbourne	6-Feb
13:55.13	Grady Platt	N	110706	4	Sydney	13-Apr
13:56.47	Bailey Housden	Q	041007	1	Brisbane	2-Oct

5,000 METRES WALK

18:56.77	Declan Tingay	W	060299	1	Melbourne	27-Feb
19:04.60	Tingay			1	Sydney	22-Apr
19:09.48	Rhydian Cowley	V	040191	2	Melbourne	27-Feb
19:35.1h	Tingay			1	Perth	8-Oct
19:43.42	Will Thompson	V	181102	3	Melbourne	27-Feb
20:18.22	Kyle Swan	V	280399	4	Melbourne	27-Feb
20:29.0h	Tim Fraser	A	220200	1	Canberra	4-Mar
20:36.20	Tristan Camilleri	S	140201	1	Adelaide	13-Mar
21:14.45	Thompson			1	Melbourne	19-Feb
21:14.65	Camilleri			1	Adelaide	26-Feb
21:16.0h	Mitchell Baker	A	060701	2	Canberra	4-Mar
21:16.51	Corey Dickson	V	190702	5	Melbourne	27-Feb
21:45.74	Camilleri			1	Adelaide	20-Feb
21:46.72	Dylan Richardson	N	171000	1	Sydney	6-Mar
21:51.64	Kim Mottrom	S	270984	1	Adelaide	26-Feb
21:53.42	Jason Kozica	V	141187	6	Melbourne	27-Feb
21:54.96	Dickson			2	Melbourne	19-Feb
22:35.51	Fraser Saunder	V	190804	1	Sydney	17-Apr
22:43.80	Mottrom			1	Adelaide	30-Jan
22:45.12	Mottrom			1	Adelaide	16-Jan
22:50.62	Saunder			7	Melbourne	27-Feb
23:07.25	Mathew Bruniges	S	040301	2	Adelaide	16-Jan
23:33.45	Jack McGinniskin	N	261202	2	Sydney	6-Mar
23:35.02	William Robertson	T	051103	1	Launceston	21-Mar
23:41.68	Ryan Bonham	N	281206	3	Sydney	6-Mar
23:45.0h	Mark Blackwood	V	250177	3	Melbourne	14-Mar
23:50.0h	Ignacio Jimenez	Q		1	Brisbane	18-Jul
23:54.71	Raven Pyda	N	101204	2	Sydney	17-Apr
23:56.78	Lachlan McCure	Q	071104	1	Brisbane	23-Jan

10KM.WALK

40:00	Rhydian Cowley	V	040191	1	Melbourne	23-May
41:34	Will Thompson	V	181102	1	Melbourne	27-Mar
42:00	Thompson			1	Melbourne	2-May
42:58	Kyle Swan	V	280399	1	Melbourne	15-May
43:34	Swan			1	Melbourne	3-Jul
44:18	Swan			1	Melbourne	10-Jul
44:30	Kim Mottrom	S	270984	1	Adelaide	17-Jul
44:56	Corey Dickson	V	190702	2	Melbourne	27-Mar
45:04	Swan			2	Melbourne	23-May
45:30	Mottrom			1	Adelaide	17-Apr
46:22	Mark Blackwood	V	250177	1	Melbourne	10-Jul
46:27	Thompson			1	Melbourne	23-May
47:01	Tristan Camilleri	S	140201	1	Adelaide	28-Aug
47:24	Blackwood			3	Melbourne	23-May
47:30	Jason Kozica	V	141187	2	Melbourne	23-May
48:11	Ignacio Jimenez	Q		1	Brisbane	11-Jul
48:55	Jimenez			1	Brisbane	29-Aug
48:56	Camilleri			2	Adelaide	17-Jul
48:58	Heath Beveridge	V		1	Melbourne	27-Jun
49:21	Jack McGinniskin	N	261202	1	Sydney	23-May

