



GOMA Cup 2018

Racewalking Competition and Fun Day

Principal Sponsor: GOMA

Organizer: SHTB Racewalk Association

Race Information

Date : 29 April 2018 (Sunday)

Venue : Hammer Hill Road Sports Ground (see attached)

Distance and Categories :

Category	Year of Birth	Distance	Time Limit	Quota
Women's Junior 1 (U18)	Born in 2001-2002	3000M	25 min	25 persons
Women's Junior 2 (U20)	Born in 1999-2000	5000M	40 min	25 persons
Women's Senior	Born in 1998 or before	10000M	80 min	25 persons
Men's Junior 1 (U18)	Born in 2001-2002	3000M	25 min	25 persons
Men's Junior 2 (U20)	Born in 1999-2000	5000M	40 min	25 persons
Men's Senior	Born in 1998 or before	10000M	80 min	25 persons
Men/Women's Experience	Born in 2002 or before	1000M	10 min	Total 30 persons
Men/Women's Open (3K)	Born in 2002 or before	3000M	30 min	Total 30 persons
Men/Women's Open (5K)	Born in 2002 or before	5000M	45 min	Total 30 persons
Mixed Relay	Born in 2002 or before	4 x 800M	# 30 min	Total 8 teams

Awards : Trophies will be given to the top 3 walkers of each Recognized Races category. Medals will be given to top 3 of : walkers of Open / Experience / teams of Mixed Relay. Those Experience racers who can complete within a specific time will be awarded with SHTB's certificate.

Souvenir : All participants who enter Goma Cup 2018 (except participants of Mixed Relay) will be awarded a SHTB Cap distributed on the race day.

Entry Fee : i) Seniors / Open / Experience: \$180 for members, \$200 for non-members;
ii) Junior 1 (U18) / Junior 2 (U20) / Born in 1999-2002 for a walk: \$80 for members, \$100 for non-members;
iii) Mixed Relay: \$200 per team.

Important Notes : i) No refund if your application has been accepted but the race is cancelled due to poor weather or insufficient participants.

- ii) In order to encourage new participants to experience the competition, Experience Race suggest any one who never participated in any open 1000M or above race entries.
- iii) Rule for Relay :
 - a) To make our 4x800M relay be more interesting and excited, Organizers General Assembly considered with adding some difficult events for the competition. The team who is the fastest to complete the whole event will be the winner. Free combination of team members with men and women union are welcome.
 - b) The team can only replace one member due to absence of the member. Disqualification for replacement of 2 or more team members.
- iv) Each participant can join one walk (recognized walk ,Open, Experience) and one Relay walk. Please use separate Entry Form for Relay.
- v) All rules will be notified to athletes before the game.

Entry Deadline : 31 March 2018 (First-come-first-serve, entry date as shown on postmark date. **Late application will NOT be entertained**).

Entry Method : Send entry form to “SHTB RACEWALK ASSOCIATION, PO Box No. 715, Fanling Post Office, Fanling, NT”, together with a crossed check payable to “**SHTB RACEWALK ASSOCIATION**”
(Fax or email application will not be accepted). Please do not send cash by mail.

Enquiry : E-mail: shtb.walk@gmail.com; Website: <http://www.shtb.hk>

Note : (1) **Successful applicant will be informed by email before the competition**
 (2) **SHTB has the absolute right to reject any individual’s application and the Application fee is not refundable**
 (3) **If the number of entries is insufficient, SHTB has the right to cancel the Competition**
 (4) **Recognized race entries included: Junior 1 (U18), Junior 2 (U20) & Senior race entries**

斧山道運動場位置圖

HAMMER HILL ROAD SPORTS GROUND - LOCATION MAP





GOMA盃2018

場地競走賽暨競走同樂日報名表

GOMA Cup 2018 Racewalking Competition and Fun Day Entry Form

《自由組合接力競賽 4x800 米專用 for Mixed Relay 4x800M only》

請以正楷填寫所有參加者 Please use BLOCK letter in ALL members

隊名 Team Name _____

隊長 Team Leader :

