



Race Walking Record

November 2020



**Rob Elliott (Sarnia WC)
marks 50 years in style**

NEWS

Wendy Kane – Official of the Year – East Midlands

In the nomination form for the Regional Volunteer Official of the Year award, the winner, Wendy Kane of Notts Athletic Club, was described as “the perfect official”. The reason given for this was her ability to make athletes feel welcome at the start line and she calmly and clearly gives instructions which puts nervous competitors at ease. She always does this with a smile on her face and even cracks the occasional joke. Wendy makes athletics happen, but she also makes it fun: this approach may be as a result of her own experience as an athlete being a British Masters walking champion and European medallist. Wendy constantly promotes athletics and officiating to help make our amazing sport happen. She also encourages and supports others to get involved and expand their experience. She is a very supportive individual and is much admired by her officiating peers and athletes. She’s a true role model: an official, but not officious. Whatever the event, from open, league and championship events in Nottinghamshire, further afield at regional and national events such as the British Championships, or Diamond League, Wendy seems to be there, giving up her free time for the benefit of others.



Source: *England Athletics*

Face coverings and social distancing – Tokyo 2020

Participants at the Tokyo 2020 Olympic and Paralympic Games will be asked to wear face coverings at all times, except during competition and meals, and practise social distancing. This is part of a plan to avoid the “3Cs” – closed spaces, crowded places and close-contact settings.

Source: *Inside the Games*

Belarus could be stripped of World Athletics Race Walk Team Championships

Minsk could be set to lose another major event following the controversial re-election in August of Alexander Lukashenko as Belarus President, which has sparked widespread protests across the country.

World Athletics President Sebastian Coe revealed that he had instructed the governing body’s newly established Risk Committee to assess the situation in Belarus.

The discussion will include whether to remove the World Athletics Race Walking Team Championships, due to be staged in the Belarus capital on 23rd & 24th April 2022 in Minsk.

Source: *Inside the Games*

Paul Ray R.I.P.

The Race Walking Association is sad to report that Enfield & Haringey AC stalwart Paul Ray has died aged 88.

He was a founder member of the popular Enfield League and a regular competitor for many years, travelling the World for Veterans/Masters Championships.

In the late seventies as well as competing, Paul got involved in coaching and qualified as a level 4 endurance coach. In this role he helped many athletes, runners, and walkers to reach their potential among them Colin Moxom (2:16:29 - London Marathon) and Irish cross country international Seamus Kerr.

In 2004 he was selected to appear on a leg of the Olympic Torch Relay and did much extra training for his big day. Come that day Paul only then found out that his “leg” was about 200 metres - if that. Apparently, the distance you were allocated depended on how big your name was! However, although disappointed with how short his contribution was, he was nevertheless elated to have been involved - saying, “Having carried the Olympic Torch, I will die a happy man”.

Charles Peter (Pete) Ryan 1954-2020 R.I.P.

The Race Walking Association is sad to report that Peter Ryan (Ilford AC) has died aged 66.

Peter passed away peacefully during the early hours of Friday 13th November having watched England beat The Republic of Ireland on TV



the previous evening. His passing will be mourned by thousands of friends throughout the world of athletics, football, travel, education, policing, and the church. No one knows everything about the hectic and inspirational life that he lived but I suppose that I was involved in more aspects than most.

Pete had been a massive part of my life since we first met at a training weekend for promising Race Walkers at the National Sports Centre in Lilleshall back in 1973. He had just joined South Yorkshire Police and I had told him he would be better off coming to Essex because he would get support for his sporting activities from John Hedgethorpe. He gave up everything to move to Essex and “paint pot” as my mum called him, became an additional member of my

family. He moved next door to my parents, lodging with Doris and when he bought his own place, he shared it with my brother Roy. He was best man at my wedding to Heike in Germany and was idolised by my own children. Pete bought with him a loud voice with a Yorkshire accent and he ensured that we all knew he was a proud Yorkshire man with forthright views whenever he had the opportunity. As young men on our trips around Europe we took to singing “On Ilkley Moor Bahr Tat” translated into various languages at post-race receptions. Unfortunately, in Sonder Omme in Denmark we were unable to translate into Danish so they had to join us in English!