10,000mW track

39:14.7h	Rhydian Cowley	V	040191	1	Melbourne	31-Jan
39:17.4h	Declan Tingay	W	060299	2	Melbourne	31-Jan
39:29.63	Cowley			1	Sydney	16-Apr
39:40.24	Tingay			2	Sydney	16-Apr
39:58.3h	Cowley			1	Melbourne	10-Jan
40:06.86	Kyle Swan	V	280399	3	Sydney	16-Apr
40:10.83	Tingay			1	Canberra	12-Jun
40:25.5h	Swan			3	Melbourne	31-Jan
40:31.4h	Tingay			2	Melbourne	10-Jan
40:35.05	Swan			2	Canberra	12-Jun
41:50.5h	Will Thompson	V	181102	4	Melbourne	31-Jan
41:58.95	Thompson			1	Sydney	16-Apr
42:17.4h	Swan	V	280399	3	Melbourne	10-Jan
42:19.33	Carl Gibbons	N	190696	4	Sydney	16-Apr
42:26.86	Corey Dickson	V	190702	2	Sydney	16-Apr
42:29.04	Mitchell Baker	A	060701	5	Sydney	16-Apr
42:45.44	Tyler Jones	N	080498	6	Sydney	16-Apr
43:06.3h	Baker			5	Melbourne	31-Jan
43:09.5h	Tim Fraser	A	220200	6	Melbourne	31-Jan
43:26.74	Baker			3	Canberra	12-Jun
43:33.6h	Tristan Camilleri	S	140201	7	Melbourne	31-Jan
44:13.69	Dylan Richardson	N	171000	8	Sydney	16-Apr
45:19.0h	Jared Tallent	S	171084	8	Melbourne	10-Jan
45:20.18	Gwyllam Young	A	060902	3	Sydney	16-Apr
46:57.27	Jason Kozica	V	141187	10	Sydney	16-Apr
48:02.00	Kim Mottrom	S	270984	1	Adelaide	28-Feb
48:25.40	Mathew Bruniges	S	040301	2	Adelaide	28-Feb
49:45.1h	Jack McGinniskin	N	261202	2	Sydney	24-Jan
49:45.43	Ben Reid	W	300501	12	Sydney	16-Apr
51:06.02	Bradley Mann	W	080199	13	Sydney	16-Apr

20KM.WALK

1:21:49	Rhydian Cowley	V	040191	1	Melbourne	2-May
1:22:28	Cowley			1	Melbourne	27-Mar
1:24:00	Declan Tingay	W	060299	17	Sapporo, Japan	5-Aug
1:24:08	Kyle Swan	V	280399	2	Melbourne	27-Mar
1:24:27	Tingay			3	Melbourne	27-Mar
1:24:37	Quentin Rew (NZL)	V		2	Melbourne	2-May
1:25:27	Swan			3	Melbourne	2-May
1:27:08	Rew (NZL)			4	Melbourne	27-Mar
1:27:24	Carl Gibbons	N	190696	5	Melbourne	27-Mar
1:27:50	Mitch Baker	A	060701	6	Melbourne	27-Mar
1:27:55	Swan			36	Sapporo, Japan	5-Aug
1:27:59	Tingay			4	Melbourne	2-May
1:28:25	Gibbons			5	Melbourne	2-May
1:29:55	Tristan Camilleri	S	140201	7	Melbourne	27-Mar
1:30:49	Tyler Jones	N	080498	6	Melbourne	2-May
1:31:48	Gibbons			1	Sydney	23-May
1:32:19	Tim Fraser	A	220200	8	Melbourne	27-Mar
1:32:31	Kim Mottrom	S	270984	1	Adelaide	7-Aug
1:34:58	Fraser			7	Melbourne	2-May

1:35:01	Dylan Richardson	N	171000	9	Melbourne	27-Mar
1:36:43	Richardson			8	Melbourne	2-May
1:49:51	Ben Reid	W	300501	1	Perth	14-Feb
1:50:25	Mathew Bruniges	S	040301	2	Adelaide	7-Aug
1:51:23	Pramesh Prasad	V	210474	9	Melbourne	2-May
1:51:47	Kevin Cassidy	V		10	Melbourne	2-May

50KM.WALK

3:52:01	Rhydian Cowley	V	040191	8	Sapporo, Japan	6-Aug
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**** AA RANKINGS 2021 ... Women Open**

3,000 METRES WALK

13:37.21	Milly Boughton	N	030206	1mx	Mingara	30-Jan
14:06.58	Boughton			1mx	Canberra	26-Feb
14:15.86	Melissa Lewis	W	210587	1mx	Perth	22-Jan
14:17.10	Allanah Pitcher	N	190903	1	Mingara	26-Feb
14:24.82	Alexandra Griffin	W	100605	1mx	Perth	1-Apr
14:40.65	India Duguid	N	130605	1	Mingara	26-Feb
14:46.04	Elizabeth McMillen	N	100404	2mx	Mingara	30-Jan
14:50.9h	Charlotte Hay	V	011203	1mx	Melbourne	6-Feb
14:52.42	Sienna Pitcher	N	271107	1	Sydney	14-Apr
14:53.84	Amber Norton	Q	100406	1mx	Brisbane	23-Jan

