



HEEL AND TOE ONLINE

The official organ of the Victorian Race Walking Club
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WHAT'S ON NEXT

The opening round of the VRWC winter season was successfully held last Saturday afternoon (results are further down in the newsletter) and we are back next Saturday with a further round as follows

VRWC Roadraces, Middle Park, Saturday 11th July
1:45pm 2km Roadwalk Open (no timelimit)
2:00pm 4km Roadwalk Open (no timelimit)
2:30pm 12km Roadwalk Open (timelimit 70 minutes)

Each race will be capped at 20 walkers. Places will be allocated in order of entry. No exceptions for late entries. \$10 per race entry. Walkers can only walk in ONE race. Multiple race entries are not possible.
Race entries close at 10PM Wednesday evening. No entries will be allowed on the day.

Mark Donahoo has asked me to let everyone know the following additional information.

Can you please ask athletes to advise prior if they do not intend walking the complete distance, a simple chat to our time keepers is sufficient or let us know at checkin. This makes it easy for them to track as we aren't using coloured ribbons, due to Covid protocols.

Secretary Terry Swan also wants me to reiterate that *"we can take credit and debit cards for check in and online, you don't need a PAYPAL account. We took far too much cash and only 1 credit card transaction on Saturday. Cash is NOT preferred."*

See the following 2 online files for full instructions on how to enter and what to do on the day.

Raceday Instructions: [VRWC-Race-Info-11-July-2020.pdf](#)
Map of Start/Finish and Checkin Area: [Map of start area at Middle Park2020.pdf](#)

PAUL F DEMEESTER TALKS MATTERS IAAF

Thanks to US Attorney at Law Paul F. DeMeester for another thought provoking article. That is the 15^h in a row and is as cutting and insightful as ever. You can see links to all Paul's articles at the bottom of webpage <http://www.vrwc.org.au/save-the-50km.shtml>.

CREDIT WHERE CREDIT IS DUE: ABBY HOFFMAN

By Paul F. DeMeester

If there had been gender equality in sports all along, athletics might not have Abby Hoffman within its ranks. Before becoming a track & field star, she was a 9-year old defenseman who was making an impression in Canadian boys' hockey. You read that right, *man* and *boys*. Opportunities were not there for girls in hockey back in 1956, so young Abby cut her hair short and showed up for practice and games already having changed into her game uniform. Eleven years before Kathrine Switzer entered the men's only Boston Marathon in 1967 under the name "K. Switzer," Hoffman introduced herself to her teammates as "Ab." It worked for a while. But when her team made a season ending tournament, the team members had to produce their birth certificate to the organizers. Ab turned out to be Abigail and her hockey days were over. Her parents brought a legal case to force equality. Some websites recount that they won their case in the Ontario Supreme Court. Others state that they lost. Whatever the outcome, hockey's loss was athletics' gain. Hoffman started running track. Canadian hockey did not forget. In 1982, they named their National Women's Hockey Championship the Abby Hoffman Cup.

Hoffman was good at sports, not just one sport. She went on to shine in the 800 metres, representing Canada at major international competitions from 1963 through 1976, when she was the flagbearer for the Canadian Olympic Team in front of a home crowd at the Montreal Games. It was her fourth Olympics, having debuted at Tokyo 1964. She reached the 800-metre final twice, in Mexico City in 1968 and Munich in 1972, with a best of seventh in '68. She earned gold in her event at one Commonwealth Games (880 yards) and two Pan American Games. Since retiring from top racing, she has been a sports administration leader as Director General of Sport Canada and as a member of the Canadian Olympic Committee. In 1995, she joined the World Athletics Council when the federation was still the IAAF. Hoffman is not just a sports leader. She serves as a top official within the Strategic Policy Branch of Health Canada, her nation's public health ministry.

When she changed sports from hockey to athletics, Abby Hoffman took her commitment to gender equality with her, to the benefit of women 50K race walkers. I first met her at the Canary Wharf Marriott in London, where the IAAF Council was meeting in April of 2017, with the elimination of the 2020 Olympic Men's 50K Race Walk Event on the agenda. Hoffman was the first Council Member I lobbied on the issue. She made time for me and lavishly praised the Rio 50K, an exciting race with plenty of lead changes, some drama, and a near-podium miss for her countryman Evan Dunfee. The Men's 50K survived that bout.

A year and a half later, I had the pleasure of meeting her again in Monaco, where the Council met in December of 2018. The future of race walking had been on the Council agenda meeting ... until it was removed. The removal did not deter our lobbying group (Inês Henriques, Johana Ordóñez, Ainhoa Pinedo, Erin Taylor-Talcott and Quentin Rew) from attending. Once again, Hoffman made time to hear us out. Our cause was to include women 50K race walkers at the 2020 Olympics, women by then having gained a place at the 50K start line of the top IAAF events. We met with Hoffman on Friday night. What happened the next day demonstrated that Hoffman has never given up the fight for equality. Hoffman happened to chair the Competition Commission. The Commission met on 1 December 2018, ahead of the Monday and Tuesday meetings of the full Council. Meetings of any of the World Athletics bodies are not open to the public. But what went on behind closed doors was wonderful. Hoffman's Commission passed a request to the Council to ask the International Olympic Committee (IOC) to include women in the 2020 Olympic 50K Race Walk Event. Remember, race walking was not on the Council's agenda, having been removed from it a couple of months before. Three days later, the Council followed Hoffman's lead and made official the request to the IOC. Later in the month, then IAAF Competitions Director Paul Hardy formalized the Council's request in writing to the IOC. I could not have written a better letter.

We know what happened next, of course. The IOC stuck to its policy of sex discrimination and rejected the IAAF request. The Court of Arbitration for Sport (CAS) turned the women walkers down last February. To Hoffman, it must have felt like it was 1956 all over again. But let Hoffman's stellar career be an example of never giving up. Without Hoffman's Commission action, the legal action in CAS would not have been possible. I'll spare you the legal reasons why. What matters is that without Hoffman, there would not have been a case. The case was right, the cause was right, the outcome was wrong. I just wanted to take the time to thank Abby Hoffman publicly. Sure, there were others, yet, today, I want to focus on her contribution. Thank you, Abby Hoffman.



*Left: Abby Hoffman running in the Munich Olympics in 1972
Right: Abby Hoffman in her current role as World Athletics Council Member*

VRWC ROADWALKS, MIDDLE PARK, SATURDAY 4 JULY

Our VRWC winter season finally got underway on Saturday afternoon at our club headquarters at Middle Park. It was a cold and miserable day, straight from the Antarctic and COVID-19 restrictions were in place, but nothing could dampen the enthusiasm of the 32 walkers, keen to dust off the cobwebs after a 4 month layoff.

The day went really well from what I heard. Our COVID officer Shane Dickson summed it up nicely

To everyone who attended VRWC on the weekend, it was great to see you all there. I would like to say thank you for all trying to do the right thing, with keeping your distance and following our guidelines that we have put in place. Just a reminder that all the barriers and cornered off areas are for everyone's protection.

The races were staggered, with the 1km Open walk first up at 1:45PM. We welcomed first timer **Alexandra, Lewis and Fraser Aubrey**. We also saw superb walks from our young dynamos **Ela Uzun** and **Havana Ali**, who both PB'd, with Ela also setting a new U10 Club Record.

1km Open

1.	Ela Uzun	5:01	PB 0:13, U10 Club Record
2.	Havana Ali	5:31	PB 0:29
3.	Alexandra Aubrey	6:55	First time
1.	Fraser Aubrey	5:26	First time
2.	Lewis Aubrey	5:53	First time
3.	Ethan Nash	6:26	

The 3km Open Walk was next up at 2PM. This was the biggest field and it was led out by 12 year old **Liam Hutchins** who did a great PB of 15:16. **Riley Coughlan** and **Daniel Pashutin** upped their race distances and attacked the 3km for the first time, both walking well. And we welcomed back **Liam Evans** whom we haven't seen racing with us since 2012!

3km Open

1.	Ariana Pashutina	15:58	
2.	Emily Smith	16:23	
3.	Grace Louey	17:42	
4.	Dee Holohan	18:33	
5.	Heather Carr	18:55	
6.	Maddison Nash	19:07	
1.	Liam Hutchins	15:16	PB 0:42
2.	Marcus Wakim	15:35	
3.	Riley Coughlan	16:38	First 3km walk
4.	Daniel Pashutin	17:15	First 3km walk
5.	Gerard Feain	18:22	
6.	Russ Dickenson	21:08	
7.	Liam Evans	25:43	Long time no see!
	Albin Hess	DQ	

The final wave took off at 2:30PM and was for all other distances, up to 10km, with a cutoff time of 70 minutes. Australian reps **Kyle Swan** (44:35) and **Jemima Montag** (45:58) led the field out and walked excellent first up 10km times. And a special mention to **Madeleine Feain** who took nearly 4 minutes off her 10km PB with 56:32.

5km Open

1.	Charlotte Hay	25:51	
2.	Gwen Steed	37:22	

6km Open

1.	Donna-Marie Elms	40:18	
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8km Open

1.	Kylie Irshad	52:30	
1.	Mark Donahoo	50:12	

10km Open

1.	Jemima Montag	45:58	
2.	Madeleine Feain	56:32	PB 3:56
1.	Kyle Swan	44:35	

- | | | |
|----|-----------------|-------|
| 2. | Corey Dickson | 50:57 |
| 3. | Heath Beveridge | 51:49 |
| 4. | Kevin Cassidy | 53:26 |
| 5. | Simon Evans | 61:35 |

Alas, I couldn't be there, but thanks as always to our many officials, helpers and judges who ensured a successful start. Apologies if I have missed anyone from the list.

Officials: Mark Donahoo, Ian Laurie, Bill Carr, Donna Dickson, Darlene Swan, Ian Laurie, Simon Baker, Emily Swan, Cheryl Beveridge

Judges: Peter Vysma (Chief), Diane Lowden, Shane Dickson, Stuart Cooper, Michael Bodey, Gordon Loughnan

Photos: Terry Swan (see <http://www.vrwc.org.au/piwigo/index.php?category/565>)



Jemima Montag, Kyle Swan, Madeleine Feain and Ela Uzun



Alexandra, Riley and Fraser Aubrey, along with Havana Ali (all photos Terry Swan)

TRWC ROADWALKS, SEVER MILE BEACH, HOBART, SATURDAY 4 JULY

Thanks to Dave Moore for the results of the opening round walking for the ACT Race Walkers Club in Canberra. He commented: Very Cool conditions and occasional light rain greeted our walkers for the first road walk of the 2020 season at Seven Mile Beach. Solid Walks first up from **Will Bottle** and **William Robertson** in the 5km event, while in the shorter Walks, **Sam Lindsay** and **Oscar Neely** completed their first ever Walking Race away from the track.