We lost touch when he married in the late 1980s but in 1990 I became the Police Chief in Brentwood and he was on my staff as a Beat Officer and then Schools Liaison Officer and even though he distrusted “white shirt” bosses he was one of the best community officers I ever worked with. My children and their partners knew and respected him from their encounters with him at school as a Schools Liaison Officer. We did, however, have to work around him in facilitating his trips to watch Sheffield Wednesday home and away. He would work for a few hours on a Saturday morning, then drive to Sheffield and back returning to work for the evening rush. Pete never did anything by half measures! For instance, we went on a trip to the Outer Hebrides by plane, train, and ferry to walk from Castlebay at the south of the Isle of Barra to Lochmaddy in North Uist. On the second day of walking we covered over 40 miles in 10hrs across Barra, Eriskay, South Uist and Benbecula. By the time we got to Benbecula our feet were red raw, and our minds wandering. We thought we were lost and my phone was out of battery. I fell into a ditch and asked Pete to call the B&B to confirm where it was. When he told me he didn’t know how to make a call on his phone because he only used it for texts I blew a gasket but that seemed to galvanise my brain into action and somehow, I got his phone to work. When I finally spoke to the woman at the B&B, she showed concern that we were late and I had to admit that I had got lost and underestimated the distance involved. I then worked out that the house was in view about a hundred yards away. We spent the next few hours piercing our blisters with a safety pin provided by the puzzled landlady and Pete’s body went stiff in the shower and he had to be helped out. Other than that, we had a great day! Still, we brushed ourselves down and hobbled out of the house the next morning to make our way to Lochmaddy in the heaviest rain I have ever experienced. However, we woke up the following morning to glorious sunshine to catch the ferry over to Skye and the world was wonderful. The bigger the down the greater the wow when it comes. That trip had it all. He was the only person I knew who was prepared to join me on

my mad country walking projects and, more importantly, understand why. We became like brothers as a result.

Pete was indeed a globe trotter and shared his experiences with a host of different people. There are very few countries he has not visited. He normally combines his trips with a race or in more recent times a Park Run the last of which he completed in March this year. Our last trip together was to the self-proclaimed republic of Artsakh on the border between Armenia and Azerbaijan which is currently involved in a Civil War!

People might forget that Pete made it to number 3 in the National Race Walking Rankings at 50k with a clocking of 4hrs 18mins in 1982 but he was to leave the sport for about 15yrs before returning in the late 1990s and achieving some remarkable performances as a veteran on the UK and International stage. For instance, he was twice winner of the walking section of the Honolulu Marathon and broke 4hrs to win the walking section at the Berlin marathon. Yet his most memorable achievement has to be winning the 100 miles at Newmarket whilst pushing himself to the absolute limit and finally gaining international recognition with selection for the English team for the Roubaix 28 hr walk in France; thus following in the footsteps of his mentors, the two Johns; Eddershaw and Hedgethorne.

Many won't know that Pete struggled with his health both physically and mentally throughout his life and had to show remarkable determination to defeat his demons and get on with his hectic life. His success in winning these battles were even more remarkable than his achievements in sport.

Pete ended his days in Woking with his devoted partner Fiona, who he had got to know on his travels around the world where they both competed in veterans' athletics, by his side. He had packed more into his life than would seem humanly possible. Along the way he met people from throughout the world who will be mourning his passing as will the thousands of children, including my own, who were mesmerised by his charisma as a school's officer. His philosophy was that we should cherish the memories and move forward with our lives. As a man of faith he was content about his fate and in the words of our favourite song by Lynyrd Skynyrd (which we used to gyrate to at the Green Man Leytonstone in the 1970s and sing as we walked the byways of the world): "I'm a free as a bird now and this bird you'll never change"

Denis Shepperd



Winners in the recent R.W.A 200 Club draws

£25.00 £15.00 £10.00

Dec. 20 Peter Cassidy Lancashire WC Pam Ficken

It is £12 per number per year, so if you wish to join please contact Mark Easton (rwatreasurer@yahoo.co.uk) for further details.

Domestic Results

Sarnia WC Skipton International 5km Road Walk, Delancey Park, Guernsey (Sun. 15th Nov.)

Stuart Le Noury had an easy win in the Skipton International 5 kilometre walk crossing the line in 25:46, **reports Rob Elliott**. Second place Donna Allan left until the final kilometre to pass long time second placer Rob Elliott. Phil Lockwood in fourth had the better of Kevin Le Noury, who admitted to having a race where he couldn't get going. Mick Le Sauvage and Dave Dorey completed the field.

