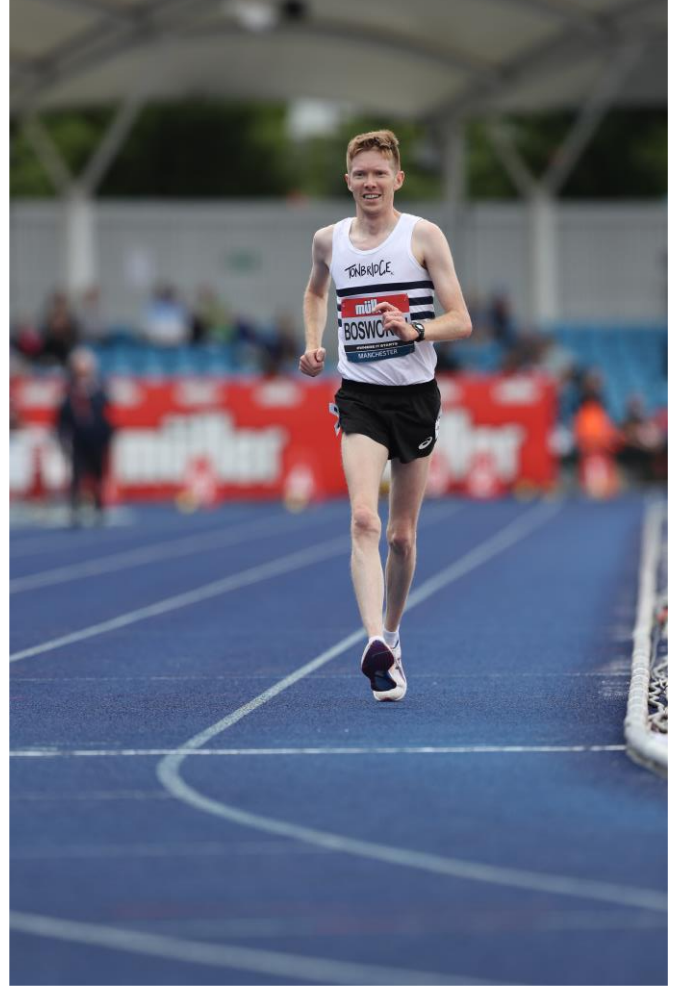
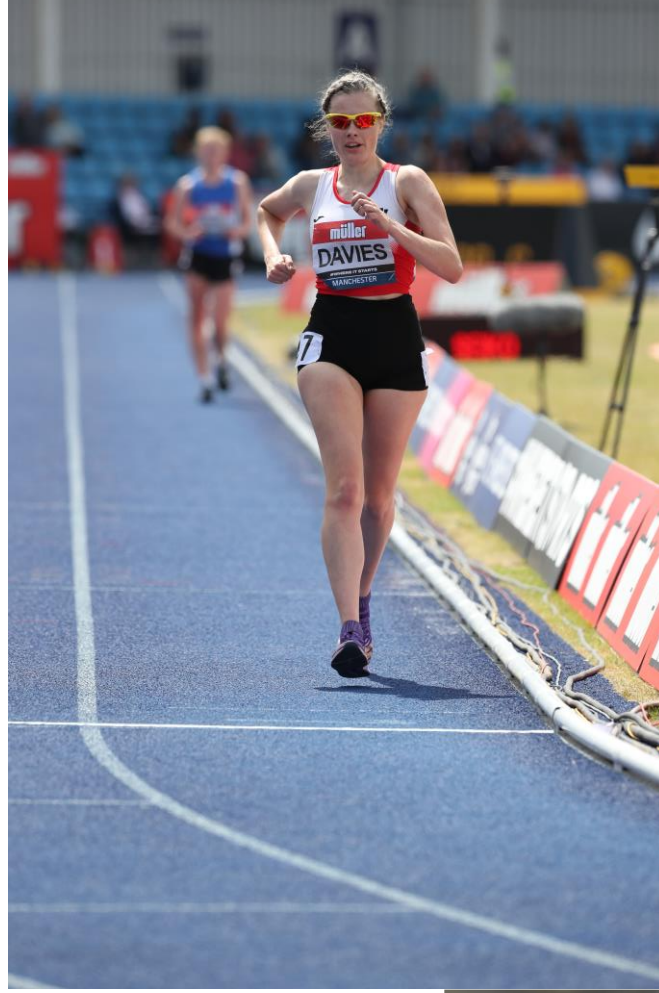