1km Walk

- | | | |
|----|-------------|------|
| 1. | Gabby Hay | 6.33 |
| 2. | Oscar Neely | 7.12 |

2km Walk

- | | | |
|----|-------------|-------|
| 1. | Sam Lindsay | 14.26 |
| 2. | Dave Moore | 20.49 |

5km Walk

- | | | |
|-----|-------------------|-------|
| E1. | Will Bottle | 24.24 |
| E1. | William Robertson | 24.24 |
| 3. | Ron Foster | 38.57 |
| 4. | Wayne Fletcher | 41.12 |



Start line: Wayne Fletcher; Sam Lindsay, William Robertson, Will Bottle, Ron Foster; David Moore, Oscar Neely and Gabby Hay



Gabby Hay, Oscar Neely and Sam Lindsay (photos Bernadette Morgan)

ACTRWC ROADWALKS, DICKSON, SATURDAY 4 JULY

Thanks to Val Chesterton for the results of the opening round of the ACT Race Walkers Club in Canberra. Best effort by **Kodi Clarkson**.

8km Walk

1.	Ann Staunton Jugovic	46:45
2.	Bryan Thomas	59:14
3.	Bob Parker	1:01:33
4.	Geoff Barker	1:06:39
5.	Val Chesterton	1:08:52

2km Walk

1.	Kodi Clarkson	9:41
2.	Owen Toyne	10:29
3.	Doug Fitzgerald	17:23
4.	Carmen Carlon	40:49

4km Walk

1.	Greg Durr	27:18
2.	Kate Black	27:42
3.	Rosemary Parker	30:47
4.	Jack Thackray	36:00

SARWC ROADWALKS, ADELAIDE, SATURDAY 4 JULY

Thanks to Kim Mottrom for this week's results from Adelaide. He reported: Week 4 over here, quite cold but a good turn up, Good walks by **Sebastian Richards, Sam Wilks, Archie Braithwaite** and **Orlando Grantham**. First 3km for **Tarique Kamish** as well, so good results!

5km Walk

1.	Kim Mottrom	22:00
2.	Olivia Sandery	24:40
3.	Mathew Bruniges	27:04
4.	Peter Crump	29:25
5.	Royrie Upton	32:06
6.	Zayden Kamish	33:57
7.	Seth Upton	35:31
8.	Liz Downs	38:00
9.	James Hoare	41:11

1km Walk

1.	Sam Wilks	4:53
2.	Archie Braithwaite	5:12
3.	Orlando Grantham	5:33
4.	Matilda Rech	7:01
5.	Zahra Kamish	7:07
6.	Elizabeth Rieger	7:09
7.	Xavier Upton	8:24
8.	Alexander Richards	8:32
9.	Maliha Kamish	10:41

3km Walk

1.	Sebastian Richards	15:59
2.	Hannah Wilks	17:30
3.	Kitarni Upton	18:01
4.	Cooper Rech	20:39
5.	Adrian Upton	21:44
6.	Tarique Kamish	23:17

WARWC ROADWALKS, SHELLEY, PERTH, SUNDAY 5 JULY

Thanks to Terry Jones for this week's results from Western Australia. Excellent numbers.

20km Handicap

1.	Andrew Duncan	1:47.49
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5km Handicap

1.	Wendy Farrow	33.25
2.	Sylvia Byers	48.10

10km Handicap

1.	Karyn Tolardo	1:05.26
2.	Brad Mann	56.08
3.	Ben Reid	54.36

3km Handicap

1.	Kaytee Bogaers	17.46
2.	Glenys Duncan	25.57
3.	Riley Wood	16.17
4.	Lataya Lawrence	17.08
5.	Ashlyn Spence	16.01
6.	Xavier Bernard	16.57
7.	John Ronan	14.17
8.	Emily Bogaers	23.19
9.	Wendy Farrow	20.33
10.	Coral McCooley	28.47

1.5km Handicap

1.	Gracie Dabala	8.58
2.	Layla Dabala	8.49
3.	Linkin Lawrence	9.40
4.	Luke Lawrence	8.47
5.	Ella-Jayde Coleman	10.41
6.	Annabelle Van Sprengel	8.48
7.	Kaycee Ibbotson	9.15

SAMA 10KM CLUB CHAMPIONSHIPS, FELIXSTOW, SATURDAY 4 JULY

Thanks to Colin Hainsworth for the results of the South Australian Masters 10km Club Championship at Felixstowe. Colin commented: A cold damp afternoon.

10km Walk

1.	VALMAI PADGET	1:21:51	W76	81.01%
1.	MARIE MAXTED	1:08:10	W60	75.97%
1.	GEORGE WHITE	1:02:09	M75	88.53%
1.	GIL MCINTOSH	1:09:28	M69	73.17%
2.	ROSS HILL-BROWN	1:25:05	M65	57.03%

10km Club Walk

1.	MARGARET MCINTOSH	1:23:14	W67	68.44%
1.	DAVID ROBERTSON	1:31:22	M86	72.26%
1.	RODGER BARBER	1:22:31	M82	74.38%
1.	GRAHAM HARRISON	1:18:59	M76	70.67%
2.	ROGER LOWE	1:23:27	M77	67.88%
1.	KEVIN FINN	1:10:27	M68	71.30%
2.	BRIAN WITTY	1:14:43	M69	68.03%

6km Walk

1.	COLIN HAINSWORTH	1:01:28	M90	67.92%
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6km Club Walk

1.	JEFFREY KENNETT	1:01:56	M70	64.64%
2.	DAVE FALLON	0:46:58	M67	60.85%
3.	LIZ NEUBAUER	0:50:47	W69	66.89%
4.	CATHIE HORE	0:55:00	W69	61.50%

ENGLISH VIRTUAL RACEWALKING LEAGUE, ROUND 13, ACROSS THE WORLD

The English Virtual League Racing Series continued this week with a Virtual 2km Walk. John Constandinou reported: Athletics is slowly restarting in July, and racewalks have already been announced on Guernsey and the Isle of Man. Our Virtual League will still be continuing though until normal racing resumes, so keep on racing. This week we welcome Nigeria to the league. Well done again everyone!

2km Age Graded Virtual Race: <http://racewalkingassociation.com/EventDetails.asp?id=6142>

A small group of Australians submitted times:

2km Virtual Race Women

10.	Heather Carr	W70	11:50
30.	Elizabeth Hancock Michau	W65	17:50

2km Virtual Race Men

39.	Haydn Gawne	M70	13:50
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OUT AND ABOUT

- Just published last week: Having considered the impact of the Covid19 pandemic and the continuing uncertainty in relation to international travel restrictions, the Local Organising Committee (LOC) for the **2021 Oceania Masters Athletics Championships** regret to advise that the Championships have been postponed from January 2021 until the week of the 10th to 14th January 2022. Details of the new dates and further information will be updated on the Athletics Norfolk Island website: <https://www.athleticsnorfolkisland.com/>.
- It was only in December 2018 that former GBR sprinter Christian Malcolm, a former Worlds bronze medalist, was appointed head of performance and coaching at Australian Athletics (see <https://www.bbc.com/sport/athletics/46522788>). His tenure may be a short one as he is one of 3 candidates in the running for the head coach role at UK Athletics. See <https://www.dailymail.co.uk/sport/othersports/article-8468803/amp/Former-sprinter-Christian-Malcolm-frame-new-head-coach-UK-Athletics.html>.
- Alternating Road and Off-Road Championships and the inclusion of cross country at the Olympics are among the goals in World Athletics' Strategic Plan for 2020-2023, published last Tuesday. This new plan will include the World Athletics Race Walking Team Championships so is of interest to us. See <https://www.insidethegames.biz/articles/1095846/world-athletics-strategic-plan-road>.

- A new survey has found that more than half of Tokyo residents do not want the postponed Olympic and Paralympic Games to be held next year. To make matters even more serious, complete cancellation was backed by 27.7 per cent. Of those who want to see the Games go ahead next year, 31.1 per cent said they should take place in a reduced form. See <https://www.insidethegames.biz/articles/1095816/tokyo-2020-survey-games-next-year>.
- FIFA is now budgeting for this year's revenues to come in at little more than half of its original projections, as a consequence of coronavirus. At least FIFA publishes its finances, unlike World Athletics which will probably also be hit significantly. See <https://www.insidethegames.biz/articles/1095837/fifa-revenue-2020>.
- Sports footwear and apparel giant Nike also swung heavily into loss in its March-to-May 2020 quarter, reflecting the impact of COVID-19. But they can look on the on the bright side - they don't have to pay Sebastian Coe any more. See <https://www.insidethegames.biz/articles/1095811/nike-posts-big-losses-due-to-covid-19>.
- See the short youtube feature on USA walker Andreas Gustafsson who is delaying his retirement for the 2021 Olympics. See <https://www.youtube.com/watch?v=mwywtC27PxY>.
- USA's Jeff Salvage and Gary Westerfield published the video *How to Judge Race Walking* recently. They have now released a second video *How to Judge Race Walking (Practice Video Evaluation)*. Check them both out at <https://www.racewalk.com/judging/>.
- A recent study has zoomed in on Russian T&F and analyzed the results of Russian athletes who competed at the Summer Olympic Games during the 1993-2019 period. The walks and steeplechase were the dirtiest men's events, while the 1500m, hammer and 20km walk are the dirtiest women's events, in terms of drugs failures. Well, I think we already knew that. Thanks Mr Chegin! See <https://runrepeat.com/is-russian-doping-what-it-appears-to-be>.
- The Russian Athletics Federation (RusAF) last week requested the deadline for it to pay half of a \$10 million (£8 million/€9 million) fine to World Athletics be postponed indefinitely, claiming it does not have the funds available to complete payment at the present time. What crap. WA should have nothing to do with such nonsense. You do the deed, you pay the price. See <https://www.insidethegames.biz/articles/1095860/rusaf-asks-for-extension-as-deadline>.
- Well...they had their chance. With the deadline passing, World Athletics has now stood down its Russian Taskforce after confirming it has not been paid the money owed by the country. That should ensure we don't see the cheats for a while! See <https://www.insidethegames.biz/articles/1095906/world-athletics-russia-missed-payment>.
- I commend GBR National Walks Coach Andi Drake's webinars to people at home. You can see past sessions/videos at <https://www.athleticshub.co.uk>. They should be accessible using an email address to register. To get to them, just navigate to Coaching Resources-Endurance-videos.