Mixed 5km (B)

| Pos | Athlete | AG | Club | Perf |
|-----|-----------------|------|---------------------|-------|
| 1 | Stuart Le Noury | SENM | Sarnia Walking Club | 25:46 |
| 2 | Donna Allan | W40 | Sarnia Walking Club | 33:00 |
| 3 | Rob Elliott | M60 | Sarnia Walking Club | 33:22 |
| 4 | Phil Lockwood | M45 | Sarnia Walking Club | 35:01 |
| 5 | Kevin Le Noury | M60 | Sarnia Walking Club | 35:42 |
| 6 | Mick le Sauvage | M80 | Sarnia Walking Club | 38:11 |
| 7 | Dave Dorey | M70 | Sarnia Walking Club | 42:48 |

Haldane Fisher Syd Quirk Half-Marathon Run/Walk, Castletown, Isle of Man (Sun. 22nd Nov.)

2020 saw a record-breaking Syd Quirk Half Marathon. The total number of finishers across the run and walk was a record 359 – the previous highest being 250 in 2019.

Keira Heavey (*pictured below*) became only the second junior athlete ever to win a race at the Syd Quirk – Alex Eaton was the first when he won the men's walk in 2012. Keira's time makes her the eight fastest female walker in the history of the event.

The winner of the men's walk was current international race walking judge and former Isle of Man Commonwealth Games representative (1994; Canada) Steve Taylor (*pictured below*).



Mixed Half-Marathon (B)

| Pos | Athlete | AG | Club | Perf |
|-----|---------------------|------|-------------------------|---------|
| 1 | Steve Taylor | M50 | Manx Harriers | 2:03:14 |
| 2 | Adam Killip | SENM | Manx Harriers | 2:03:39 |
| 3 | Noel Ash | M45 | Unattached | 2:04:38 |
| 4 | Michael Bonney | M55 | Unattached | 2:06:44 |
| 5 | Keira Heavey | U20W | Northern (IOM) AC | 2:07:35 |
| 6 | Tony Edwards | M55 | Manx Harriers | 2:08:32 |
| 7 | Paul Sayle | M40 | Isle of Man Veterans AC | 2:08:56 |
| 8 | Steph Burton | W55 | Unattached | 2:11:28 |
| 9 | Marie Jackson | W60 | Manx Harriers | 2:13:46 |
| 10 | Jayne Farquhar | W50 | Manx Harriers | 2:15:01 |
| 11 | Lorna Gleave | W35 | Manx Harriers | 2:17:32 |
| 12 | Louise Gimson | W40 | Unattached | 2:18:22 |
| 13 | Louise Hollings | W40 | Manx Harriers | 2:20:26 |
| 14 | Phill Swales | M55 | Northern (IOM) AC | 2:21:36 |
| 15 | Nicola Raven | W55 | Manx Harriers | 2:24:42 |
| 16 | Ian Callister | M65 | Manx Harriers | 2:27:44 |
| 17 | Ann-Marie Clucas | W40 | Manx Harriers | 2:32:14 |
| 18 | Angie Robinson | W50 | Manx Harriers | 2:32:14 |
| 19 | Colin Moore | M60 | Isle of Man Veterans AC | 2:33:15 |
| 20 | Charlotte Hemensley | W40 | Northern (IOM) AC | 2:34:09 |
| 21 | May Hooper | W50 | Manx Harriers | 2:34:37 |
| 22 | Andy Baxendale | M50 | Isle of Man Veterans AC | 2:35:03 |
| 23 | Andrew Crooks | M70 | Unattached | 2:35:13 |
| 24 | Maura Kelly | W50 | Northern (IOM) AC | 2:36:52 |
| 25 | Nick Wallinger | M50 | Isle of Man Veterans AC | 2:37:09 |
| 26 | Marc Bayliss | M45 | Unattached | 2:37:57 |
| 27 | Phil Riley | M35 | Unattached | 2:38:36 |
| 28 | Sarah Morgan-Jones | W45 | Unattached | 2:41:50 |
| 29 | Alan Gault | M60 | Western Athletic Club | 2:44:52 |
| 30 | Paul Morgans | M55 | Unattached | 2:44:55 |
| 31 | Katie Kelly | W35 | Unattached | 2:46:33 |
| 32 | Sylvia Kennaugh | W70 | Isle of Man Veterans AC | 2:52:27 |
| 33 | Helen Newbery | W40 | Unattached | 2:54:24 |
| 34 | Gordon Erskine | M70 | Unattached | 2:57:10 |
| 35 | Rebecca Stride | W45 | Unattached | 2:58:30 |
| 36 | Andrew Brearley | M45 | Unattached | 2:58:30 |