Race Walking Record

June 2022

Bethan Davies
&
Tom Bosworth



United Kingdom Track
Champions 2022

NEWS

Commonwealth Games Selections

Congratulations to Tom Bosworth and Callum Wilkinson who have both been selected to represent Team England in the 10,000m walk at the forthcoming Commonwealth Games in Birmingham and to Bethan Davies and Heather Lewis who will represent Team Wales at the games.

The women will race on the morning of Saturday 6th August with the men's race taking place on Sunday 7th August again during the morning session.

Wilkinson withdraws from GB Team

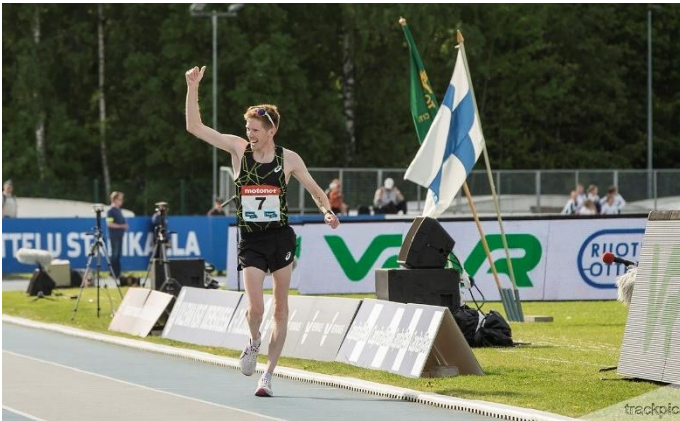
Following his initial selection on Monday 27th June, Callum Wilkinson has decided, in agreement with the Performance Team, to withdraw from the 20km Race Walk at the World Championships in Oregon and focus instead on the Commonwealth Games later in the summer. With his withdrawal Britain will not have any representatives in the walks.

Overseas

Motonet GP Espoo, Leppävaara Stadium, Espoo, Finland (Tues. 8th June)

The 2022 edition of the Motonet GP Espoo, which incorporated the "World Athletics Continental Tour" took place at the Leppävaara Stadium, with the walks held over 10,000 meters for men and 5,000 meters for women.

The men's victory went to Tom Bosworth, with 40:45.38, a mark that sets a new track personal best as on the road holds 39:10 obtained at Coventry-2020. Second and third went to the Finns Sajan Irincheev, with 42:10.93, and Joni Hava in 42:37.64, both personal bests.



In the women's sector, Enni Nurmi was victorious, with a personal best of 22:29.74, ahead of her club mate, Ella Rautawaara (U15), with 22:57.35, a very expressive mark for her age and a national record. The podium was completed with Aliisa Kiiski (U18) with 24:52.96.

Men's 10,000m

Pos	Athlete	Nation	Perf	Notes
1	Tom Bosworth	GBR	40:45.38	PB
2	Sajan Irincheev	FIN	42:10.93	PB
3	Joni Hava	FIN	42:37.64	PB
4	Jerry Jokinen	FIN	42:40.39	PB
5	Jaakko Määttä	FIN	42:46.01	PB
	Aleski Ojala	FIN	DQ	

Women's 5000m

Pos	Athlete	Nation	Perf	Notes
1	Enni Nurmi	FIN	22:29.74	PB
2	Ella Rautawaara (U15)	FIN	22:57.45	NR
3	Aliisa Kiiski (U18)	FIN	24:52.96	
4	Venla-Nora Nirkkonen	FIN	25:00.43	

Irish Life Health 150th National Senior Track & Field Championships, Dublin (Sun. 26th June)

The performance of Swedish international Perseus Karlstrom at these championships in Santry was impressive, winning the 10,000m walk in windy conditions in 37:57.02, a mark that is a new Swedish national record, previously 38:03.95 in Stockholm in 2019, and places him 5th on the world all-time list.

Perseus recorded 19:12 and 18:45 respectively for each 5000m, with the first and last 1,000 meters in 4:02 and 3:37. The last lap was covered in 1 minute and 23 seconds!