5,000 METRES WALK

20:51.03	Jemima Montag	V	150298	1mx	Melbourne	27-Feb
22:05.82	Rebecca Henderson	V	040701	3mx	Melbourne	27-Feb
22:10.07	Katie Hayward	Q	230700	1mx	Brisbane	20-Feb
22:45.96	Alanna Peart	V	060903	4mx	Melbourne	27-Feb
23:15.02	Olivia Sandery	S	220103	1mx	Adelaide	30-Jan
23:27.84	Clara Smith	Q	090398	1mx	Brisbane	10-Feb
23:37.42	Milly Boughton	N	030206	1	Sydney	17-Apr
23:41.22	Elizabeth McMillen	N	100404	1	Sydney	17-Apr
23:47.81	Hayward			1mx	Brisbane	2-Oct
23:56.07	Alexandra Griffin	W	100605	2	Sydney	17-Apr
24:24.65	Gabriella Hill	Q	091003	1mx	Brisbane	23-Jan
24:28.8h	Charlotte Hay	V	011203	1mx	Melbourne	6-Mar
24:33.32	Peart			1mx	Melbourne	19-Feb
24:33.41	McMillen			1	Sydney	6-Mar
24:33.71	Jayda Anderson	Q	100805	3	Sydney	17-Apr
24:35.46	Jemma Peart	V	150601	5mx	Melbourne	27-Feb
24:35.42	Anderson			1	Brisbane	13-Mar
24:36.83	Boughton			1mx	Canberra	12-Feb
24:40.33	Griffin			1mx	Perth	12-Mar
24:42.22	Hay	V	011203	6mx	Melbourne	27-Feb
24:44.12	Hannah Mison	N	141101	1	Sydney	6-Feb
24:56.16	Nicole Fagan	N	240789	2	Sydney	6-Mar
25:11.97	Allanah Pitcher	N	190903	1mx	Sydney	13-Mar
25:25.11	Melissa Lewis	W	210587	2mx	Perth	12-Mar
25:36.07	Tara Laytham	N	210605	4	Sydney	17-Apr
25:37.24	Hannah Bolton	N	291203	3	Sydney	6-Mar
25:37.35	Sienna Pitcher	N	271107	4	Sydney	6-Mar

10KM.WALK

43:25	Jemima Montag	V	150298	1	Melbourne	23-May
46:34	Rebecca Henderson	V	040701	2	Melbourne	23-May
48:04	Alanna Peart	V	060903	1	Melbourne	27-Mar
48:58	Olivia Sandery	S	220103	2	Melbourne	27-Mar
49:15	Peart			1	Melbourne	2-May
49:20	Sandery			1	Adelaide	7-Aug
50:25	Peart			3	Melbourne	23-May
51:21	Elizabeth McMillen	N	100404	1	Sydney	23-May
51:23	Gabriella Hill	Q	091003	3	Melbourne	27-Mar
52:39	Melissa Lewis	W	210587	1	Perth	19-Jun
53:48	Emma Blanch	N	010403	2	Sydney	23-May
53:54	Madeleine Feain	V	280498	1	Melbourne	15-May
53:57	Hannah Bolton	N	291203	3	Sydney	23-May
54:10	Charlotte Hay	V	011203	4	Melbourne	27-Mar
54:21	Sarah Brennan	V	220476	4	Melbourne	23-May
55:05	Jemma Peart	V	150601	2	Melbourne	2-May
55:42	Hay			3	Melbourne	2-May
55:50	Nellie Langford	S		2	Adelaide	7-Aug

57:28	Hannah Parker	N	221002	4	Sydney	23-May
58:40	Claire Samanna	V	241091	1	Melbourne	17-Jan
58:48	Kate Siviour	V		2	Melbourne	15-May
58:51	Emily Smith	V		1	Melbourne	3-Jul