MARCIALMONDO AND OMARCHADOR ROUNDUP

Marcialmondo has only 1 press release for us this week

- Thu 2 Jul - Maria Guadalupe Gonzalez (MEX): CAS-TAS confirms her 4 year disqualification
http://www.marcialmondo.com/eng/dettagli_news.aspx?id=3808

while Omarchador has its usual great of selection of articles

- Sun 5 Jul - Erfurt names its indoor track in honour of Hartwig Gauder
<https://omarchador.blogspot.com/2020/07/erfurt-atribui-nome-de-hartwig-gauder.html>
- Sat 4 Jul - Results of Belarus Youth Athletics Championships in Grodno
<https://omarchador.blogspot.com/2020/07/campeonatos-jovens-de-atletismo-da.html>
- Fri 3 Jul - 4-year suspension confirmed for Guadalupe González
<https://omarchador.blogspot.com/2020/07/confirmada-suspensao-de-4-anos-para.html>
- Thu 2 Jul - Ukrainian Masters walker Ivan Pushkin celebrates 90 years
<https://omarchador.blogspot.com/2020/07/ivan-pushkin-celebrou-90-anos.html>
- Wed 1 Jul - Celebrating Jefferson Pérez's 46th birthday
<https://omarchador.blogspot.com/2020/07/no-aniversario-de-jefferson-perez.html>

TIME TO PUT THE THINKING CAP ON

First to the answers to last week's questions. Thanks to all those who put together pieces of the jigsaw. Great efforts to Emmanuel Tardi (4.9), Harold van Beek (4.5) and Paul Moritz (3.5).

66. Can you list all the Olympic Games, Commonwealth Games and major World Athletics Championships that have been held in Australia?

These are the big ones

Commonwealth/Empire Games:	Sydney 1938, Perth 1962, Brisbane 1982, Melbourne 2006 and Gold Coast 2018
Olympic Games:	Melbourne 1956 and Sydney 2000
World Junior Championship:	Sydney 1996
World Masters Championships:	Melbourne 1987, Brisbane 2001 and Perth 2016
IAAF World Cup in Athletics:	Canberra 1985

And these are lesser ones

Oceania championships:	Townsville 1996, Adelaide 2000, Townsville 2004, Cairns 2010, Cairns 2012, Cairns 2015 and Townsville 2019
World Masters Games:	Brisbane 1994, Melbourne 2002, Sydney 2009

Emmanuel Tardi earned a special bonus point for identifying the 4th IAAF World Cup in Athletics which was held on October 4–6, 1985 at the Bruce Stadium in Canberra. See https://en.wikipedia.org/wiki/1985_IAAF_World_Cup. I'd completely forgotten that one, which was an international track and field sporting event sponsored by the IAAF. It is no longer held.

And the list will grow by one next year, with the 2021 World Athletics Cross Country Championships to be held in Bathurst, NSW.

It is interesting that Adelaide has never held a major athletics championship. It was far larger than Perth in 1962. Perhaps the single athletics track works against it. Recently it put its hat in the ring as a bidder for the 2026 Commonwealth Games but has since withdrawn from the process. What a shame!

67. In the early days of the Lugano Cup, there were a few hardy walkers who raced the 20km/50km combination on successive days to help their country out from a points perspective. But in the modern era, you don't normally try to walk the combination unless there is a significant time gap between the two events. What walker won a 20/50 combination in a major meet, with only 36 hours between when the 20km started and the 50km started?

Up to and including the 1991 World Cup in San Jose, countries had to enter a team in both the men's 20km and 50km to be allowed to compete. This sometimes meant a tough ask with a walker doing the 20km/50km double over the weekend. At the 1989 World Cup in Hospitalet Spain (where Simon Baker won the 50km and Kerry Saxby won silver at the 10km), Dutch walker (and now L3 judge) Hans van der Knaap walked a PB 20km on the Saturday evening with 1:33:58, and the next morning walked the 50km in 4:31:55 (just ahead of Michael Harvey). In the same races, Erling Anderson did 1:28:55 and the next morning 4:27:07. The 20km/50km had to be completed within 20 hours! Now that's impressive.

But the performance I was after was **Nathan Deakes'** double in the 2002 Commonwealth Games in Manchester (20km win in 1:25:35 and 50km win in 3:52:40). The toughness of this particular double captured the public imagination and was generally recognised as one of the top performances of the Games. Korzenowski had won the double at the 2000 Olympics but had a 5 day break between the 2 events. Nathan had only 36 hours between the two events for his double.

"This has never been done before", said his coach Ron Weigel. "He could not recover fully. It was impossible. He's hurting now but he's fighting. He'll walk through the agony."

Deakes' triumph was particularly sweet because he ruined the effort of the hosts to limit him to one event. The Australians were horrified when they learned that the 20km walk would be conducted late on the Sunday afternoon and the 50km would start at 10AM on the Tuesday. They requested more time be inserted between the events, as is the case in Olympics and World Championships. The organisers were unyielding – and so too was Deakes who defiantly decided to do the double, recovery time or not.

The drug watchdogs wanted to make sure he did not use anything illegal in his recuperation. After the initial urine test on the Sunday for the winner, he was summoned back to the athletes' village for an unannounced sample session comprising one urine and two blood samples on the Monday, and then went through the formality of another post-competition test on the Tuesday. That makes 5 tests in 2 days!

But all to no avail. He took the double in fine style! And he did it again in the 2006 Commonwealth Games in Melbourne with 4 days between the events. His times there were even faster (30km 1:19:55, 50km 3:42:53).

68. What athlete won the first women's walk contested at the Commonwealth Games?

Now this was an easy one. It was **Kerry Saxby-Junna** who won the women's 10km walk at the 1990 Commonwealth Games in Auckland with 45:03.

69. What Australian walker was directed back into the Olympic Stadium when he still had one lap of the 2km course to complete? His 26th place finish was later amended to a DNF. Although he subsequently received an official written apology from the Olympic Games LOC and an explanatory note was also attached to the official results, it was probably a poor consolation for a walker contesting his first Olympics.

Victorian **Duane Cousins**' Olympic walk in Atlanta is remembered in unique circumstances. He was directed back into the Olympic Stadium when he still had a lap of the 2 km course to complete. He crossed the line in a provisional 26th place but this was later amended to 'DNF'. He had attempted to clarify the instructions at the time but, in a confused state, accepted the course marshal's directions. He subsequently received an official written apology from the Atlanta Committee for the Olympic Games and an explanatory note was also attached to the official results. But it was poor consolation for Duane in his first Olympic venture. He did return and rectify things in the 2000 Olympics, finishing the 50km walk there in 34th place with 4:10:43.



Duane gets assistance after finishing the 50 km incorrectly after being wrongly directed by an official

70. Which Australian walkers have contested the 20km/50km double in Olympic Games competition.

Jared Tallent	London 2012 and Beijing 2008
Luke Adams	Beijing 2008
Nathan Deakes	Athens 2004 and Sydney 2000
Dion Russell	Sydney 2000
Simon Baker	Seoul 1988
Andrew Jachno	Seoul 1988
David Smith	Moscow 1980
Frank Clark	Mexico 1968
Bob Gardiner	Tokyo 1964
Ronald Crawford	Tokyo 1964 and Rome 1960 and Melbourne 1956
Noel Freeman	Rome 1960
Ted Allsopp	Melbourne 1956

Ron Crawford did the double at 3 Games, a wonderful effort. Jared Tallent did the double at two Games and won 3 medals from the 4 events. Nathan Deakes also did the double twice. You are probably wondering why David Smith is in this list given that he never finished (or even seriously attempted) a 50km. His situation was similar to Ross Hayward in 1976 – there was a vacant spot in an event and he was able to fill it. This loophole has now been closed and it is no longer possible to do this.

Note, Charel Sowa from Luxembourg finished the 20km and 50km walks at Rome, Tokyo, Mexico and Munich!

That's it for the time being. This was always meant to be an interim section while we were out of action with COVID-19 restrictions. With VRWC commencing racing last Saturday, I am giving the old brain a rest now. I was starting to run out of questions anyway! Remember you can check out all the questions and answers at <http://www.vrwc.org.au/RW-Questions.shtml>.

A FLIGHT OF FANCY

Thanks to Mark Wall for this superb article. It brings back lots of memories of years past and what might have been...

A flight of fancy-What might have been

By Mark Wall

It is always a problem when you wake at 5-30am and your mind latches on to a thought. Worse still are the 'what would have happened if...?' type thoughts.

The 'what if' in this case was, 'What would the Australian teams have looked like if we had contested the Lugano Cup from the first available opportunity?' A secondary question, but none less important is, 'What difference would it have made to the individual athlete's careers and the landscape of the discipline?'

First a bit of background. What we know as the World Athletics Race Walking Team Championships, was initially called the Lugano Cup (after the venue of the first event). It was a men's only contest until 1979. In that year, the Eschborn Cup for women (5km) was added. At the previous two iterations, there were invitation events for women also over 5km. VRWC walker Sheila Miller finished 13th in 1977. It was a teams' event with 3 to count in each event. Until 1967 it was a purely European event.

Except for the inaugural year, European teams went through qualifying rounds (the most successful teams from the previous competition and later the hosts were exempt). In 1971, USA and South Africa entered (South Africa did not start for perhaps political reasons). Non-European teams such as the USA and Canada contested subsequent events.