Perseus Karlstrom & David Kenny

Callum Wilkinson (pictured below) took second place with 39:55.69, and third and the Irish title went to David Kenny with 42:22.01.

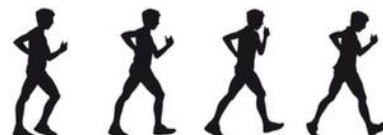


Men's 10,000m

Pos	Athlete	AG	Club	Perf.
1	Perseus Karlstrom	SENM	Togher A.C./SWE	37:57.02 [NR]
2	Callum Wilkinson	SENM	Togher A.C./GBR	39:55.69
3	David Kenny	SENM	Farranfore Maine Valley	42:22.01
4	Oisin Lane	U23M	Mullingar Harriers AC	43:50.55
5	Joe Mooney	SENM	Adamstown A.C.	44:55.85
6	Jerome Caprice	SENM	Dundrum South Dublin	45:55.67
7	Matthew Glennon	U20M	Mullingar Harriers AC	47:26.88 [PZ]
8	Jake O'Brien	SENM	Moy Valley AC	47:59.92

Women's 5000m

Pos	Athlete	AG	Club	Perf.
1	Kate Veale	SENW	West Waterford AC	23:31.12
2	Siobhan Doherty	SENW	Tír Chonail A.C.	27:51.32
3	Ruth Monaghan	SENW	Sligo Athletic Club	28:10.97
4	Ciara Mooney	SENW	Adamstown A.C.	28:35.50
5	Ciara Wilson Bowen	SENW	Dundrum South Dublin	28:41.99



National

Welsh Senior 10,000m Championships, Cardiff (Sun. 12th June)

Day two of the Welsh Championships kicked off with the men's and women's 10,000m walk, featuring Heather Lewis and Bethan Davies. Both athletes heading to the Commonwealth Games, and it was a fantastic opportunity for them to test themselves against each other. It was Heather who was victorious, recording a new personal best on track of 45:27.98 for the 10,000m distance, whilst Bethan stopped the clock in 46:11.26.

Chris Snook came out on top in the men's race with a new personal best, after a close race with Guy Thomas who took the Welsh title.

Mixed 10,000m

Pos	Athlete	AG	Club	Perf.
1	Christopher Snook	U23M	Aldershot Farnham & D	42:11.42 [PB]
2	Guy Thomas	SENM	Tonbridge Athletic Club	42:24.58
3	Heather Lewis	SENW	Pembrokeshire Harriers	45:27.98 [PB]
4	Bethan Davies	SENW	Cardiff A.A.C.	46:11.26
5	Hannah Hopper	U20W	Cambridge Harriers	53:45.42
6	Beatrice Fury	U23W	Medway & Maidstone	60:38.47
	Tom Partington	SENM	Manx Harriers	DNF
	Daniel Mckerlich	U23M	Cardiff A.A.C.	DNF

Muller UK Athletics Championships, Manchester Regional Arena (Fri. 24th to Sun. 26th June)

The track programme on the third day of the Championships held in Manchester began with the women's 5000m walk with eleven athletes making the start line. Bethan Davies won her 7th championship title in 22:30.59, she is the event record holder with 21:21.52 set in 2017. The second place went to 16-year-old Gracie Griffiths, with a personal best of 25:18.40, and the third Abigail Jennings with 25:26.23.

In the men's race which followed, there were just four participants, Tom Bosworth registered the mark of 19:51.21 and accumulated his 8th title in these championships. Christopher Snook took silver with 21:20.14, and Luc Legon bronze with 22:33.18.

Women's 5000m



Pos	Athlete	AG	Club	Perf.
1	Bethan Davies	SENW	Cardiff A.A.C	22:30.49 [SB]
2	Gracie Griffiths	U17W	Pembrokeshire Harriers	25:18.40 [PB]
3	Abigail Jennings	U23W	Aldershot Farnham & D	25:26.23 [SB]
4	Abby Hughes	U20W	Taunton Athletic Club	25:53.62 *
5	Mia Dunwell	U20W	Northern (IOM) AC	27:10.35
6	Katie Stringer	U20W	Medway & Maidstone	28:11.31
7	Jacqueline Benson	U23W	Ashford Athletic Club	28:26.36
8	Beatrice Fury	U23W	Medway & Maidstone	28:33.72 [SB]
	Hannah Hopper	U20W	Cambridge Harriers	DNF
	Emily Ghose	SENW	Tonbridge Athletic Club	DNF
	Heather Lewis	SENW	Pembrokeshire Harriers	DQ TR.54.5

* Time penalty of 30 seconds added – 3 red cards, unable to serve penalty in PZ.