10kmW track

42:35.2h	Jemima Montag	V	150298	1mx	Melbourne	31-Jan
43:45.2h	Montag			1mx	Melbourne	10-Jan
43:46.05	Katie Hayward	Q	230700	1	Sydney	15-Apr
44:22.5h	Hayward			2mx	Melbourne	31-Jan
45:13.77	Rebecca Henderson	V	040701	2	Sydney	15-Apr
45:21.0h	Henderson			3mx	Melbourne	31-Jan
45:55.22	Henderson			1mx	Canberra	12-Jun
46:17.88	Hayward			1mx	Brisbane	14-Mar
46:25.5h	Henderson			2mx	Melbourne	10-Jan
47:01.69	Clara Smith	Q	090398	3	Sydney	15-Apr
47:03.55	Olivia Sandery	S	220103	1	Sydney	15-Apr
47:17.3h	Hayward			3mx	Melbourne	10-Jan
47:35.70	Sandery			2mx	Canberra	12-Jun
48:11.05	Sandery			1mx	Adelaide	28-Feb
48:36.5h	Alanna Peart	V	060903	4mx	Melbourne	31-Jan
49:02.06	Peart			3mx	Canberra	12-Jun
49:47.29	Peart			2	Sydney	15-Apr
50:59.25	Hannah Mison	N	141101	4	Sydney	15-Apr
52:08.46	Emma Blanch	N	010403	3	Sydney	15-Apr
53:25.51	Charlotte Hay	V	011203	4	Sydney	15-Apr
53:36.5h	Milly Boughton	N	030206	1	Sydney	24-Jan
53:42.79	Allanah Pitcher	N	190903	5	Sydney	15-Apr
54:14.7h	Pitcher			2	Sydney	24-Jan
54:17.66	Melissa Lewis	W	210587	1mx	Perth	20-Feb
54:37.23	Gabriella Hill	Q	091003	1mx	Brisbane	14-Mar
56:07.41	Hannah Parker	N	221002	6	Sydney	15-Apr
57:09.51	Molly O'Neill	N	011100	5	Sydney	15-Apr
57:39.68	Claire Samanna	V	241091	6	Sydney	15-Apr
59:58.36	Brenda Gannon	Q	200874	7	Sydney	15-Apr

20KM.WALK

1:28:50	Jemima Montag	V	150298	1	Melbourne	27-Mar
1:30:39	Montag			6	Sapporo, Japan	6-Aug
1:30:41	Katie Hayward	Q	230700	2	Melbourne	27-Mar
1:31:51	Montag			1	Melbourne	2-May
1:31:53	Rebecca Henderson	V	040701	2	Melbourne	2-May
1:32:12	Henderson			3	Melbourne	27-Mar
1:36:16	Hayward			3	Melbourne	2-May
1:38:11	Hayward			37	Sapporo, Japan	6-Aug
1:38:21	Henderson			38	Sapporo, Japan	6-Aug
1:48:46	Melissa Lewis	W	210587	1	Perth	15-Aug
1:54:20	Hannah Mison	N	141101	4	Melbourne	27-Mar
1:54:32	Sarah Brennan	V	220476	4	Melbourne	2-May
1:55:43	Madeleine Feain	V	280498	1	Melbourne	17-Jan
2:02:44	Bridget Bell	N	160302	5	Melbourne	27-Mar



INTERNATIONAL NEWS

FRANCE: 7th Grand Prix de Lisses, 10 October – Lisses, Paris

Emmanuel Tardi was an organizer and race judge of this event on Sunday, held on a flat 2km lap circuit in sunny conditions. As the French national championships are scheduled for next weekend, the elite level walkers did not attend.

10km Hommes

Place	Nom	Prénom	équipe	Perf
1	CHEVASSUS	Melwan	Asfi Villejuif	56'30''
2	HAUMESSER	Marc	Villeneuve D Ascq Fretin Athle	57'01''
3	CHRISMENT	Gilles Pascal	Marne Et Gondoire Athletisme	1h07'50''
4	DROUET	Samuel	Nantes Metropole Athletisme	1h07'51''
5	BEAUDET	Guy	Club Athle Plessis 94	1h08'26''
6	ROTTEMBOURG	Benoit	Athletic Clubs 92	1h08'29''

