



**BRITISH
ATHLETICS**



**British Athletics and the Race Walking Association jointly present the
2016 National 20km Race Walking Championships**

incorporating the

RWA Younger Age Group Championships

To be held in accordance with UKA & RWA Rules of Competition and
judged in accordance with IAAF Rules

Saturday 23rd April at Hillingdon Cycle Circuit,
Minet Country Park, Springfield Road, UB4 OLP

Time Table of Events

(As we are unable to access the clubhouse until 12:45 the YAG Races have been combined)

- 13:30 U13 Boys & Girls 2km
- 13:30 U15 Boys & Girls 3km
- 13:30 U17 Men's & Women's 5km
- 14:15 U20 Men's & Women's 10km
- 14:15 Senior Men's & Women's 20km

(Cut off time 2hrs 30 min)

Entry Fee £10.00 Seniors, £7.00 Juniors to Noel Carmody
41 Herbert Road, Bexleyheath, Kent, DA7 4QF
Tel: 07709 120127

Cheques made payable to the Race Walking Association
Closing date for entries Monday 18th April



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Entry Form

Race Entered (Circle One)	Senior - 20k	U20 – 10k	U17 – 5k	U15 - 3k	U13 - 2k
Name					
EA/SA/WA Registration N°					
Address					
Date of Birth					
Gender					
Club					
Email					

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Cheques made payable to the *Race Walking Association*

Closing date for entries Monday 18th April 2016

Disclaimer and agreement - Please enter me for the above event. I hereby declare that I am an amateur according to UK Athletics rules. I understand that I take part entirely at my own risk and accept that the organisers shall not be liable for any injury or illness to my person as a result of taking part, nor for damage to or loss of property.

Signed _____

Date _____