Men's 5000m



Pos	Athlete	AG	Club	Perf.
1	Tom Bosworth	SENM	Tonbridge Athletic Club	19:51.21 [SB]
2	Christopher Snook	U23M	Aldershot Farnham & D	21:20.14 [SB]
3	Luc Legon	SENM	Bexley Athletic Club	22:33.18 [SB]
4	Matthew Crane	U23M	Bexley Athletic Club	23:15.32 [SB]

Masters

British Masters Championships, Derby (Sat. 11th June)

Thirteen athletes, nine men and four women, toed the line for the BMAF 3000m Track Championships at Derby, *reports Andrew Clough*. The drizzle which had dogged earlier track and field events subsided to give perfect conditions for the walk. All the eligible competitors were destined for medals as long as they could finish the course and avoid any adverse decisions from the judges.

David Annetts made his usual rapid move from the start, received a couple of cautions then came home in 14:28.28. Grazia Manzotti had a very similar passage to lead the women home in 16:15.54. She was trailed by the pairing of Carolyn Derbyshire and Ian Richards who were never more than a few seconds apart. Carolyn received a red card when she passed Ian, but then maintained her form through to the finish. Ian must have worried when two red discs appeared on the posting board and appeared to be suffering down the home straight but made it home for a gold medal in the M70 class to go alongside his European bronze.

The M60 and M65 groups were closely packed about a minute behind. GB Team silver medallists from Grosseto's European Championships, Ian Torode and Colin Harle, with Hardeep Minhas and Mark Ashby, stuck together for a couple of laps before Colin was forced to retire. Hardeep received a couple of red cards as his knee failed to straighten but was so determined to stay ahead of Mark's silkily efficient style that he had to be called back after setting off for an eighth lap! He did earn a PB of 18:20.45 in winning the group. Ian Torode duly came in seventh to win the M65 group.

Behind them the remaining walkers kept to their own pace and came in alone, separated by around 20 to 40 seconds. Ray Robinson, Michele O'Neill-Hall, and Noel Blatchford each won their age group events. David Kissane was sandwiched between the ladies, but as a non BMAF competitor was 'beaten' to the silver medal by Ray Thomson who was over three minutes behind him and struggled to keep a smooth action as he was wearing spikes!

Mixed 3000m

Pos	Athlete	AG	Club	Perf.
1	David Annetts	M55	North Herts R.R.	14:28.28
2	Grazia Manzotti	W50	Tonbridge Athletic Club	16:15.54
3	Carolyn Derbyshire	W40	Nuneaton Harriers	16:59.08
4	Ian Richards	M70	Steyning Athletic Club	17:03.89 [SB]
5	Hardeep Minhas	M60	Leicester Walking Club	18:20.45 [PB]
6	Mark Ashby	M60	Cambridge Harriers	18:47.85 [SB]
7	Ian Torode	M65	Birchfield Harriers	19:01.45
8	Raymond Robinson	M45	Redcar Race Walking Club	19:35.40 [SB]
9	Michele O'Neill-Hall	W55	North East Veterans	19:55.37 [SB]

10	David Kissane	M65	Ireland	20:11.34
11	Noel Blatchford	W70	Abingdon Athletic Club	20:59.38
12	Ray Thomson	M65	Northern Masters	23:31.99
	Colin Harle	M60	Belgrave Harriers	DNF

Domestic 'A' Races

Aldershot Farnham & District Open Meeting, Military Stadium, Aldershot (Thur. 2nd June)

Mixed 5000m

Pos	Athlete	AG	Club	Perf.
1	Luc Legon	SENM	Bexley Athletic Club	22:50.3 [SB]
2	Lola-Mae Billingham	U17W	Aldershot Farnham & D.	29:50.2 [PB]
3	Katherine Smith	W55	Aldershot Farnham & D.	35:55.8 [PB]
4	George Wallace	M65	Aldershot Farnham & D.	37:30.6 [PB]
	Christian Hopper	U20M	Cambridge Harriers	DNF

Surrey & Sussex & Veterans AC Masters Championships, Kingston (Sun. 5th June)

With thirteen entries and ten starters this was a comparatively good field. Weather conditions were ideal. Trevor Jones, who was returning from injury, had a comfortable win from Ilford's new but younger racewalker, John Arthur.