The venues and team sizes were:

• 1961	Lugano	Switzerland	3 to count in each event
• 1963	Varese	Italy	3 to count in each event
• 1965	Pescara	Italy	3 to count in each event
• 1967	Bad Saarow	East Germany	3 to count in each event
• 1970	Eschborn	West Germany	4 to count in each event
• 1973	Lugano	Switzerland	4 to count in each event
• 1975	Grand-Quevilly	France	4 to count in each event
• 1977	Milton Keynes	United Kingdom	4 to count in each event

Being a selector can at times be a 'mug's game'. You will never get it right. I know that all too well from the decade plus I spent as a state selector. Worse still, when you are looking back in time and to circumstances that could have been markedly different to what you are trying to imagine!

In picking these notional teams, I relied on National Championships (logical trials), national rankings over the two-year cycle involved, personal recollections and most dangerously, perhaps, gut instinct.

I can well imagine, those with a longer memory, a longer period in the event or access to further results, can challenge my prognostications. It makes for a good talking point anyway. Of course, some of my nominations will have chosen either an alternate distance or would not have been available.

1967, Bad Saarow, East Germany (3 in each event)

20km		50km	
Frank Clark	NSW	Bob Gardiner	VIC
Ross Haywood	VIC	Ted Allsopp	VIC
Peter McCullagh	NSW	Noel Norris	QLD

An obvious absence is Noel Freeman. If this opportunity had existed, would he have contested the 1967 season. Harry Summers had a 4th place in the 1966 50km championship so would have been a logical reserve. Ross, 12th in the 1976 Olympics made his international debut at the 1974 Commonwealth Games. In 1967 he was 20 years of age, so a good development opportunity. Subsequent years were devoted to a successful running career.

Dr. Peter McCullagh never won Australian selection but whilst a student at Oxford, became the first Australian to win a AAA (English) title, in his case the 10 mile. Noel Norris equally was never to make a national team.

1970, Eschborn, West Germany (4 in each event)

20km		50km	
Noel Freeman	VIC	Bob Gardiner	VIC
Graeme Nicholls	VIC	Ted Allsopp	VIC
Frank Clark	NSW	Peter Fullager	SA
Athol Jones	NSW	Steve Hausfield	NSW

The 18-year-old Steve Hausfield could have made either team - he was 4th in the 1970 50km Championship (he did compete later in his career in 1987). The late Graeme Nicholls was never to make an Australian team. Peter Fullager made his Lugano Cup debut in 1965, with a 4th place competing for the UK. At this stage he may not have been eligible to compete for Australia but was to win selection in later years. Norm Marr (Vic) or Robin Whyte (NSW/ACT) would be the likely replacements. Athol Jones had his best year.

1973, Lugano, Switzerland (4 in each event)

20km		50km	
Peter Fullager	SA	Robin Whyte	NSW
Ross Haywood	VIC	Clarrie Jack	VIC
Graeme Nicholls	VIC	Robin Wood	VIC
Steve Hausfield	NSW	Ian Hodgkinson	WA

Second selections for the 20km team, albeit at alternative distances. Fullager, Hodgkinson and Haywood were the 1974 Commonwealth Games team. Ian Hodgkinson also contested the 1970 Games, that time for the Isle of Man. Clarrie was to win an Australian vest at 20km against New Zealand in Brisbane in 1977. The first 3 places in the 50km have gone to the placings in the AAU title that year. For Robin Wood, what could have been after such an opportunity?

1975, Grand-Quevilly, France (4 in each event)

20km		50km	
Peter Fullager	SA	Tim Erickson	VIC
Ross Haywood	VIC	Clarrie Jack	VIC
Bill Cullen	VIC	Jim Henderson	VIC
Paul Nugent	VIC	Peter Vysma	VIC

The late Jim Henderson was one of those walkers who was thereabouts for years. He and Peter Vysma crossed the line together in the AAU title in Perth, but the judges split them. So, logic dictates I would go with the four from that one race. Bill Cullen and Paul Nugent had parallel junior careers. Bill had a great campaign trying to make the 1976 Olympic team and made massive improvements. He then disappeared. As I recall, his drinks business consumed his time. Paul was the wunderkind of the period but as he took up his teaching career, as the decade progressed, he lost motivation. He was my gut instinct pick, he had the times to his name, however.

Paul (1973) and his successor as the AAU Junior Champion, Graham Dent (1974) were both training partners of Ross Hayward in his lead up to the 1976 Games. So this was very much an era of what may have been? Would opportunities have kept these guys in the discipline. In Graham's case, glandular fever and other illness coupled with over-training may have cost him. I guess at this point I need to declare a direct connection, Paul and Graham were clubmates of mine but more importantly, Graham and I were together at school, even sharing an academic prize in 1973.

Interestingly, both Paul and Bill had younger brothers who made a mark in the sub-junior (Under 17) and Junior (under 19) age groups.

1977, Milton Keynes, United Kingdom (4 in each event)

20km		50km	
Peter Fullager	SA	Willi Sawall	VIC
Ross Haywood	VIC	Tim Erickson	VIC
David Smith	VIC	Peter Vysma	VIC
Clarrie Jack	VIC	Robin Whyte	NSW

This one did take a bit of 'gut instinct' selection. The 50km team mirrors the 1976 World Championship team, Peter Vysma narrowly missing selection, and all keeping their form into 1977. That was an easier selection. The result of the 1977 50km Championship saw Willi, Tim and Peter make the podium. The late Tim Thompson took 4th, narrowly beating Robin and Clarrie. This was a race where he was able to seize his opportunity.

Clarrie could have secured selection in either event as Willi, Tim, Peter, and Clarrie all represented Australia against NZ that year. The reserve for the team was a resurgent Frank Clark. Ross scaled back on competition but after a great 1976, I believe he may have saddled up for another throw of the dice. He would have been a real addition.

Would we have retained some of the young talent we lost over the two decades? Would someone like Steve Hausfield have remained engaged rather than trying his hand at other events? Would Ross have remained in walking following his early success? He was able to achieve elsewhere in athletics before his refocus on walks. Would he have stayed in the discipline longer, even into the early 1980s? He was still only 32 in 1979. Would we have seen other walkers step up and seize such an opportunity?

Women

As I said these were invitation events, so there was no limitation on numbers. For my flight of fancy, I have gone with the male pattern and the number used in the first official event. These two team selections see two or three who did go on to gain international selection but even then, the late 1970s and into the 1980s, opportunities were limited at the highest level without races for females at major games.

1975, Grand-Quevilly, France (4 in each event) (ages in brackets)

Lilian Harpur	SA	(37)
Bev Wilkins (Hayman)	NSW	(15)
Rachel Thompson	NSW	(13)
Anne (Pembroke) Manning	NSW	(15)

This team would speak to the flux in women's walking at the time. At one end you had the tough competitive instincts of Lilian Harpur, a woman before her time, a story of opportunities denied. At the other extreme you had the inimitable Rachel Thompson who at 13 took medals at senior level. Anne Manning as a 14-year-old won a national senior title in 1974. Bev and Anne (Olympian and a Commonwealth Games silver) were to go on to appear on the world stage in major championships, Rachel appeared at a World Cup in 1983. I doubt the AWAAU would have allowed a team this young to compete, however.

1977, Milton Keynes, United Kingdom (4 in each event)

Sue (Orr) Cook	VIC	(19)
Lilian Harpur	SA	(39)
Rachel Thompson	NSW	(15)
Frances Burke	NSW	

Sue had now well and truly broken through on the National scene but despite her longevity, the Olympics came too late in her career. Frances Burke like many had that truncated career. She was still a junior in 1977. The best Victorian example of this was Kerri Neville.

So, there you have it. Some may have had an extended international career; some may have turned opportunities to a greater advantage. For others it may have been a just reward for service to the discipline. Cost would always have been an issue. For the 1979 team to go away, there was a lot of sacrifices made.

We will never know, I guess that is all part of the musings. 'What ifs' have never helped anyone.

Mark Wall, Tuesday 1st July 2020

FROM THE VAULTS .. VRWC SUMMER CHAMPIONSHIPS, ALBERT PARK, SUNDAY 20th DECEMBER 1987

The Victorian Race Walking Club always holds its traditional Summer Roadwalk Championships in the pre-Christmas part of the summer. Nowadays it is held in late November but in the 1980s, it used to be held as a Christmas meet, normally in mid December.

The 1987 VRWC Summer Road Championships were held on the morning of Sunday 20th December 1987. A total of 48 walkers was a good turnout and indicated the health of the club at that time.

On that occasion, a 50km walk was added to the program and was contested using the 5km loop around Albert Park Lake. This race attracted 4 walkers who availed themselves of the opportunity to chase an Olympic qualifier. The main us of attention was AIS walker Simon Baker who had recorded an inaugural 50km time of 4:04:30 in October 1987 in Germany. His coach Craig Hilliard was keen to see if, with a couple more months of training under his belt, Simon could improve on that time.

First to the race results which saw Simon as the only finisher

VAWC 50km Summer Club Championship

1.	Simon Baker	AIS/VRWC	3:58:51	
	Michael Harvey	VRWC	DNF	(50km in 3:12:57)
	Craig Brill	VRWC	DNF	(30km in 2:31:12)
	Mark Fletcher	VRWC	DNF	(15km in 1:21:31)

Craig Brill and Michael Harvey had walked the first 3 laps (15k) with Simon, but as he relentlessly increased his pace, they fell back, eventually retiring. Simon's fastest 10km split of 44:57 was from 20km to 30km. This is where he setup his finish time of 3:58:51, the second fastest ever by an Australian and only the second time an Australian had bettered 4 hours. Simon's 5km splits tell the story of his race.

25:57, 24:08 (50:05), 24:13, 23:30 (1:37:48), 22:50, 22:07 (2:22:45), 22:43, 23:19 (3:08:47), 24:28 and 25:36 (3:58:51).

With the confidence gained from this race, Simon went on to take 6th in the 1988 Olympic 50km (3:44:07) and then to win the 1989 IAAF Racewalking World Cup (3:43:13).



A wonderful action shot of a young Simon Baker, circa 1987

The shorter races were also contested on the 5km course. Stephen Hausfeld and Paul Copeland had led out in the 20km with a first 10km split of 44:12, but Paul then retired, leaving the win to Stephen who was a former Australian Junior Champion and the current Australian 50km champion. His winning time of 1:28:56 was a 3 minute PB and augured well for the coming year.