姓名 Name (中文 Chi) _____ (英文 Eng) _____

出生年份 Year of Birth _____ 手機 Mobile _____

神行太保競走會會員編號(如有) / SHTB RACEWALK ASSOCIATION Membership No. (If any) _____

電郵地址 Email _____

緊急聯絡人 Emergency contact (姓名 Name) _____ (電話Tel. No.) _____

隊員(一) Member (1)

姓名 Name (中文 Chi) _____ (英文 Eng) _____

出生年份 Year of Birth _____

神行太保競走會會員編號(如有) / SHTB RACEWALK ASSOCIATION Membership No. (If any) _____

緊急聯絡人 Emergency contact (姓名 Name) _____ (電話Tel. No.) _____

隊員(二) Member (2)

姓名 Name (中文 Chi) _____ (英文 Eng) _____

出生年份 Year of Birth _____

神行太保競走會會員編號(如有) / SHTB RACEWALK ASSOCIATION Membership No. (If any) _____

緊急聯絡人 Emergency contact (姓名 Name) _____ (電話Tel. No.) _____

隊員(三) Member (3)

姓名 Name (中文 Chi) _____ (英文 Eng) _____

出生年份 Year of Birth _____

神行太保競走會會員編號(如有) / SHTB RACEWALK ASSOCIATION Membership No. (If any) _____

緊急聯絡人 Emergency contact (姓名 Name) _____ (電話Tel. No.) _____

GOMA盃2018場地競走賽暨競走同樂日報名表

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《自由組合接力競賽 4x800 米專用 for Mixed Relay 4x800M only》

**** 報名被接納之隊伍，本會在比賽前，以電郵方式通知各隊隊長**

**** Team Leaders of which application has been accepted will receive notification via emails before competition.**

隊名 Team Name _____

支票號碼 Cheque no. _____ 銀行名稱 Bank _____ 報名費 Total HKD200.00

聲明：謹此聲明本人是在完全明瞭上述賽事的性質及體適能要求情況下報名參賽，並願意遵守有關比賽規則。同時，聲明本人身體及有能力參與上述賽事，並願意承擔自身的意外風險及責任及無權向神行太保競走會（及其他直接或間接與此賽事有關人仕／工作人員／組織）對本人參與上述賽事而發生或引致之自身意外、死亡或任何形式的損失索償或追討責任。

Declaration: I hereby declare that I have entered this race in full awareness of its nature and physical demands and agree to abide by the rules and conditions laid down in connection with the race. I hereby also confirm that I am physically fit and capable of participating in such a race and I do so at my own risk and responsibility and irrevocably discharge and hold harmless SHTB RACEWALK ASSOCIATION (as well as other individuals/officials/organizations directly or indirectly involved in the race) from any claim or responsibility for personal injury, death, loss of whatever nature resulting during or as a consequence of my participation in the race.

運動員簽署 Athlete's Signature
隊長 Team Leader

家長 / 監護人簽署
Parent's / Guardian's Signature
(18歲以下運動員)
(For Athletes age under 18)

日期 Date

運動員簽署 Athlete's Signature
隊員(一) Member (1)

家長 / 監護人簽署
Parent's / Guardian's Signature
(18歲以下運動員)
(For Athletes age under 18)

日期 Date

運動員簽署 Athlete's Signature
隊員(二) Member (2)

家長 / 監護人簽署
Parent's / Guardian's Signature
(18歲以下運動員)
(For Athletes age under 18)

日期 Date

運動員簽署 Athlete's Signature
隊員(三) Member (3)

家長 / 監護人簽署
Parent's / Guardian's Signature
(18歲以下運動員)
(For Athletes age under 18)

日期 Date

註：1. 此表格可自行影印

2. 如參加者資料不全或未繳交報名費，本會恕不接受報名申請

Note: 1. This form can be photocopied.

2. Application will not be accepted if the applicant's details are incomplete or no proof of payment is provided.