John Arthur & Rachel Lawless

Mixed 3000m

Pos	Athlete	AG	Club	Perf.
1	Trevor Jones	M65	Steyning Athletic Club	16:46.32
2	John Arthur	M60	Ilford Athletic Club	18:20.97
3	Rachel Lawless	W60	Ilford Athletic Club	18:22.30
4	Fiona Bishop	W60	Woking Athletic Club	19:52.86
5	Christopher Flint	M70	Surrey Walking Club	21:56.41
6	Arthur Olszewski	M40	Veterans Athletic Club	21:57.44
7	Sandra Francis	W65	Striders of Croydon	22:12.41
8	Peter Hannell	M75	Surrey Walking Club	23:07.87
9	Judith Carder	W65	Brighton & Hove AC	23:57.52
10	Shaheda Arthur	W60	Ilford Athletic Club	31:00.76

Kent Schools Championships, Gillingham (Sat. 11th June)

Mixed 3000m

Pos	Athlete	AG	Club	Perf.
1	Lewis Burr	U15B	Tonbridge Athletic Club	18:04.37
2	Jessica Wilton	U17W	Ashford Athletic Club	18:04.98

Mixed 5000m

Pos	Athlete	AG	Club	Perf.
1	Christian Hopper	U20M	Cambridge Harriers	25:39.30 [SB]
2	Katie Stringer	U20W	Medway & Maidstone AC	29:24.75
3	Jonathan Ellerton	U17M	Blackheath & Bromley	31:04.05

Welsh Endurance Meeting 2, Carmarthen (Wed. 22nd June)

Mixed 3000m

Pos	Athlete	AG	Club	Perf.
1	Shannon Thomas	U23W	Swansea Harriers	17:03.44 [PB]
2	Fraser Higginson	U15B	Bridgend Athletic Club	17:24.56 [PB]
3	Gemma Price	U17W	Bridgend Athletic Club	20:33.12 [SB]

4th South Yorkshire League, Millhouses Park (Tue. 28th June)

A postponement from the previous week saw a quadrupling of the entry. Despite the distraction of A levels, **reports Brian Adams**, Lara MacColl produced a PB of just outside 18 min, passing newcomer Meghan Walmsley in the last 300m. Natalie Myers, out of training since April and travelling down from her work in Leeds struggled with stitch in the middle stages.

Pos	Athlete	AG	Club	Watch/Actual
1	Lara MacColl	U20W	2 DASH	31:31/ 18:06 [3km]
2	Meghan Walmsley	U11G	Westways Sch.	31:54/ 4:14 [600m]
3	Tony Bell	M55	Lancs WC	32:48/ 32:48 [5km]
4	Natalie Myers	SENW	2 DASH	34:34/ 18:14 [3km]

Rest in Peace

The Race Walking Association is saddened to report the passing of the following:

- Ron Atton (Leicester Roadhogs)
- Mike Gleed (London Vidarians)
- Laurie Warricker (Metropolitan Walking Club)

Domestic 'B' Races

21st Anniversary Moulton 5, Moulton, Suffolk (Sat. 11th June)

Mick Graham UKA Coach and long standing ERWL supporter sent off the main field, **writes Ron Wallwork**, demonstrating that he is well on his way back from the heart attack he suffered back in January.



George Wilkinson was an unchallenged winner of the race and Melanie Peddle continued her present run of fine form to retain the ladies trophy after early pressure from the improving Jacqueline Benson.

Novice Alison Wilson surprised everyone including herself clocking 55:20 which eclipsed the Moulton village ladies record set by Linda Spink's in 2013. She is the 13th villager to walk the course in under an hour and it secured for her the Suffolk championship.