VAWC 20km Summer Club Championship

1.	Stephen Hausfeld	NSW	1:28:56
2.	Mark Wall	VRWC	1:40:14
3.	Peter Vysm	VRWC	1:42:39
4.	Duncan Knox	VRWC	1:43:44
5.	Sharon Schnyder	VRWC	1:43:47
6.	Carolyn Vanstan	VRWC	1:46:41
7.	Celia Massie	VRWC	1:56:10
	George Paton	VRWC	DNF
	Craig Jeffery	VRWC	DNF
	W. Harbour	VRWC	DNF
	Kylie Bonney	VRWC	DNF
	Harry Summers	VRWC	DNF
	J. Bray	VRWC	DNF
	Bob Gardiner	VRWC	DNF
	Paul Copeland	VRWC	DNF
	Andrew Jachno	VRWC	DNF

VRWC 5km Walk

1.	David Cash	VRWC	23:49
2.	Gerard Feain	VRWC	24:45
3.	Adam Patterson	VRWC	25:32
4.	S. Clancy	VRWC	25:44
5.	Wendy Muldoon	VRWC	26:27
6.	J. Hopper	VRWC	26:36
7.	B. Mason	VRWC	26:53
8.	Simone Wolowiec	VRWC	26:56
9.	M. Nicholls	VRWC	27:08
10.	Travis Harbour	VRWC	27:20
11.	Nicole Sansonetti	VRWC	28:03
12.	J. Young	VRWC	28:10
13.	Glenys McPherson	VRWC	28:20
14.	K. Johnston	VRWC	28:38
15.	K. Hicks	VRWC	28:38
16.	Kathie Woodward	VRWC	28:48
17.	Tom Daintry	VRWC	29:00

18.	L. Heintz	VRWC	29:41
19.	M. Colchup	VRWC	31:34
20.	R. Thomas	VRWC	31:50
21.	C. Paton	VRWC	34:31
22.	Stella Murnane	VRWC	34:35
23.	C.Pait	VRWC	35:36
24.	G. McDonald	VRWC	35:38
25.	Jason Eames	VRWC	36:15
26.	N. Jeffery	VRWC	36:29
	Peter Lowden	VRWC	DQ
	R Beveridge	VRWC	DQ

AUSTRALIAN RACEWALKING CHAMPIONSHPS MEN: 1960 - 1966

This follows on from 3 previous articles which detail the early Australasian and Australian Racewalking Championships (along with other particularly significant races), up to and including 1960.

- [Australasian Championships Men 1892-1920.pdf](#)
- [Australasian Championships Men 1921-1939.pdf](#)
- [Australian Championships Men 1946-1956.pdf](#)
- [Australian Championships Men 1957-1960.pdf](#)

Our story continues from 1961.

Many of the walkers discussed have profiles in the VRWC archives at <http://www.vrwc.org.au/tim-archive/index.shtml>. Rather than use extensive footnoting in this document, you are invited to that link whenever you wish to read further on any individuals.

Australian Track & Field Championships 1960-61 Lang Park, Brisbane, Queensland, 4 & 5 March 1961

Frank Clark had only contested his first national race in the 1960 Glover Shield but he was quick to build on that performance with second place behind **Bob Gardiner** in a closely contested 2 Miles Track Walk at the 1961 T&F Titles in Brisbane. It was also a big breakthrough for Gardiner, with his first national title. Noel Freeman, who had been so dominant in the leadup to the 1960 Olympics, had now virtually disappeared from the racing scene, only appearing occasionally in 1961 and 1962 before starting his next Olympic campaign in earnest in 1963.

2 MILES WALK - Men - Saturday 4 March 1961			
1	Bob Gardiner	VIC	14:40.2
2	Frank Clark	NSW	14:44.8
3	Peter Waddell	NSW	14:45.4
4	Logan Irwin	NSW	15:02.4
	Harry Summers	VIC	DQ
	K. Jolly	QLD	

1961 Australian 10,000m Track Walk Redcliffe, Brisbane, Saturday 22nd July 1961

1961 saw the final Australian 10,000m Track Championship, held in Redcliffe, just outside Brisbane, on Saturday 22nd July. From 1963, a 20km roadwalk championship would replace it.

Ted Allsopp had won every Australian 10,000m title (1948, 1950, 1952, 1953, 1955, 1957 and 1959) up till now. Finally he stepped aside, allowing a new champion to be crowned, and that champion was **Ron Crawford**. Ron had achieved a number of second places in National titles but a first place had so far eluded him. This win, with a time of 48:20.4, ticked that box. Overall, NSW fielded a very strong team and completely overwhelmed what had been thought to be a strong Victorian challenge. **Bob Gardiner**, second with 49:05, was the only Victorian to provide any real opposition. The strongly fancied Victorian team had been unable to handle the change in conditions, from Melbourne's cold weather to Brisbane's deceptive humidity.

1961 Australian 10,000m Track Championship, Redcliffe			
1.	Ron Crawford	NSW	48:20.4
2.	Bob Gardiner	VIC	49:05
3.	Logan Irwin	NSW	49:38
4.	Frank Clark	NSW	49:41
5.	Kenneth Keogh	NSW	50:25
6.	Alan Taylor	VIC	50:35
7.	Peter McCullagh	VIC	51:13
8.	James Henderson	VIC	51:14

9.	Rod Bambery	VIC	51:16
10.	Keith Jolly	QLD	51:25
11.	Raymond Reilly	NSW	51:29
12.	Lindsay Fortune	VIC	51:44
13.	Sydney Bray	QLD	53:16
14.	Edward Edwards	NSW	56:11
15.	Reg Tarte	NSW	56:17
-	Peter Waddell	NSW	DNF
-	Peter Tierney	VIC	DNF
Teams	NSW	13	VIC 23

1961 Alexander Cup 50km Centennial Park, Sydney, Saturday 16th September 1961

The 1961 Alexander Cup 50km was a bit of an anticlimax after the previous year's Olympics, in which Noel Freeman and Ron Crawford had represented Australia. With neither of them in attendance, it was left to the evergreen **Ted Allsopp** to provide his own one man show. While his winning time of 4:28:56 was a good one, the lack of depth (**Jim Gleeson** was second in 4:54:08) and numerical strength (only 8 starters) showed that the Alexander Cup might perhaps be losing its relevance. The surprise of the race was the performance of 19 year old **Norm Marr**, taking third place with 4:59:33.

The VAWC Heel and Toe reported that the last two walkers to finish were both big surprises – 73 year old Harry Barrett covered the distance in 6:23:12 and former Greek marathon runner George Pagonis caused a sensation in his first attempt at walking by finishing in 6:27:51. Unfortunately the official results show them both as disqualified, leaving NSW with insufficient competitors finish a team. That gifted the teams race to Victoria.

1961 Alexander Cup 50km, Sydney, Saturday 16 September			
1.	Ted Allsopp	VIC	4:28:56
2.	James Gleeson	VIC	4:54:08
3.	Norman Marr	VIC	4:59:33
4.	Gavan Breen	VIC	5:16:32
5.	John Ferguson	NSW	5:17:03
6.	Tom Daintry	VIC	5:26:00
7.	Lief Wernblad	NSW	5:56:31
-	Harry Barrett	NSW	DQ
-	George Pagonis	NSW	DQ
Teams	VIC	6 pts	(1,2,3)

It was a sparse year for the 50km rankings, with only 5 walkers under 5 hours

1961 Australian 50km Ranking (those under 5 Hours)

1.	Ted Allsopp	VIC	4:28:56	16/09/1961, Sydney
2.	Logan Irwin	NSW	4:45:55	02/09/1961, Sydney
3.	Peter Waddell	NSW	4:53:35	19/06/1961, Sydney
4.	Jim Gleeson	VIC	4:54:08	16/09/1961, Sydney
5.	Norm Marr	VIC	4:59:33	16/09/1961, Sydney

Australian Track & Field Championships 1961-62 E.S. Marks Field, Sydney, NSW, 17 & 19 March 1962

After missing the 1961 National T&F Championships, **Noel Freeman** bounced back to win his third 2 Mile Walk national title at the 1962 National Meet in Sydney. Again, it was a small and low quality field, apart from Freeman and fellow Olympian **Ron Crawford**. It was one of his few appearances for the year.

2 MILES WALK - Men - Saturday 17 March 1962			
1	Noel Freeman	VIC	14.22.2
2	Ron Crawford	NSW	14.26.2
3	Frank Leonard	SA	14.50.8
4	Frank Clark	NSW	14.56.0
5	Logan Irwin	NSW	15.19.4
6	Ken Green	TAS	15.47.8
-	Bob Gardiner	VIC	DQ

1962 Glover Shield 10,000m Track Walk
Sydney Athletic Field, Sydney, Saturday 26th May 1962

A number of the top Victorians chose to bypass the Glover Shield 10,000m Track Walk, ensuring favouritism initially rested with the NSW home team. But as dual Olympian Ron Crawford was not racing, the scales seemed now seemed more balanced.

While the meet produced a breakthrough win for Victorian **Peter McCullagh**, it was NSW's race, with NSW walkers **Frank Clark**, **Bill Kirby** and **Logan Irwin** taking the next 3 places. Overall, NSW made the most use of its home ground advantage, winning both The Glover Shield and the Robinson Shield teams championships. The field was a large one, with 29 walkers contesting the combined junior and senior men's walk.