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|----|-----------------|------|-------------------------|---------|
| 37 | Alan Pilling | M70 | Isle of Man Veterans AC | 3:00:03 |
| 38 | Barbara Watt | W35 | Unattached | 3:00:29 |
| 39 | Carol Stevens | W65 | Unattached | 3:02:53 |
| 40 | Dawn Quinney | W50 | Unattached | 3:03:53 |
| 41 | Melissa Lines | W40 | Unattached | 3:04:37 |
| 42 | Jay Houghton | M55 | Unattached | 3:08:50 |
| 43 | Leanne Fernando | W40 | Unattached | 3:08:28 |
| 44 | John Cannell | M70 | Manx Harriers | 3:08:46 |
| 45 | Nicola Crellin | SENW | Unattached | 3:12:05 |
| 46 | Donna Savage | W45 | Unattached | 3:22:50 |

Sarnia WC Bob Wright Handicap Series - 2,000 Metre Track Walk, Osmond Priaux, Guernsey (Sun. 29th Nov.)

As an enthusiastic 11-year-old he hit the footpath between Bulwer Avenue and Bellegrave Flats to record 12:15.

Fifty years on and almost 1,300 races later, he managed to surprise himself with his best time for three months with a faster 12:05.

Having taken part in a 2km virtual series for the last 30-plus weeks, his times since September had taken a turn for the worse.

Even on the start line he commented that it looked like last place for himself going on the handicap and recent form.

As Elliott said afterwards: 'Going by recent form there was no way I was going to celebrate with a win, but after four of the five laps I thought that second place was on, then coming into the final turn with only Kevin Le Noury to overtake I realised he was there for the taking. I knew that backmarker Stuart was not going to get near me to spoil things. I was so surprised when I checked my time.'

Kevin Le Noury held on for second place followed by Peter Beckerleg.

Mick Le Sauvage took fourth and he, along with Dave Dorey, has also hit 50 years of race walking.

Sandwiched in between was fastest walker of the day Stuart Le Noury, who broke the old M35 Guernsey best time with 9:12.

Mixed Handicap 1 Mile (B)

| Pos | Athlete | AG | Club | Watch/Actual |
|-----|-----------------|-----|---------------------|--------------|
| 1 | Rob Elliott | M60 | Sarnia Walking Club | 14:35/12:05 |
| 2 | Kevin Le Noury | M60 | Sarnia Walking Club | 14:41/13:11 |
| 3 | Peter Beckerleg | M60 | Sarnia Walking Club | 14:52/13:07 |
| 4 | Mick Le Sauvage | M80 | Sarnia Walking Club | 14:56/14:26 |
| 5 | Stuart Le Noury | M35 | Sarnia Walking Club | 15:12/09:12 |
| 6 | Dave Dorey | M70 | Sarnia Walking Club | 15:44/15:44 |

**Up and Running IOM Winter Walking League Round 2
Andreas Village, Isle of Man (Sun. 29th Nov.)**

Conditions were mild and still for Round 2 of the Up and Running sponsored IOM Winter Walking League.