Villager Phylis Pope (74:31) and Fiona Bishop (48:18) walked in the inaugural race in 2002 as did Pam Ficken (56:09), Mick Graham (47:10),

Jon May (51:19) and the men's winner John Hall (39:12), all now contributing to the event as officials, along side Peter Cassidy and Pauline Wilson who judged the first race. Also in attendance was Ian Garmston C899, one of the event founders. Thanks to all of them them for their long service and to the officials and volunteers who made this years race possible.

Mixed 5 Mile

Pos	Athlete	AG	Club	Perf.
1	George Wilkinson	U23M	Enfield & Haringey AC	36:55
2	Melanie Peddle	W50	Loughton Athletic Club	45:32
3	Jaqueline Benson	U23W	Ashford Athletic Club	46:37
4	Emma Dyos	W45	Ilford Athletic Club	47:42
5	Steve Uttley	M60	Ilford Athletic Club	48:34
6	David Walsh	M60	Enfield & Haringey AC	49:00
7	Michel George	M50	Veterans Athletic Club	50:45
8	John Arthur	M60	Ilford Athletic Club	52:01
9	Maureen Noel	W55	Belgrave Harriers	52:54
10	Simon Morgan	M50	Ilford Athletic Club	53:46
11	John Borgars	M75	Loughton Athletic Club	53:44
12	Fiona Bishop	W60	Woking Athletic Club	54:11
13	Sue Barnett	W70	Cambridge & Coleridge AC	54:35
14	Alison Wilson	W55	Unattached	55:20
15	Mark Culshaw	M55	Belgrave Harriers	56:22
16	Tony Wilkinson	M60	Unattached	59:48
17	Diana Braverman	W70	Enfield & Haringey AC	61:22
18	David Hoben	M65	Surrey Walking Club	61:30
19	Christopher Flint	M75	Surrey Walking Club	61:34
20	Paul Firmage	M65	Ryston Runners A.C.	64:00
21	Phyllis Pope	SENW	Unattached	65:33
22	Paul Forshaw	M65	Fetch Everyone Runners	71:52
23	Chris Warner	M65	Unattached	72:45
24	Elizabeth Edgell	SENW	Unattached	72:45
25	Viv Houghton	W70	Unattached	72:45
26	David Ainsworth	M70	Ilford Athletic Club	78:44
27	Shaheda Arthur	W60	Ilford Athletic Club	86:51

Dick & Zena Smith Trophy, Bury (Sat. 11th June)

The Dick and Zena Smith 10,000m & 5000m Trophy races took place at the Bury track a week later than originally planned, *writes Roy Gunnett*. The event was initially scheduled for June 4th – however, the lack of numbers resulting from the Queen's Jubilee necessitated a postponement.

Six walkers lined up for the start of the 10,000 race and one for the 5000 (Greg Smith). The promised BBC weather forecast of dry sunny weather did not fully materialise. The first third of the race was in light rain – the remainder was warm and overcast with occasional sunny spells.



All the 10,000 walkers for the first 5000 stuck together and went through the halfway mark in 35:56. A lap later Tony Bell broke away from the 'peloton' and walked strongly all the way to a scratch victory – with a second-half negative split time.

Shortly after Tony's breakaway Roy Gunnett also drew away from the others. However, this was short-lived, and Ian Hilditch overtook Roy and then, towards the end of the race, he was also overtaken by Phil McCullough.

Phil McCullough won the handicap race and was presented with the Dick Smith trophy.

10,000m

Pos	Athlete	AG	Club	Perf.
1	Tony Bell	M55	Lancashire Walking Club	68:28
2	Ian Hilditch	M80	Lancashire Walking Club	70:21
3	Phil McCullough	M65	Lancashire Walking Club	71:39
4	Roy Gunnett	M75	Lancashire Walking Club	72:15
5	Steve Wilde	M65	Lancashire Walking Club	73:17
6	Joe Hardy	M75	Lancashire Walking Club	73:53

5000m

Pos	Athlete	AG	Club	Perf.
1	Greg Smith	M65	Lancashire Walking Club	35:41



Winners in the recent R.W.A 200 Club draw

£25.00 £15.00 £10.00

June 22 Noel Blatchford Dougie Corkhill Steve Taylor

It is £12 per number per year, so if you wish to join, please contact Mark Easton (rwatreasurer@yahoo.co.uk) for further details.