Glover Shield Open 10,000m Walk, Sydney, Saturday 26th May						
1.	Peter McCullagh	VIC	48:35			
2.	Frank Clark	NSW	48:58			
3.	William Kirby	NSW	49:11			
4.	Logan Irwin	NSW	49:12			
5.	Gavan Breen	VIC	49:35			
6.	Peter Waddell	NSW	49:54			
7.	Ray Smith	VIC	51:00			
8.	Kenneth Porter	QLD	51:45			
9.	William McAllister	NSW	52:48			
10.	Edward Edwards	NSW	53:03			
11.	Reginald Tarte	NSW	53:10			
12.	Leslie Buck	NSW	53:12			
13.	Graham Russell	VIC	53:20			
14.	Neil Mangels	NSW	53:31			
15.	Alan Pomeroy	VIC	53:38			
16.	Peter Tierney	VIC	53:45			
17.	Raymond Hunt	NSW	53:55			
18.	Leslie Wade	NSW	54:02			
19.	Colin Hancock	QLD	54:30			
20.	Barry Kendall	NSW	54:35			
21.	Graham Abbott	VIC	54:38			
22.	John McDougall	NSW	55:46			
23.	Terence Yelland	VIC	56:19			
24.	William McLean	VIC	56:36			
25.	Neville Danrow	QLD	56:40			
26.	Brian McMorrine	NSW	56:48			
27.	James Thomas	NSW	57:25			
28.	James Tray	QLD	60:23			
-	Lindsay Fortune	VIC	DQ			
Robinson Shield Junior 10,000m Walk						
1.	Frank Clark	NSW	48:58			
2.	Kenneth Porter	QLD	51:45			
3.	Leslie Buck	NSW	53:12			
4.	Graham Russell	VIC	53:20			
5.	Neil Mangels	NSW	53:31			
6.	Alan Pomeroy	VIC	53:38			
7.	Colin Haylock	QLD	54:30			
8.	Terence Yelland	VIC	56:19			
9.	.Neville Danrow	QLD	56:40			
Senior Teams	NSW	15	VIC	22	QLD	41
Junior Teams	NSW	9	VIC	18	QLD	18

1962 Australian 50km Championship
Centennial Park, Sydney, Saturday 8th September 1962

Ted Allsopp had won the 1958 Australian 50km on the Centennial Park course in Sydney. Could he repeat the win in 1962 on the same course? He had been beaten in the 1960 title by Noel Freeman, but Freeman was absent this year.

As it turned out, the win was never in doubt, although Ted had to share the lead with fellow Victorian **Peter McCullagh** for the first 6 laps (30km). The seventh lap was the crucial one, as Ted increased his pace to establish a 16 second lead over his youthful challenger. From then on, Ted was unchallenged, going on for an easy win, ahead of Peter McCullagh and **Logan Irwin**. Victoria was the only State to finish the required 3 competitors, thus winning the Teams Race by default. For the first time, the name of **Bob Gardiner**

featured in an Australian level 50km race. He would go on to win the next 3 Australian 50km titles and would dominate the Australian 50km scene up till his retirement from international walking in 1972.

1962 Australian 50km Championship, Sydney, Sat 8 Sept			
1.	Ted Allsopp	VIC	4:35:06
2.	Peter McCullagh	VIC	4:44:30
3.	Logan Irwin	NSW	4:45:14
4.	Robert Gardiner	VIC	5:08:36
5.	George Buck	NSW	5:55:22
-	Ralph Field	VIC	DNF
-	Peter Waddell	NSW	DNF
-	Leslie Wade	VIC	DNF
-	Jim Gleeson	VIC	DNF
-	Gavan Breen	VIC	DQ
Teams	VIC	6 Pts	(1,2,3)

Again, the 50km standard was poor overall. Tedd Allsopp headed the Australian 50km rankings for 1962, with his time of 4:29:06, done in the Victorian 50km Championship on 8th September. The next fastest walker was Logan Irwin with his time of 4:42:47, done in winning the NSW 50km Championship on 18th August.

Australian Track & Field Championships 1962-63 Thebarton Oval, Adelaide, 23-27 March 1963

After 2 very quite years, Noel Freeman returned to serious training in 1963, intent on his next Olympic encounter. He comfortably defended his title in the 1963 Australian T&F Championships in Adelaide, finishing nearly 20 seconds clear of the young Frank Clark. Again, it was a disappointingly small field.

2 MILES WALK - Men - Saturday 23 March 1963			
1	Noel Freeman	VIC	14:32.1
2	Frank Clark	NSW	14:50.7
3	Frank Leonard	SA	14:59.3
	Peter McCullagh	VIC	DQ
	Peter Witham	SA	DQ
	Barry Hodby	SA	DQ

Australian 20km Championship Albert Park, Melbourne, Saturday 27th July 1963

1961 had seen the final Australian 10,000m Track Walk Championship. In 1963, it was replaced by an Australian 20km Championship. From then on, the 20km was contested every second year, alternating with the Australian 50km Championship.

The delay in removing the 10,000m Track Walk and implementing an Australian 20km is hard to understand. The 20km and 50km had been the designated Olympic distances since 1956, but it had taken Australia 7 additional years to follow suite.

Anyway, it had finally happened, and the 1963 Australian 20km Championship was expected to be an early pointer to possible selections for the 1964 Olympic Games. **Peter McCullagh** had beaten **Noel Freeman** in the Victorian 20km Championship 2 weeks earlier and led the national rankings with a time of 1:34:09 so he and Freeman went into this race as dual favourites.

Freeman had headed out at what was noted as a suicidal pace in the Victorian 20km Championship and had been on target early for a sub-1:30:00 walk, something unheard of in those days. His opening pace was much more restrained in the Australian Championship, content to sit behind McCullagh for 10km (48:08) before drawing away to win comfortably with 1:36:38. McCullagh, who was reported as being sick and below top form, still held on well to take second with 1:38:26, while Bob Gardiner took bronze after passing both Frank Clark (who faded to sixth) and Logan Irwin in the final stages of the race.

16 year old **Ross Hayward** finished back in 9th place with 1:45:22. Ross was a very talented junior walker and runner, and would go on to set a new Australian Junior Steeplechase record, along with breaking most of the Victorian junior racewalking records. He would represent Australia as a racewalker at the 1974 Commonwealth Games and the 1976 Olympics.

Australian 20km Championship, Melbourne, Saturday 27 July			
1.	Noel Freeman	VIC	1:36:38
2.	Peter McCullagh	VIC	1:38:26
3.	Bob Gardiner	VIC	1:39:45
4.	Logan Irwin	NSW	1:40:29
5.	Ted Allsopp	VIC	1:40:52
6.	Frank Clark	NSW	1:41:35
7.	Bill Kirby	NSW	1:43:27

8.	Alan Pomeroy	VIC	1:44:09
9.	Ross Hayward	VIC	1:45:22
10.	Peter Waddell	NSW	1:45:29
11.	Gavan Breen	VIC	1:45:39
12.	Noel Norris	QLD	1:46:53
13.	Alan Hancock	VIC	1:47:20
14.	Leslie Wade	NSW	1:48:09
15.	Peter Witham	SA	1:52:44
16.	John Corrie	SA	1:53:11
17.	Fraham Free	QLD	1:54:09
18.	Jack Webber	SA	1:55:01
19.	Bill Starr	SA	2:04:21
-	Edward Folland	SA	DQ
-	Dean Knight	SA	DQ
Teams	VIC	11	NSW 25 SA 42

In August 1963, Peter McCullagh travelled to England as a Rhodes Scholar, prematurely ending what had been a very promising Australian racewalking career. During his time at Cambridge University, he continued his walking, soon being recognised as one of the best in England. He won the 1966 National 10 Mile Title, a prestigious win indeed. He eventually returned to Australia in late 1966 with his PhD (he would be known from then on as Dr Peter McCullagh) and settled in Canberra, joining the Australian National University Athletics Club and resuming racewalking here. He raced nationally for a couple of years but times had moved on and the other walkers had improved. It was a different landscape now.

1963 Alexander Cup 50km

Royal Showgrounds, Ascot Vale, Saturday 28th September 1963

The final Alexander Cup 50km, held on the Royal Showgrounds course in Melbourne on 28th September, 1963, saw a resurgence in numbers, with 16 competitors (10 Victorians and 6 from NSW) in attendance. Ted Allsopp had been the firm favourite on paper, so his scratching only days before the race, took a lot of the gloss off the event. It meant that, once again, none of the big guns were present.

The race developed into a three way struggle, with **Logan Irwin** and **Gavan Breen** a few minutes ahead of **Jim Gleeson** at the half way mark turn at Rockbank. But it was Jim who looked the freshest of the three, and with his trademark long striding gait, he eventually reeled them both in around the 40km mark, going on to win with 4:52:57. Jim was in career best form at that time and this win was a fitting reward for his many long distance races over the last few years. Victoria took the first two placings in the Teams Championships, relegating NSW to third spot.

This race saw two names of interest. **Varel Newmark**, better known as a track / short distance specialist, had upped the ante and tested himself over the 50km, coming 4th with 5:13:31. Further down the list. **Fred Redman** finished 7th with 5:37:36. Fred had set a 10 mile Junior road walk world record of 1.14.30.6 in 1934 in his native England. He had emigrated to Australia in 1961, aged 50, and quickly involved himself in the local walking scene. He would go on to co-found the Australian Centurions in 1971.

1963 Alexander Cup 50km, Royal Showgrounds, Melbourne				
1.	Jim Gleeson	VIC	4:52:57	
2.	Logan Irwin	NSW	4:57:46	
3.	Gavan Breen	VIC	5:02:23	
4.	Varel Newmark	VIC	5:13:31	
5.	Len Chadwick	VIC	5:17:18	
6.	Irwin Saunders	VIC	5:22:29	
7.	Frederick Redman	VIC	5:37:36	
8.	Leslie Woods	NSW	5:58:40	
9.	Lief Wernblad	NSW	6:01:26	
10.	Jack Connelly	NSW	6:09:38	
-	Bruce Thorne	VIC	DNF	
-	Cliff Barling	VIC	DNF	
-	Ron Miller	VIC	DNF	
-	Leslie Wade	NSW	DNF	
-	Herbert Jones	NSW	DNF	
Teams	1.	VIC	8 pts	(1,3,4)
	2.	VIC B	18 pts	(5,6,7)
	3.	NSW	19 pts	(2,8,9)

Sadly, 50km walking seemed to have reached an all-time low in Australia, only 1 year out from an Olympics. Jim Gleeson (4:52:56) and Logan Irwin (4:52:35) were the only two walkers to better 5 hours that year.

All the other walkers had restricted their attentions to the shorter distances – the 20km rankings saw Peter McCullagh (1:34:09), Noel Freeman (1:36:37), Ron Crawford (1:37:46), Frank Clark (1:38:27) and Bob Gardiner (1:39:44) all in good shorter distance form, but would this translate to the 50km the following year?