7	BRUCH	Jean-frederic	Athle Chartres	1h10'30''
8	VANDENBERGHE	Renaud	Ac Du Pays De Meaux	1h11'16''

10km Femmes

Place	Nom	Prénom	équipe	Perf
1	LAVILLE	Marie	Entente Franconville Cesame	53'50''
2	BRAY	Violaine	Cjf Saint-malo	55'26''
3	BIZARD	Lucie	Stade Francais	58'14''
4	GIRAULT	Marie	Ea Cergy Pontoise Athletisme	58'22''
5	LAVILLE	Francoise	Bussy St Georges Athletisme	1h00'43''
6	COTTREAU	Helene	Athletic Club Du Pays D Ancenis	1h03'54''
7	VERSY	Norah	Athlé 92	1h04'35''
8	BOUISSOU	Sabrina	Es Sucy-en-brie	1h04'37''
9	TRAQUE	Lina	Bussy St Georges Athletisme	1h08'23''
10	LEMONNIER	Dominique	Marne Et Gondoire Athletisme	1h09'21''
11	GALTIER	Marie-christine	Ac Du Pays De Meaux	1h10'58''
12	BENIGNI	Sandrine	Stade Francais	1h12'35''
13	LEMOGNE	Jocelyne	C.c. Taverny Athletisme	1h15'50''
14	BEGUIN	Nathalie	Vierzon-vignoux-foecy Athle	1h15'53''
15	LOURENCO	Anabela	Es Sucy-en-brie	1h18'19''
16	SIMEON	Elisabeth	Paris Uc	1h19'07''
17	SAUNEUF	Lola	Marne Et Gondoire Athletisme	1h29'23''

20km Femmes

Place	Nom	Prénom	équipe	Perf
1	DUCLOS	Adele	Athlé 91	1h51'17''
2	STEINVILLE	Nathalie	Asfi Villejuif	2h15'55''
3	DE SOUSA	Marie-Lise	Ao Charenton	2h25'19''
4	BIZARD	Claudie	Thiais AC	2h28'57''
5	DAFNIET	Romane	Us Nemours	2h30'11''
6	POUVREAU	Manuella	Domont Ac	2h30'21''

20km Hommes

Place	Nom	Prénom	équipe	Perf
1	BEURIER	Jocelyn	Athlé 78	1h56'49''
2	FORESTIERI	Alexandre	Ustc Saint Tropez	1h57'20''
3	STEFANELLY	David	As Mantes	2h03'22''
4	GIBRAT	Fabrice	So Houilles	2h09'02''
5	TOUTAIN	Eric	Us Ivry	2h11'04''
6	NOGRE	Yannick	Es Montgeron	2h11'11''
7	LEMOGNE	Loic	Cc Taverny	2h12'02''
8	SIBOUT	Daniel	Neubourg Ac	2h15'00''
9	POITRENAUX	Jean-Marie	Ca Vierzon	2h19'06''
-	DEGRYSE	Jean-Claude	Ea Douchy	DQ

Juges de Marche : Alexis Auger, Jean-Pierre Dahm, Romuald Fournier, Nadia Korotkevitch, Michel Letoquaux, Dominique Pinon, Eric Swidzinski, Emmanuel Tardi, Daniel Thorel .



Melwan Chevassus, Marie Laville, Jocelyn Beurier and Adele Duclos were the winners at the Lisses Grand Prix meeting.

Photos: Emmanuel Tardi

Recently retired race walking great Garcia honoured with surprise tribute

(Reprinted from World Athletics news – Wednesday 6 October)



Photo: Runners World

The long and successful career of Spanish race walking great **Jesus Angel Garcia** has been celebrated at a surprise event held following his retirement from competitive athletics.

The 51-year-old had announced that the Tokyo 2020 Olympic Games would be his last and he hangs up his race walking shoes with a remarkable eight Olympic appearances to his name – a record tally for athletics.

He also holds the record for the most appearances at the World Athletics Championships having competed at 13 editions, from his winning debut in Stuttgart in 1993 through to Doha in 2019, when he placed eighth.

“I guess I’m the Peter Pan of race walking, eternally young,” he joked in 2014. “Perhaps one day I’ll wake up and realise that I’m old, but I haven’t yet.

“I love this sport, that’s what has kept me competing for more than 20 years, race walking and athletics in general is in my veins.”

Garcia’s international debut came at the 1992 Olympic Games in Barcelona, where he placed 10th in the 50km race walk in 3:58:43. He has raced at every Olympics since, placing fifth at the 2004 Olympics in Athens and fourth at the 2008 Olympics in Beijing. Closing the curtain on his career at the Tokyo 2020 Games, Garcia finished 35th.