London Inter-Club Challenge/Enfield League, StoneX Stadium, Hendon (Sat. 25th June)

Mixed 5000m

Pos	Athlete	AG	Club	Perf.
1	George Wilkinson	U23M	Enfield & Haringey AC	22:23.18
2	David Annetts	M55	North Herts Road Runners	24:08.54
3	Melanie Peddle	W50	Loughton Athletic Club	27:21.19
4	Grazia Manzotti	W50	Tonbridge Athletic Club	27:42.25
5	Colin Harle	M60	Belgrave Harriers	30:19.28
6	John Arthur	M60	Ilford Athletic Club	31:07.58
7	Simon Morgan	M50	Ilford Athletic Club	32:52.56
8	Susan Barnett	W70	Eastern Masters AC	33:05.67
9	Amalia Christina Silva	W55	Belgrave Harriers	33:50.82
10	Noel Blatchford	W70	Abingdon Athletic Club	34:19.91
11	Tony Wilkinson	M60	Unattached	37:29.97

3000m

Pos	Athlete	AG	Club	Perf.
1	Shaheda Arthur	W60	Ilford Athletic Club	31:29.97

2022 ERWL Eighth Fixture

LICC 1000/3000/5000m

Note: 5000m time limit of 38 minutes

Saturday 23rd July starting at 12 Noon

StoneX Stadium, NW4 1RL

Online entries only by 17th July at:

UKEntry4Sports | office@entry4sports.com

Blackheath & Bromley Harriers Johnson Bowl 4 Miles, Norman Park, Bromley (Wed. 29th June)

During a period of unreliable weather, the Blackheath & Bromley Annual Johnson Bowl race and match against Surrey Walking Club was held in ideal conditions with the evening sunshine moderated by a slight cool breeze. This race which has been held for over 100 years in various formats also included the Surrey WC 4 miles championship for the Gazette Cup and attracted a relative healthy number of thirteen starters. It also included an element of coaching for the youngster's courtesy of Ashford's Chris Hobbs. For several years Roger Michell had won the BBHAC race, but this time was no match for under-17, Johnny Ellerton, with a final margin of just under three minutes as the latter tried to hold leaders Jacqueline Benson and Grazia Manzotti who were not too far ahead.

Mixed 4 Mile

Pos	Athlete	AG	Club	Perf.
1	Jacqueline Benson	U23W	Ashford Athletic Club	35:20
2	Grazia Manzotti	W50	Tonbridge Athletic Club	35:48
3	Jonathan Ellerton	U17B	Blackheath & Bromley	37:49
4	John Arthur	M60	Iford Athletic Club	39:06
5	Diane Bradley	W60	Tonbridge Athletic Club	39:15
6	Roger Michell	M70	Surrey Walking Club	40:26
7	Peter Watts	M70	Swanley & District AC	40:45
8	Matthew Ellerton	M45	Blackheath & Bromley	42:46
9	David Hoben	M65	Surrey Walking Club	47:33
10	Christopher Flint	M75	Surrey Walking Club	47:55
11	Peter Hannell	M75	Surrey Walking Club	50:34
12	Shahada Arthur	W60	Iford Athletic Club	67:02
	Nolan Simmonds	M80	Surrey Walking Club	DNF

Mixed 1 Mile Development Walk

Pos	Athlete	AG	Club	Perf.
1	T. Checkeku-Boamah	U13B	Blackheath & Bromley	10:03
2	Francesca Newman	U13G	Blackheath & Bromley	10:45

Sheffield Schools Results

from Brian Adams

Sheffield Primary Schools 1, Sheffield Hallam University City Stadium (Tue. 24th May)

First of three primary schools qualifying rounds with the top six in each event going through to the finals on June 30th. Those listed below are the qualifiers.

The girls race went smoothly, but the boys' race was hectic for the judges, with more enthusiasm than technical competence several boys were jogging down the finishing straight and had to be removed from the results.