Australian Track & Field Championships 1963-64 Olympic Park, Melbourne, 21-24 March 1964

An Olympics year normally brings the big guns to the fore and this was certainly the case in 1964, with **Noel Freeman** winning the 2 Miles walk for the third year in a row, ahead of **Bob Gardiner**, **Frank Clark** and **Ted Allsopp**. The only name missing was Ron Crawford. Noel had taken the lead in the second lap, after a first lap of 1:44, and was not challenged from then on. This was Noel's fifth Australian 2 Mile win, only two behind the great Don Keane who had captured the title 7 times in 9 years.

2 MILES WALK - Men - Saturday 21 March 1964			
1	Noel Freeman	VIC	13:58.6
2	Bob Gardiner	VIC	14:36.6
3	Frank Clark	NSW	14:40.2
4	Ted Allsopp	VIC	15:03.0
	Logan Irwin	NSW	DQ (15:10.8)
	Kevin Green	TAS	DQ (15:41.4)
	Gavan Breen	VIC	DQ

1964 Australian 50km Championship and Olympic Trial Adelaide, Saturday 6th June 1964

A lot can sometimes change in two years and this was certainly the case for Bob Gardiner. Fourth in the 1962 Australian 50km Championship, he had quickly developed into one of the top contenders for Olympic selection. Bob trained hard and raced hard. In 1964 as part of his Olympic buildup, he regularly clocked up training weeks of 100 miles. In May of that year, he showed his true potential with a wonderful 40km time of 3:22:37 at Albert Park. His splits were 51:24, 50:28, 50:16 and 50:28.

The Olympic 50 km trial was held on an out-and-back course in Adelaide, starting and finishing at the R.A.A.F.'s Edinburgh Base oval. The early pace was very pedestrian, with the first 5km covered in 27:30 and with the favourites all playing cat-and-mouse. By the half way turn, reached in 2:10:31, they were all still together, and it was not till around the 35km mark that **Bob Gardiner** began to edge away. The first to drop off was **Ted Allsopp**, then **Ron Crawford** and finally **Frank Clark**. Bob went on to win comfortably with 4:24:19, a time that actually bettered the current Olympic 50km record. Ted recovered to take second with 4:30:55, just ahead of Frank (4:31:21), and a long way ahead of Ron who eventually faded to fifth place with 4:41:20.

1964 Australian 50km Championship, Adelaide, Sat 6 June			
1.	Bob Gardiner	VIC	4:24:19.4
2.	Ted Allsopp	VIC	4:30:56
3.	Frank Clark	NSW	4:31:22
4.	Noel Norris	QLD	4:33:28
5.	Ron Crawford	NSW	4:41:00
6.	Logan Irwin	NSW	4:41:20
7.	Alan Hancock	VIC	4:52:26
8.	Peter Waddell	NSW	4:54:15
9.	Gavan Breen	VIC	4:58:33
10.	Jim Gleeson	VIC	4:58:33
11.	Leslie Wade	NSW	5:01:54
12.	John Croft	NSW	5:05:47
13.	Ron Miller	VIC	5:06:11
13.	Graeme Free	QLD	5:11:11
14.	Irwin Saunders	VIC	5:15:44
15.	Adrian Jones	VIC	5:20:48
16.	Dean Knight	SA	5:39:08
17.	Jack Webber	SA	5:40:36
18.	Peter Whitham	SA	5:54:39
19.	John Corrie	SA	5:55:58
20.	William Starr	SA	5:57:46
21.	Martin Davey	SA	5:59:20
-	Frank Leonard	SA	DNF
-	Edward Polland	SA	DNF
Teams			
VIC	1.	9 Pts	(1,2,6)
NSW	2.	12 Pts	(3,4,5)
SA	3.	24 Pts	(7,8,9)

1964 Olympic 20km Trial
Centennial Park, Sydney, Saturday 18th July 1964

To complete the Olympic story, the 1964 Olympic 20km trial was held on 18th July 1964 in Centennial Park in Sydney. **Noel Freeman** went in as a clear favourite, having won the Victorian 20km title in a career best 1:32:06. His win in the Australian Championship in Sydney was in another good time (1:34:20), but it was done the hard way. He raced from the front as usual, passing the first 10 km in 42:30. But then he started to cramp and struggled home to just outlast a fast finishing **Ron Crawford** who crossed the line only 30 seconds in arrears. Ron had walked the entire race on his own in second place, and had made up over 2 minutes in the final 2 miles on a slowing Freeman.

1.	Noel Freeman	VIC	1:34:20
2.	Ron Crawford	NSW	1:34:50
3.	Noel Norris	QLD	1:36:40
4.	Bob Gardiner	VIC	1:39:07
5.	Frank Clark	NSW	1:40:35
6.	Peter Waddell	NSW	1:43:35
7.	Robin Whyte	NSW	1:47:06
-	Gavan Breen	VIC	DNF
-	Eddie Dawkins	NSW	DNF

The trial placings had produced 6 different walkers, all with good times and all in contention. As the trial winners, Bob (50km) and Noel (20km) had to be selected. Ted (50km) and Ron (20km) had come second in the trials so would have to be the next picks. But how would the third spots in each event be decided? Both Frank Clark (20km) and Noel Norris (50km) had walked well, Frank in particular.

When the Tokyo team was about to be announced, only Noel and Bob were originally ratified by the Australian Olympic Committee, although other names were proposed by the athletics selectors. Then extra places were made available, and Ted and Ron were squeezed in. It was hard luck for Frank Clark and Noel Norris who had both probably done enough to be selected in an ideal world.

The Olympic team was duly named, with 4 walkers

Bob Gardiner	20km and 50km
Ron Crawford	20km and 50km
Noel Freeman	20km
Ted Allsopp	50km

Frank Clark's time would come, with representations in the 1966 Commonwealth Games and in the 1968 Olympics. For Noel Norris, he had missed his only chance.

The team announcement included a requirement that all members attend a 16 day Narrabeen training camp prior to embarkation. Noel wrote to the President of the A.A.U. of Australia requesting exemption – he had no need to prove his fitness and he had a business to run. The exemption was not forthcoming and Noel's Olympic campaign looked in jeopardy.

On August 15, Noel won a 20 Mile roadwalk at Albert Park in a wonderful time of 2:35:02, some 3:14 under his Australian record - a winning margin of 21 minutes in cold windy conditions. Two weeks later on August 27, he won again, this time at the Melbourne University track, in a special VAWC 20 mile time trial. He set new Australian records for the 30 km (2:25:02) and 20 miles (2:37:47) distances.

The next week, the news of his standoff over the Narrabeen camp burst into the open when the daily press learned of the situation and gave it wide publicity. The A.A.U. quickly backed down and granted Noel a partial exemption – he would now be required to only attend the final 6 days of the camp.

The four man Australian walks team duly went to Tokyo for the 1964 Olympics and all performed creditably, with Noel Freeman (4th in the 20km) and Bob Gardiner (5th in the 50km) leading the way.

Noel Freeman	20km Walk	4 th	1:32:06.8
Bob Gardiner	20km Walk	DNF	
	50km Walk	5 th	4:17:06.8 AR
Ron Crawford	20km Walk	22 nd	1:38:47.0
	50km Walk	11 th	4:24:19.6
Ted Allsopp	50km Walk	17 th	4:31:07.8

Australian Track & Field Championships - 1964-65
North Hobart Oval, Hobart, Tasmania, 20-23 Feb 1965

Noel Freeman was relegated to second place, after winning in the 3 previous occasions, in the 1963 Australian T&F Championships 2 Miles Walk. It was a close race with only 6 secs between the medallists **Bob Gardiner**, Freeman and **Frank Clark**. In fairness to Noel, he had been busy the previous few months and was down on fitness.

2 MILES WALK - Men - Sunday 21 February 1965			
1	Bob Gardiner	VIC	14.10.2
2	Noel Freeman	VIC	14.16.6
3	Frank Clark	NSW	14.16.8
4	Ross Haywood	VIC	15.04.6
5	Peter Waddell	NSW	15.19.0
6	Logan Irwin	NSW	15.25.0

This was Noel's last race for quite some time. Over the next few years, he seemed to prefer distance running and steeplechasing with the Footscray club. It was not until mid-1967 that he decided to again try his hand at racewalking. Training twice a day, he was back in top form by the end of 1967 and ready for his third Olympic campaign. But that is a story for another day.

1965 Glover Shield and Robinson Shield 10,000m Track Walks
Narrabeen, NSW, Saturday 22nd May 1965

The Australian 10,000m Track Championship might have been decommissioned but the Glover Shield continued on as a 10,000m track walk. The 1965 edition took place in Narrabeen, NSW, on Saturday 22nd May.

Frank Clark raced away at the gun to score easily in 47.47, with **Harry Summers** leading the Victorian team home in 49.31. **Peter Waddell** (50.01) made up a lot of ground on **John Croft** (50.02) in the last final laps to finish just ahead, with **Logan Irwin** hanging on well to clock 50.58. Overall, the Glover Shield Teams Race went to NSW, compliments of Clark, Waddell, Croft and Irwin, while the Victorian team scraped home to take second place, just 1 point ahead of the NSW No 2 team.

Glover Shield 10,000m Walk, Narrabeen, NSW, Sat 22 May				
1.	Frank Clark	NSW	47:47	
2.	Harry Summers	VIC	49:31	
3.	Peter Waddell	NSW	50:01	
4.	John Croft	NSW	50:02	
5.	Logan Irwin	NSW	50:58	
6.	Robin Whyte	NSW	51:50	
7.	Varel Newmark	VIC	52:21	
8.	Terry Jones	NSW	52:22	
9.	Les Wade	NSW	52:54	
10.	Eddie Dawkins	NSW	53:04	
11.	Gavan Breen	VIC	53:10	
12.	Jock O'Connell	VIC	53:33	
13.	Alan Lucas *	VIC	53:41	
14.	Graeme Nicholls *	VIC	54:34	
E15.	Graham Light *	NSW	54:54	
E15.	Frank Overton *	NSW	54:54	
17.	Bob Steadman	VIC	54:50	
18.	Vic Townsend	NSW	55:27	
19.	Ken Widdison		55:34	
20.	Les Manktelow	NSW	55:46	
21.	Colin Scott		55:51	
22.	David Black	VIC	57:00	
23.	Jim Gleeson	VIC	57:39	
24.	John Sheard	VIC	59:35	
25.	Alan Viney		62:55	
-	Alan Taylor	VIC	DNF	
-	Robin Wood	VIC	DNF	
-	Peter Heeney		DNF	
* Junior				
Glover Shield Teams				
	1.	NSW	13 Pts	(1,3,4,5)
	2.	VIC	32 Pts	(2,7,11,13)
	3.	NSW2	33 Pts	(6,8,9,10)
Robinson Shield Teams				
	1.	NSW	8½ Pts	
	2.	VIC	12½ Pts	

1965 Australian 20km Championship
Centennial Park, Sydney, Saturday 19th June 1965

Noel Freeman had won the inaugural Australian 20km Championship in 1963 but was a notable absentee in 1965. **Bob Gardiner**, still on a high from his win in the Australian 2 Mile Track Championship in February, fought out the lead with **Frank Clark**, eventually beating Frank by 11 secs, 1:37:23 to 1:37:34, while the ever reliable **Ted Allsopp** took bronze.