At the World Championships, Garcia followed his gold medal win in 1993 with treble silver – claimed in 1997, 2001 and 2009 – while he also placed fifth in 1995 and sixth in 2003. Then there was his eighth place finish at his final edition in Doha, where he became – at 49 years and 346 days – the oldest participant in World Athletics Championships history.

He won the 50km event at the World Race Walking Cup in Podebrady in 1997, two years after his runner-up finish in Beijing, while his career record also includes two European medals – silver from 2006 and bronze from 2002 – plus PBs of 3:39:54 for the 50km race walk and 1:23:00 for the 20km race walk.

“I have no words to express what I feel right now after this surprise,” said Garcia at the tribute event on Monday (4). “I am eternally grateful and eternally responsible to give back to sport all that it has given me.

“I feel a lot of responsibility. I want to transmit all of my experience to the new generations. My goal is to accompany the Olympians in the short term in Paris 2024, that’s what my commitment is going to be.”

His retirement from elite athletics will also give Garcia the opportunity to continue his coaching and chiropractic careers.

“You are going to become a legend of Spanish sports,” said Spanish Olympic Committee president Alejandro Blanco. “Beyond all the tributes and recognitions, what you have achieved is that society understands that when you have a dream, no matter how wild that dream is, it can be achievable.”



Photo: Alchetron

Jesus Angel Garcia’s record

MOST APPEARANCES – Olympics

8. **Jesus Angel Garcia ESP – race walker**
7. Merlene Ottey JAM - sprinter
6. Lia Maniolu ROM - discus
6. Maria Mutola MOZ – 800m runner
6. Joao N’Tyamba ANG – 800m/1500m runner
6. Tessa Sanderson GBR - javelin
6. Dragotin Topic YUG/SRB – high jump
6. Nicoleta Grasu ROM - discus

MOST APPEARANCES – World championships

13. **Jesus Angel Garcia ESP – race walker**
11. Susana Feitor POR – race walker
11. Joao Viera POR – race walker
10. Virgilijus Alekna LTU - discus
10. Kim Collins SKN - sprinter
10. Franka Dietzsch GER - discus
10. Nicoleta Grasu ROM - discus

OLYMPICS PERFORMANCES – 50KM

Barcelona 1992 – 10th
Atlanta 1996 – DNF
Sydney 2000 – 12th
Athens 2004 – 5th
Beijing 2008 – 4th
London 2012 – 17th
Rio 2016 – 20th
Tokyo 2020 – 35th

WORLD CHAMPIONSHIPS PERFORMANCES – 50KM

Stuttgart 1993 – 1st
Gothenburg 1995 – 5th
Athens 1997 – 2nd
Seville 1999 – DNF
Edmonton 2001 – 2nd
Paris 2003 – 6th
Helsinki 2005 – DQ
Osaka 2007 – DQ
Berlin 2009 – 2nd
Daegu 2011 – DQ
Moscow 2013 – 11th
Beijing 2015 – 9th
Doha 2019 – 8th

(Frustratingly, we are not given any details of the aforementioned 'surprise tribute event' for Jesus Angel, and so far we've drawn a blank with wider searches. Perhaps a reader can enlighten us? - Ed)



WHAT'S UP AHEAD?

Victorian Key Dates – 2021

Yet to be announced, subject to ongoing lockdown measures or the lifting thereof. Stay tuned.

International Dates

Mar 1 – 6, 2022 **29th World Athletics Race Walking Teams Championship** – Muscat, Oman (postponed from 2020)
Jun 26 – July 7, 2022 **World University Summer Games** – Chengdu, CHN (postponed from 2020)
Jun 29 – Jul 10, 2022 **23rd World Masters T&F Championships** – Tampere, FIN
Jul 15 – 24, 2022 **18th World Athletics Championships** – Eugene OR, USA
Jul 22 – Aug 7, 2022 **XXII Commonwealth Games** – Birmingham, GBR
Aug 11 – 21, 2022 **European Athletics Championships** – Munich, GER
TBA, 2022 **19th World Athletics U20 T&F Championships** – Cali, COLOMBIA
TBA, 2023 **24th World Masters T&F Championships** – Gothenburg, SWE
Aug 2023 (TBC) **19th World Athletics Championships** – Budapest, HUN

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