Year 6 Girls 600m			Year 6 Boys 600m		
=1	E. Phillips	3:50.6	1	I. Williams	3:34.2
=1	M. O'Flaherty	3:50.6	2	O. Noon	3:34.4
3	S. Cliff	3:54.2	3	Z. Hussain	3:34.7
4	R. Uttley	3:56.5	4	H. Higgins	3:41.6
5	A. Evans	3:59.2	5	F. Marshall	3:49.5
6	S. Clitheroe	3:59.4	6	O. Thornley	3:49.7

23 finishers

22 finishers

Sheffield Primary Schools 2, Sheffield Hallam University City Stadium (Thu. 26th May)

All the walkers in these qualifying rounds are completely new to walking. The quality of walking was better than in round 1, though not perfect and the judges were able to ensure that all those in a qualifying position were worthy of going through to the finals.

Year 6 Girls 600m			Year 6 Boys 600m		
1	M. Randall	3:47.5	1	A. Kamkar	3:41.3
2	R. Leach	3:49.3	2	N. Peel	3:46.9
3	Unknown	3:49.7	3	L. Staniland	3:49.0
4	S. Morgan	3:52.8	4	M. Otter	3:51.3
5	I. Ahmed	3:56.5	5	G. Ionescu	3:51.7
6	A. Beckett	3:56.9	6	Z. ?	3:51.9

20 finishers

18 finishers

Sheffield Primary Schools 3, Sheffield Hallam University City Stadium (Thu 9th June)

A new set of first time walkers, few of whom will have been given clear instructions on walking from their schools. The girls were technically better than the boys, but both boys and girls are around 10 seconds slower in this round than in the previous two.

Year 6 Girls 600m			Year 6 Boys 600m		
1	A. Cheadle	3:59	1	S. Mumford	3:48
2	E. ?	4:02	2	A. ?	3:49
3	E. Maswine	4:03	3	O. Mansfield	3:49
4	M. Walmsley	4:06	4	R. Robinson	3:50
5	N. Dwde	4:09	5	J. Robinson	3:53
6	E. Eagles	4:11	6	E. ?	3:59

20 finishers

19 finishers

South Yorkshire Schools Championships, Doncaster (Sat. 11th June)

The two years of inactivity will require a lot of rebuilding to get numbers up to the 7 or 8 we used to get. Ellis Simmonds was the only starter, turning out even though not feeling 100%.

Unfortunately, there was one other walker who was present, but not being aware of the call up procedure and as the race was the second event, she missed the start.

Inter Boys 1000m

Pos	Athlete	AG	Club	Perf.
1	Ellis Simmonds	U17M	Derbyshire & S. Yorkshire	4:56.7



July

7 th	A	A.F.D. Open Meeting	Aldershot
10 th	A	Medway & Maidstone Open 3000m	Gillingham
10 th	A	Midland Track Championships	Stratford-upon-Avon
12 th	B	V.A.C. Summer Series No.3	Battresea Park
12 th	A	South Yorkshire League No.5	Millhouses Park
17 th	A	England Athletics U20/U23 Championships	Bedford
17 th	B	Sarnia Championship 8 – 2000m	Footes Lane
20 th	A	Cambridge Harriers Open 3000m	Eltham
23 rd	B	Fred Pearce Trophy Relay (Lancs. W.C.)	Simister
23 rd	B	LICC/Enfield League (1000/3000/5000m)	StoneX Hendon
31 st	A	England Athletics Senior Championships	Bedford

SEAA
www.seaa.org.uk

South of England
Athletic Association

South of England AA Track Race Walk Championships

Sunday 14th August 2022 at Chelmsford, CM1 2EH

Senior/U20 5000m & U17/U15 3000m

(The qualifying standard for the 5000m = 32:00)

Enter online at seaa.org.uk - [Track and Field](#) Closing date 2nd Aug.

The RWA (Southern Area) has agreed to use this event as its 5000m and 3000m championships and will contribute towards the SEAA entry fee of each individual who participates in the championship.

All athletes must be registered with England Athletics, and this applies to all age groups, and they must have a Southern Area qualification. If not members of a southern club, they will be asked to confirm their eligibility.

This is a great opportunity to participate and support an important regional championship and Southern Area medals will be awarded in each age category.

Talk to your coach or contact Chris Hobbs (hobbsrom@outlook.com) the RWA (Southern Area) Coaching and Development officer.