Australian 20km Championship, Sydney, Sat 19 June 1965						
1.	Bob Gardiner	VIC	1:37:23			
2.	Frank Clark	NSW	1:37:34			
3.	Ted Allsopp	VIC	1:38:10			
4.	Peter Waddell	NSW	1:41:35			
5.	Harry Summers	VIC	1:42:21			
6.	Logan Irwin	NSW	1:44:10			
7.	Robin Whyte	NSW	1:44:14			
8.	Edward Dawkins	NSW	1:45:04			
9.	Varel Newmark	VIC	1:46:05			
10.	Gavan Breen	VIC	1:46:10			
11.	Leslie Wade	NSW	1:46:20			
12.	Wayne Melville	TAS	1:47:21			
13.	Graham Russell	VIC	1:50:53			
14.	Leslie Manktelow	NSW	1:51:38			
15.	Leslie Buck	QLD	1:54:05			
16.	Peter Pashen	QLD	2:03:57			
17.	Sydney Bray	QLD	2:05:28			
18.	Noel Norris	QLD	2:14:14			
-	John Croft	NSW	DQ			
-	Ross Hayward	VIC	DNF			
-	Kevin Green	TAS	DNF			
Teams:	VIC	17	NSW	18	QLD	45

Australian Track & Field Championships - 1965-66
Perry Lakes Stadium, Perth, Western Australia, 26-29 March 1966

Championships went metric, as part of the 1966 Australian wide change from Imperial to Decimal Measurement. The Australian T&F Championships walk was one of many events effected, changing from 2 Miles to 3000m. 19 year old **Ross Hayward** broke through for his first Australian Open Championship win, the first of many. The ever consistent **Bob Gardiner** took second while **Don Keane**, who had retired after failing to make the 1960 Olympics, made a surprise return to take bronze in what was a local race for him.

3,000m Track Walk - Men - Sunday 27 March 1966			
1	Ross Haywood	VIC	13.20.1
2	Bob Gardiner	VIC	13.36.0
3	Don Keane	WA	13.43.0
4	Frank Leonard	SA	14.03.0
5	Wayne Melville	VIC	14.25.4
6	Robert Dell	WA	14.47.5
7	L. Davies	WA	

Commonwealth Games 20 Miles Walk Trial
Campbelltown, NSW, Saturday 7th May 1966

The Australian Trial for the inaugural 20 Mile walk at the 1966 British Empire Games was held in Campbelltown in Sydney on Saturday 7th May 1966. The Games themselves were scheduled for August 1966.

Only one spot had been made available in the Australian team and it was expected to be a closely contested trial, with the favourites being **Bob Gardiner** (VIC), **Frank Clark** (NSW) and veteran **Ted Allsopp** (VIC), with **Noel Norris** (QLD) an outsider with a good chance. Noel Freeman would have been the clear favourite but he was having an extended break from the sport. It was not until mid 1967 that he would finally make a reappearance on the local walking scene.

As it turned out, Frank Clark literally “walked all over” the other entrants and led from start to finish to book his place to Jamaica. His early pace was fast with the 2 mile mark passed in 15:05. The following pack included Victorians Gardiner, Allsopp and Summers. At 6 miles, he surged further ahead and the more experienced competitors felt certain that this furious pace could not last, and that they would catch him after 10 miles.

The half way mark of the race was passed in the fantastic time of 73:39 and Clarke showed no signs of fading. Gardiner was next in 76:36 with Allsopp third in 78:32.

At about 15 miles, Gardiner took a wrong turn and, by the time he had made his way back to the correct road, Allsopp had caught up to him and neither of them had much chance of winning. At the 17 mile mark, Allsopp decided to have a bit of a go and went after Clarke. However, it was much too late and Clarke coasted home in the world class time of 2:36:16 with Ted following him in 2:39:59 and Bob strolling the last few miles to finish in 2:46:17.

1966 Commonwealth Games Trial, Campbelltown, Sat 7 May			
1.	Frank Clark	NSW	2:36:17
2.	Ted Allsopp	VIC	2:39:59
3.	Bob Gardiner	VIC	2:46:17
4.	Peter Waddell	NSW	2:48:59
5.	Harry Summers	VIC	2:54:50
6.	John Croft	NSW	2:56:28
7.	Dean Knight	SA	2:59:10
8.	Leslie Manktelow	NSW	3:03:24
9.	Leslie Wade	NSW	3:04:40
10.	Bob Steadman	VIC	3:14:22
-.	Eddie Dawkins	NSW	DQ
-.	Logan Irwin	NSW	DNF
-.	Robin Whyte	NSW	DNF
-.	Clarrie Jack	VIC	DNF

Two weeks later, Clarke's name was amongst the 22 athletes named in the Australian Track and Field Team for Kingston, Jamaica.

Disappointingly, he struggled in the tropical Jamaican heat, failing to finish the Commonwealth Games walk.

1966 Australian / Alexander Cup 50km Melbourne, Saturday 24 September 1966

Fast forward to late September for the Australian 50km Championship in Melbourne, where the first 3 walkers from the Commonwealth Games trial also took the first 3 places. Only the finish order varied, **Bob Gardiner** winning with 4:18:20.4, **Ted Allsopp** second with a PB 4:20:00 and **Frank Clark** third with 4:28:06. The race attracted 25 competitors, including entrants from Queensland, SA, NSW and Victoria. Overall, it was the strongest 50km walk ever seen in Australia, with the first 9 walkers all bettering the 5 Hour standard, and with Bob Gardiner and Ted Allsopp both bettering the fastest time ever recorded in Australia (although Gardiner had done a faster time of 4:17:06.8 in Tokyo in 1964).

This event included the 1966 Alexander Cup 50km Championship. Placings were the same, with Victoria winning the Alexander Cup Teams Race ahead of NSW.

1966 Australian/Alexander Cup 50km, Melbourne, Sat 24 Sept			
1.	Bob Gardiner	VIC	4:18:20.4
2.	Ted Allsopp	VIC	4:20:00
3.	Frank Clark	NSW	4:28:06
4.	Harry Summers	VIC	4:48:55
5.	Peter Waddell	NSW	4:52:20
6.	Clarrie Jack	VIC	4:53:20
7.	Leslie Wade	NSW	4:57:55
8.	Jim Gleeson	VIC	4:58:32
9.	Leslie Manktelow	NSW	5:06:27
10.	Graeme Nicholls	VIC	5:09:18
11.	Victor Townsend	NSW	5:10:10
12.	Varel Newmark	VIC	5:18:46
13.	Robert Steadman	VIC	5:20:51
14.	David Black	VIC	5:22:37
15.	Tom Daintry	VIC	5:31:31
16.	Sydney Bray	QLD	5:32:54
17.	John Sheard	VIC	6:13:36
-.	Leonard Hart	SA	DNF
-.	John Smyth	SA	DNF
-.	Geoff Peters	SA	DNF
-.	Robin Whyte	NSW	DNF
Australian Championship Teams Race			
VIC	1.	7 Pts	(1,2,4)
NSW	2.	14 Pts	(3,5,6)

Alexander Cup Teams Race			
VIC	1.	7 Pts	(1,2,4)
NSW	2.	14 Pts	(3,5,6)

DATES...DATES...DATES

As usual, I finish with a list of upcoming events on the local, national and international fronts. Let me know of any errors/omissions. It continues to change quickly as a result of COVID-19 issues.

Australian/Victorian Key Dates – 2020

- Aug 30 (Sun), 2020 Australian Masters 20km Championships, Adelaide (TBA)
- Aug 30 (Sun), 2020 Australian Roadwalk Championships (and RWA Carnival), Melbourne (TBA)

International Dates

- July 17-20, 2020 **18th World Athletics U20 T&F Championships**, Nairobi, Kenya (POSTPONED – TBA)
- Sep 18 (Fri), 2020 46th International RW Festival, Alytus, Lithuania (see <http://www.alytusfestival.lt/>)
- Sep 26 (Sat), 2020 International Race Walk Meeting, Zaniemysl, Poland (Includes Polish 20km Champs)
- Oct 10 (Sat), 2020 Podebrady Walks Meet, Podebrady, Czech Republic (see <https://www.podebrady-walking.cz/en/>)
- Oct 20-22, 2020 Lake Taihu Tour, Suzhou, China
- Nov 7 (Sat), 2020 NZ Road Walk Championships, Bruce Pulman Park, Auckland, New Zealand

- Jan 17-23, 2021 **Oceania Masters Championships**, Norfolk Island (POSTPONED UNTIL JANUARY 2022)
- July 23 – Aug 8, 2021 **32nd Olympic Games, Tokyo and Sapporo**
- July, 2021 **23rd World Masters T&F Championships**, Tampere, Finland
- Aug 8-19, 2021 **World University Summer Games**, Chengdu, China

- TBA, 2022 **9th World Masters Indoor T&F Championships**, Edmonton, Canada
- July 15-24, 2022 **18th World Athletics Championships**, Eugene, USA
- July 27 - Aug 7, 2022 **XXII Commonwealth Games**, Birmingham, GBR
- Aug 11-21, 2022 **European Athletics Championships**, Munich, GER

- TBA, 2023 **24th World Masters T&F Championships**, Gothenburg Sweden
- Aug 2023 (TBC) **19th World Athletics Championships**, Budapest, Hungary

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