Mixed Handicap 10km

| Pos | Athlete | AG | Club | Watch/Actual |
|-----|------------------|------|----------------------|--------------|
| 1 | Cheryl Ringham | SENW | Unattached | 82:27/82:27 |
| 2 | Steve Hall | M50 | Unattached | 83:29/80:16 |
| 3 | David Anderson | M50 | Unattached | 85:54/66:54 |
| 4 | Chelsey Hall | SW | Unattached | 86:08/86:08 |
| 5 | Patrick Bregazzi | M55 | Unattached | 86:34/64:38 |
| 6 | Maura Kelly | W50 | Northern (IOM) AC | 87:14/68:48 |
| 7 | Lorna Gleave | W35 | Manx Harriers | 87:24/63:28 |
| 8 | Keira Heavey | U20W | Northern (IOM) AC | 87:42/57:04 |
| 9 | Noel Ash | M45 | Unattached | 87:44/57:53 |
| 10 | Marie Jackson | W60 | Manx Harriers | 87:51/60:28 |
| 11 | Louise Hollings | W40 | Manx Harriers | 88:23/64:31 |
| 12 | Nicola Raven | W55 | Manx Harriers | 88:33/65:20 |
| 13 | Andy Baxendale | M50 | Isle of Man Veterans | 88:42/69:35 |
| 14 | May Hooper | W50 | Manx Harriers | 89:15/70:44 |
| 15 | Jayne Farquhar | W50 | Manx Harriers | 89:15/61:40 |
| 16 | Tony Edwards | M55 | Manx Harriers | 89:26/58:16 |
| 17 | Gordon Erskine | M75 | Unattached | 89:40/75:25 |
| 18 | Dave Mackey | M50 | Manx Harriers | 89:53/64:21 |
| 19 | Adam Killip | SENM | Manx Harriers | 89:54/54:49 |

| | | | | |
|----|------------------|------|----------------------|-------------|
| 20 | Mia Dunwell | U17W | Northern (IOM) AC | 89:54/54:46 |
| 21 | Amy Sykes | SENW | Unattached | 90:12/73:16 |
| 22 | Nick Wallinger | M50 | Isle of Man Veterans | 90:22/73:08 |
| 23 | Sylvia Kenneough | W70 | Isle of Man Veterans | 90:42/79:59 |
| 24 | Richard Potts | M40 | Unattached | 90:59/70:14 |
| 25 | Angie Robinson | W50 | Manx Harriers | 91:16/71:30 |
| 26 | Phil Swales | M55 | Northern (IOM) AC | 92:32/66:36 |
| 27 | John Cannell | M70 | Isle of Man Veterans | 93:05/84:28 |
| 28 | Ian Callister | M65 | Manx Harriers | 95:02/70:56 |

Mixed Handicap 5km

| Pos | Athlete | AG | Club | Watch/Actual |
|-----|----------------------|------|----------------------|--------------|
| 1 | Melissa Lynes | W40 | Unattached | 45:13/41:40 |
| 2 | Diane Brown | W45 | Manx Harriers | 47:13/37:04 |
| 3 | Henry Da Silva | M85 | Isle of Man Veterans | 47:49/47:59 |
| =4 | Angela Corkish | W75 | Isle of Man Veterans | 48:04/39:18 |
| =4 | Mick Holgate | M75 | Manx Harriers | 48:04/39:24 |
| 6 | Renee Michalogiannis | W35 | Unattached | 48:08/27:21 |
| 7 | Erika Kelly | SENW | Northern (IOM) AC | 49:32/23:59 |

Junior 2km

| Pos | Athlete | AG | Club | Perf. |
|-----|-----------------|------|---------------|-------|
| 1 | Grayze Fletcher | U13G | Manx Harriers | 12:35 |

Junior 1km

| Pos | Athlete | AG | Club | Perf. |
|-----|------------------|------|-------------------|-------|
| 1 | Timothy Perry | U13B | Northern (IOM) AC | 5:53 |
| 2 | Lilee Fletcher | U11G | Manx Harriers | 6:15 |
| 3 | Harry Swales | U11B | Northern (IOM) AC | 6:32 |
| 4 | Luis Richardson | U11B | Northern (IOM) AC | 6:37 |
| 5 | Bobby Venables | U11B | Unattached | 6:45 |
| 6 | Fynn Gleave | U11B | Manx Harriers | 6:52 |
| 7 | Amy Surgeon | U13G | Manx Harriers | 7:09 |
| 8 | Lilee Venables | U11G | Unattached | 7:16 |
| 9 | Noah Sykes | U11B | Unattached | 7:37 |
| 10 | Jay Jay Fletcher | U11B | Manx Harriers | 7:43 |
| 11 | Aalin Heavey | U11B | Northern (IOM) AC | 8:17 |
| 12 | Georgia Venables | U11G | Unattached | 9:51 |



The following is a list of RWA permitted events plus track and field meetings where it is known a licence has been issued:

| Date | RWA Permit | Event | Venue |
|-----------------------|------------|-------------------------------------|----------|
| 13 th Dec. | RWA20027-1 | IOM Winter League #3 | Ramsey |
| 13 th Dec. | RWA20062-1 | Sarnia Le Val des Terres Hill Climb | Guernsey |

